

# GRUPO REGLA 62

Gratitude meeting--8th Anniversary

Has the honor to invite you and family  
**January 17 2026 From 3:00pm To 5:30pm**

## PROGRAM:

3:00pm a 4:00pm. Potluck  
Bring your favorite dish!!



4:00pm to 5:30pm. Gratitude Meeting

Chair person: Juan Carlos G.

Angel: History of group Rule 62

Al-anon Adriana L.- Healing of the Emotions

Valentina M.- First step

Lorena S.- Working with others

John B.- A vision for you

## Hybrid Event

In person: 16540 NE. 80<sup>th</sup> St. Redmond, WA 98052

Zoom: [eastsideaa-org.zoom.us/j/83555922611](https://eastsideaa-org.zoom.us/j/83555922611)

Pacific time: 4:00pm

Central t: 6:00pm

Translation will be available

For more Information: Juan Carlos G

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