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PASS IT ON

Eastside Intergroup Newsletter

Issue 112 November 2026



ALCOHOLICS EASTSIDE INTERGROUP ANONYMOUS

EASTSIDE INTERGROUP AA

UNITY SERVICE RECOVERY

Supporting A.A. Across the Eastside

venmo

Scan to Donate

HOLIDAY GIVING SEASON DONATION DRIVE

To Support
Eastside Intergroup (ESIG)

HELP GIVE THE GIFT OF SOBRIETY

Thank You for Helping us carry the message of hope and recovery

BIRTHDAY CLUB

A YEAR OF GRATITUDE
A LIFETIME OF SOBRIETY

24-hr Helpline
425-454-9192

Office Phone 425-454-9192

PayPal

Scan to Donate

D34 ORAL HISTORIES PROJECT



DO YOU KNOW:

- a "long-timer" in D34 with 35+ years of sobriety?
- an AA member who started an AA group in D34?
- someone with a connection to the history of AA as a whole and its pioneers?
- an AA member of an underrepresented background whose experience, strength, and hope can carry the message to the still suffering alcoholic?

If so, please contact D34 Archives Chair Jaimie L. at dist34archives@area72aa.org for more info on becoming an interviewer and/or interviewee. Help preserve District 34's rich AA history for generations to come!


BELLEVUE GROUP
FREE CHILDCARE!
MONDAY
7:30-8:30PM
The Bellevue Group offers free childcare during our meeting. Room for up to 8 children.
St. Thomas Episcopal Church
8398 NE 12th St Medina, WA 98039

HOPE HALL

SPEAKER MEETING



2 GUEST SPEAKERS

FIRST SATURDAY OF EVERY MONTH @ 7:00 PM

STARTING MAY 2025

WHERE: HOPE HALL
8305 MEADOWBROOK WAY SE
SNOQUALMIE, WA 98065

District 38 – Kirkland

www.kirklandaa.org

Service Opportunities Await!

Want to grow in sobriety? Give back through service!

District 38 has several exciting open service positions — a chance to connect, learn, and help carry the message of A.A. beyond the meeting room.

Treatment Facilities Chair

Help bring A.A. meetings and "Bridging the Gap" support to those leaving treatment centers. Coordinate with local districts, maintain contacts, and share Grapevine subscriptions.

Grapevine & Literature Chair

Be the link between members and A.A. materials! Keep literature displays current, bring them to workshops and assemblies, and promote Grapevine reps in groups.

Corrections Chair

Carry the message behind the walls. Support A.A. meetings in correctional facilities and help guide committees through training and assistance.

Accessibility Chair

Make A.A. available to all who seek it. Focus on access issues, remote communities, and language inclusivity. Participate in Area meetings.

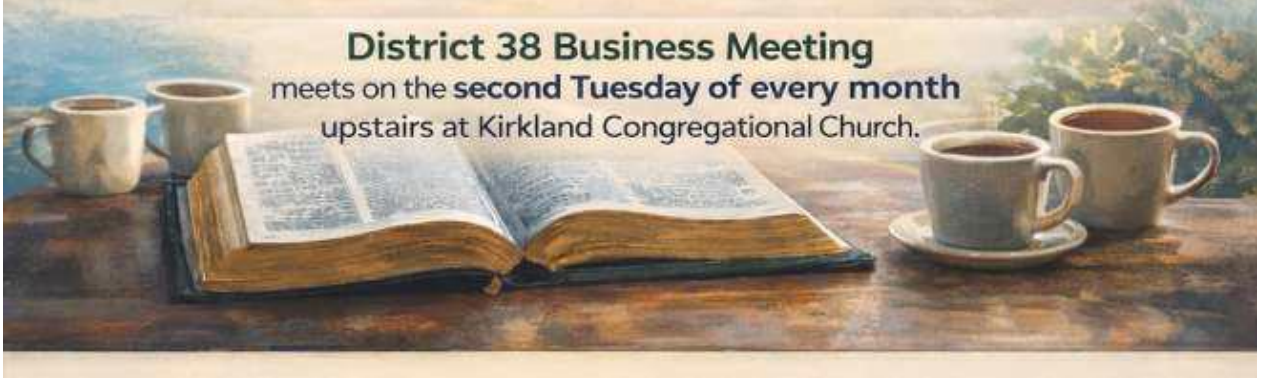
Coming Spring 2026:

District Service Workshop

Learn how to get involved, meet trusted servants, and explore what district service is all about.

Questions?

Reach out via our website:
www.kirklandaa.org



District 38 Business Meeting

meets on the **second Tuesday of every month** upstairs at Kirkland Congregational Church.

ALCOHOLICS ANONYMOUS GROUP

DO YOU THINK YOU HAVE A PROBLEM WITH ALCOHOL?

WE ARE HERE TO HELP

OPEN MEETINGS / EVERYONE IS WELCOME

GRUPO REGLA 62

Meetings

Mondays: Hybrid Meeting

In person: 16540 NE 00th ST, Redmond, W, A

Zoom ID: 917 6571 1060-Password: REGLA62

Pacific Time: 7:30 to 8:30 PM

Central Time: 9:50 to 10:30 PM M

Mountain Time: 10:30 to 11:30 PM

Fridays: Virtual Meeting

Same time and Zoom ID





SPEAKER MEETING

Virtual Only

Every third Monday of the month

Bilingual Meeting with Spanish to English and English to Spanish translation

Zoom ID: 835 5592 2611 (no password)

At the same time

MORE INFORMATION

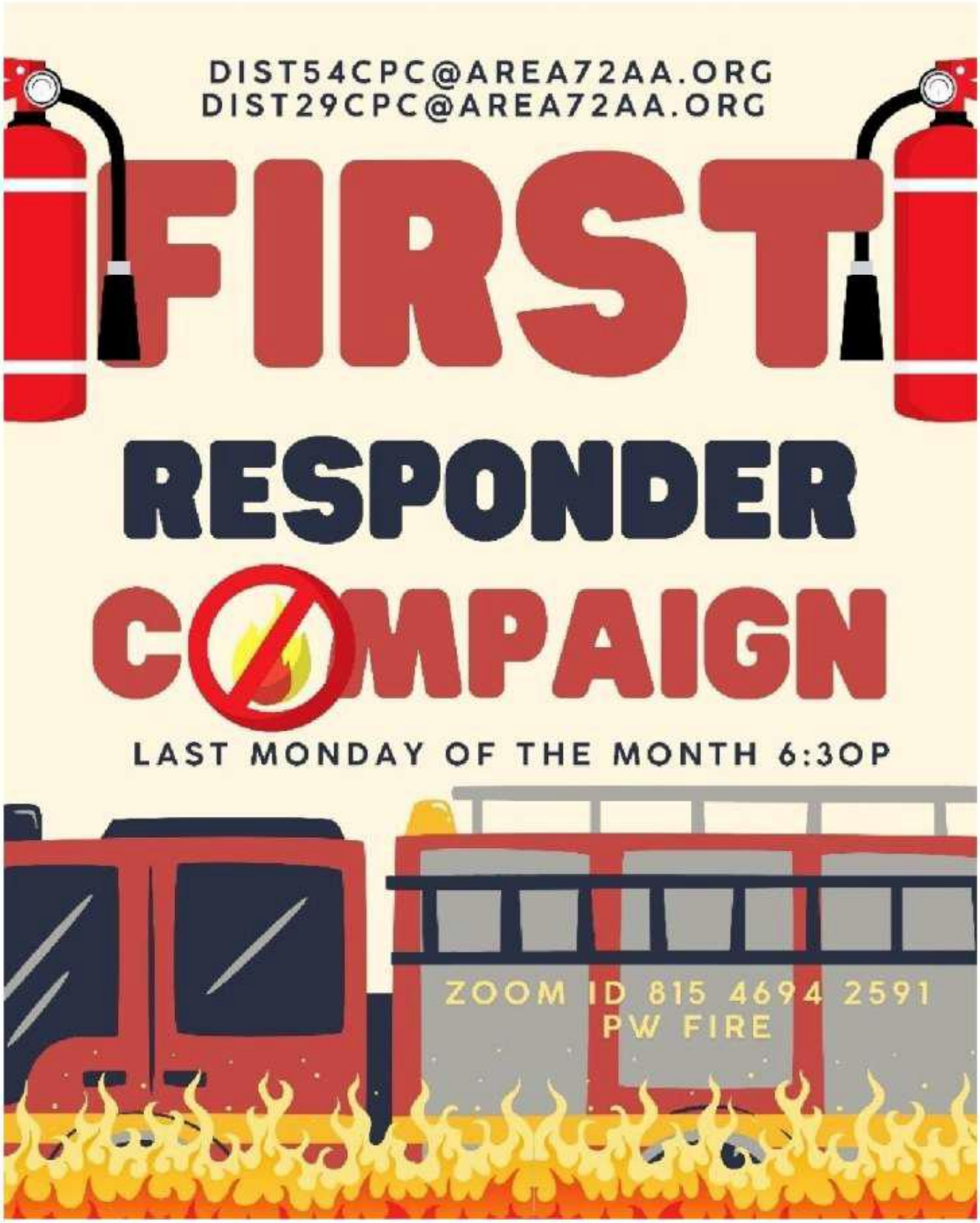
In English: East side Intergroup Office

Phone: 425 454.9192

In Spanish: Fermin D.

Phone: 425 518 1383

Email: Regla62@hotmail.com


DIST54CPC@AREA72AA.ORG
DIST29CPC@AREA72AA.ORG
FIRST
RESPONDER
CAMPAIGN
LAST MONDAY OF THE MONTH 6:30P
ZOOM ID 815 4694 2591
PW FIRE


Our New Podcast:
Grapevine Weekly Open AA Meeting
Each week AA Grapevine holds an open virtual AA meeting with a host and two speakers. We record the meeting to create this podcast.
To join the meeting live on Wednesdays at Noon Eastern, use Zoom code 871 2036 8287 with password 238047.
The podcast is available on your favorite podcast platforms. A new episode drops every Friday. Enjoy!

PACIFIC REGION SERVICE NERDS

LITERATURE STUDY:
LANGUAGE OF THE HEART

Thursdays 2026 - weekly

6PM PT/7PM MT/ 8PM CT/ 9PM ET

Last Thursday of the month will be a service speaker meeting

Zoom ID: 878 7493 8831
PW: Nerds

email: servicenerds62@gmail.com



District 35 Business Meeting

Every 3rd Wednesday of the month, 7pm - 8:30pm

Pine Lake Covenant Church, Room B103
1715 228th Ave SE, Sammamish, WA 98075



District 35 Statement of Purpose

We serve to ensure all groups in our district feel informed, supported, heard, and loved within and throughout the A.A. service structure.

We do this through:

- Our group General Service Representatives (GSRs), the lifeline between our groups and the district.
- Our Service Committees, who carry the message to Alcoholics still suffering both outside and inside the rooms of A.A.
- Open and transparent monthly district meetings, held the 3rd Wednesday of each month at 7:30pm, at Pine Lake Covenant Church.
- Workshops and informative presentations (e.g., Delegate Report Out, Assembly Highlights given by GSRs), and Fellowship events, such as the yearly Gratitude Dinner.

We are trusted servants to our groups, directly responsible to those we serve. We do not govern.

We give back that which was so freely given to us.

Questions? Contact Us:

Cheyanne (D35 DCM)
dcm35@area72aa.org
(206) 854-2310

Tatiana (D35 Alt DCM)
altdcm35@area72aa.org

AREA 72

CPC IN ACTION

INTERACTIVE 2026 WORK SHOPS

Free Coloring Book!



D18 & D35 — JUN 06
Eastside Fire & Rescue
10:00a to 2:00p
175 Newport Way,
ISSAQUAH

D3 & D12 — JUN 20
18th & Baker
2:00p to 6:00p
1731 Baker Ave,
EVERETT

D7 — JUL 19
Details Soon
VANCOUVER

D55 — AUG 08
Sequim Valley Foursquare Church
10:00a to 2:00p
9090 Old Olympic Hwy
SEQUIM

D31 — SEP 12
Grace Lutheran
12:30p to 4:30p
22975 24th Ave S
DES MOINES

D57, D58 & D1 — OCT 24
Details Soon
EN ESPANOL
SEATTLE

D25 — Q4
Details Soon
ONLINE ONLY***

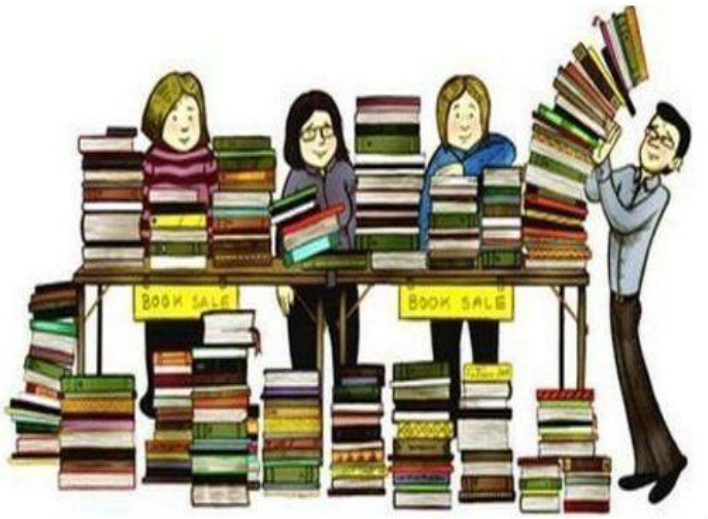
FIND ONE NEAR YOU!

What is CPC?

Find out at this interactive workshop that teaches A.A. members how to cooperate with professionals, protect our Traditions, and help carry the message in practical, accessible ways.

Workshops are in-person only*

Area 72 Archives Repository



Every Month
3rd Sundays
12-2pm



3905 Steilacoom Blvd. SW
Lakewood, WA 98499

Contact: Maryland N.,
Area 72 Archivist
253-365-8072
archivist@area72aa.org

Archives Work Party

Help preserve Western Washington Area 72 History!



ONE NIGHT CAN CHANGE A LIFE.

30 Years of Carrying the Message





LIVE AT PINE LAKE SPEAKER MEETING

For more than 30 years, Live at Pine Lake has welcomed inspiring AA speakers from across North America, carrying a message of hope, recovery, and fellowship to thousands throughout the Eastside.

Every month, someone walks through our doors needing exactly what they hear that night.

WE'RE ASKING FOR YOUR HELP.

For 30 years, someone has been there every month to carry the message.

Today, we need our community to help carry this meeting.

Attendance and Seventh Tradition donations have declined to the point that without additional support, Live at Pine Lake may no longer be able to continue.

If nothing changes, this meeting could close its doors after more than three decades of carrying the message.

We don't want that to happen.

Not because of the meeting itself—but because someone you haven't met yet may walk through those doors next month looking for hope.

If this meeting has ever inspired you...

- If you've ever laughed with friends after the meeting...
- If you've ever heard a speaker who changed your perspective...
- If you've ever brought a newcomer...
- If you've ever left feeling more hopeful than when you arrived...

Now is the time to help ensure this meeting is here for the next person who needs it.

LIVE AT PINE LAKE SPEAKER MEETING SINCE 1994

30 years of hope. One night at a time.

THREE WAYS YOU CAN HELP

COME TO THE MEETING
Your presence keeps the meeting alive.

BRING ONE FRIEND
You never know who might be waiting for this message.

MAKE A SEVENTH TRADITION DONATION
Your contribution helps us continue bringing outstanding speakers to the Eastside.

EVERY SEAT MATTERS.
EVERY DOLLAR HELPS.
EVERY NEWCOMER MATTERS.

SECOND SATURDAY OF EVERY MONTH

7:00 PM

PINE LAKE COVENANT CHURCH
1715 228th Ave SE
Sammamish, WA 98075

CAN'T ATTEND?

PLEASE CONSIDER MAKING A DONATION.

Scan the QR code to give using Venmo. Thank you for helping keep the message alive.

venmo
@LiveAtPineLake SpeakerMeeting

Thank you for your continued support!

30 YEARS OF CARRYING THE MESSAGE.
Help us make sure there is a 31st.

SERVICE OPPORTUNITIES

Service is the Key to Recovery-
We Keep What We Have By Giving It Away!

ESIG

·Board Member Positions (Jan 2026)
·Grapevine/Literature Chair
·PI / CPC Chair
·Treatment/Hospitals Chair
·YPAA Chair
·Events Committee Members
·ESIG Group Liaisons

DISTRICT 34

·Grapevine/Literature Chair
·Public Information Chair
·Group GSRs / Group Intergroup Reps

DISTRICT 35

··Archives Committee Chair
-Public Information Chair
-Treatment Committee Chair
-Web Tech Chair
Young Peoples Committee Chair
·Group GSRs / Group Intergroup Reps

DISTRICT 36

·Alt DCM
-Accessibility Chair
Archives Chair
·Bridging the Gap/Treatment Chair
·CPC/PI Chair
-Young Peoples' Chair
·Group GSRs / Group Intergroup Reps

DISTRICT 38

·Accessibility Chair
-Corrections Chair
-Grapevine/Literature Chair
·Group GSRs / Group Intergroup Reps

DISTRICT 39

·Registrar
·Corrections Chair
·CPC Chair
·Grapevine / Literature Chair
·Newsletter
·PI Chair
·3rd Legacy Chair
·Group GSRs / Group Intergroup Reps


Living Sober
GAME NIGHT
FREE
Potluck, Games,
Fellowship
LAST SATURDAY OF EVERY
MONTH 3-5PM
BELLEVUE ALANO CLUB
MEMBERS ROOM
12302 NE 8 ST, BELLEVUE, WA

District 3rd Legacy Chairs of Area 72 Present:

District Third Legacy Chair's Roundtable Series

Who should attend…
District Third Legacy Chairs, DCMs, Alt-DCMs,
District Committee Chairs, and GSRs
All are welcome!

Join Us Online:
Every 4th Sunday at 4:00 pm (PT)

Remaining Schedule:
July 26, 2026
August 23, 2026
September 27, 2026
October 2026 Area Assembly
October 25, 2026
November 22, 2026
December 27, 2026

Meeting ID: 850 0346 7705
No Passcode

Room Opens 15 minutes before
Questions? Please contact your
Patty S. at dist25thirdleg@area72aa.org



LIVE AT PINE LAKE • SPEAKER MEETING

7:00 - 8:30 PM

FEATURING

SATURDAY, OCTOBER 10, 2026

KENNA S.

FROM BELLEVUE, WA

SATURDAY, NOVEMBER 14, 2026

JACK G.

FROM HUNTINGTON BEACH, CA

SATURDAY, DECEMBER 12, 2026

JUDITH R.

FROM BISMARCK, NORTH DAKOTA

PINE LAKE COVENANT CHURCH

1715 228th Ave SE, Sammamish, WA 98075

Bring a friend and join us for fellowship and a message of recovery.

LIVE CAST ON ZOOM

ID: 977 787 8779

Password: 1212

PINE LAKE SPEAKER MEETING

Venmo

SUPPORT THE MEETING

UNITY SERVICE AA RECOVERY

ALCOHOLICS ANONYMOUS

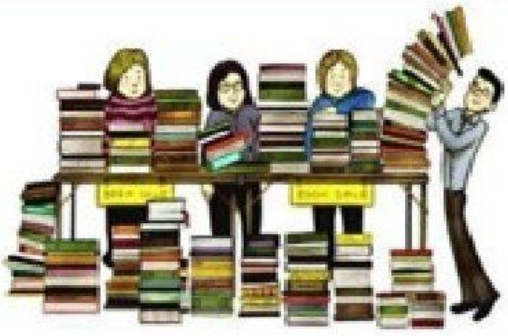
HOPE • FELLOWSHIP • RECOVERY

Speakers subject to change

Repository Work Party Schedule Sep25-Dec26

Year	Mon	Date	Day	Work Party	Future events may influence archive activities.
2025	Aug	8/17/2025	Sun	12-3	Prep D/31 8/24 Zoom, 9/6 Rep 2-5, D31 Archives & Sponsorship Workshop 9/20/25
2025	Sep	9/21/2025	Sun	12-3	Area Check in 9/21 & Assembly 10/3-5/25
2025	Oct	10/19/2025	Sun	12-3	Appt'd Check in & Regional Archives Workshop 10/25/25 & Arch Qtly 11/1 Edmonds
2025	Nov	11/1/2025	Sun	12-3	Appt'd Check in
2025	Dec	12/21/2025	Sun	12-3	Area Check in & ACM Qtrly 1/2-3/26
2026	Jan	1/18/2026	Sun	12-3	Appt'd Check in & Arch Qtly 2/7
2026	Feb	2/15/2026	Sun	12-3	Appt'd Check in & BOT2026 Tacoma & PRAASA Hawaii - 2/27-3/2 (2/25-3/2-Mary)
2026	Mar	3/15/2026	Sun	12-3	Area Check in & ACM Qtrly 4/10-12/26 & 85th WA AA & IAAMC SeaTac 4/10-12/26
2026	Apr	4/19/2026	Sun	12-3	Appt'd Check in & Arch Qtly 5/2
2026	May	5/17/2026	Sun	12-3	Appt'd Check in, 6/21 & CapJam Lacey & Founders Day Akron, 6/10-14/26
2026	Jun	6/21/2026	Sun	12-3	Area Check in & ACM Qtrly 7/10-11/26 & PNC 6/26-28/26 Vancouver
2026	Jul	7/19/2026	Sun	12-3	Appt'd Check in & Step Ashore 8/6-9/26 & La Vina 30th 7/24-26/26
2026	Aug	8/16/2026	Sun	12-3	Arch Qtly 8/1/26 & NAAAW 2026 9/10-13/26 Tacoma
2026	Sep	9/20/2026	Sun	12-3	Area Check in & Assembly 10/2-4/26
2026	Oct	10/18/2026	Sun	12-3	Appt'd Check in & Arch Qtly 11/7
2026	Nov	11/15/2026	Sun	12-3	Appt'd Check in
2026	Dec	12/20/2026	Sun	12-3	Appt'd Check in & ASC Rotation Potluck

Area 72 Archives



ALCOHOLICS ANONYMOUS • AREA 72 • EASTSIDE

UNITY SERVICE AA DISTRICT 34 EASTSIDE RECOVERY

DISTRICT 34 ELECTIONS

Your Voice. Your Service. Our Future.

Be part of the future of our District! Join us as we elect trusted servants to carry the message of AA and support our groups in service.

ELECTIONS WILL BE HELD

TUESDAY NOVEMBER 3, 2026

7:00 PM

YOUR HOME GROUP.
YOUR DISTRICT.
YOUR OPPORTUNITY TO SERVE.

Get involved.
Make a difference.
Keep AA strong!

THE DETAILS

WHERE

Kelsey Creek Church
1221 148th Avenue NE
Bellevue, WA 98007

WHEN

Tuesday
November 3, 2026
7:00 PM

Please arrive early & sign in.

This meeting is **HYBRID.**
In-person and online participation available. Details below.

POSITIONS INCLUDE

- Secretary
- Treasurer
- Registrar
- Alt DCM
- DCM
- Archives
- Accessibilities
- Bridge the Gap
- Corrections
- CPC
- ESIG Representative
- Grapevine and Literature
- Gratitude Banquet Chair
- Public Information
- Treatment
- WebTech/Zoom Chair
- YPPA

Positions are 2 year commitments. Minimum of 2 years sobriety.

WHY

Service is the heartbeat of AA. Your willingness ensures we can carry the message to the alcoholic who still suffers.

JOIN ZOOM MEETING

https://us06web.zoom.us/j/92414497274?pwd=T3RUTHlFSmVFWW1JRzhMYXN5dWhEZz09

MEETING ID: 924 1449 7274
PASSCODE: 061035

SCAN TO JOIN

"We are not a glum lot. We are the most terrific, loyal, and unselfish bunch of people."
— A.A. Co-Founder, Bill W.

FOR MORE INFORMATION

district34@area72aa.org
www.district34aa.org
425-454-3579

Together We Can

UNITY • SERVICE • RECOVERY

One Day at a Time

District 36 Gratitude Dinner

TOGETHER IN GRATITUDE, UNITED IN RECOVERY



Saturday
November 7, 2026
4:00 – 8:00 PM

LOCATION:
Church on the Ridge
35221 SE Douglas Street
Snoqualmie, WA 98065

EVENT SCHEDULE

- **Dinner** 5:00 PM
- **Speakers** 6:00 PM

PLEASE BRING A SIDE DISH ACCORDING TO YOUR SOBRIETY BIRTHDAY

- **Jan – Feb:** Green Salad
- **March – July:** Potatoes, Rice, Pasta
- **August:** Drinks
- **September:** Dessert
- **October:** Bread
- **November – December:** Cold Side Dish/Vegetable

FEATURING:

- Childcare
- Gift Basket Raffle
- Sobriety Countdown

TICKETS $10

Gratitude Dinner 2026
sobriety.works

TICKETS WILL ALSO BE SOLD AT THE DOOR!

VOLUNTEER HERE


NOVEMBER 13TH
SPEAKER MEETING AND ICE CREAM SOCIAL
NANCY O 1/12/1988
BOB P 12/15/2024
ICE CREAM 7-7.30PM
MEETING 7.30-8.30PM
FREE
EASTSIDE ALANO CLUB
12302 NE 8TH ST
425-455-5700

OCEAN SHORES JAMBOREE 2026

SUPPORTING 12-STEP RECOVERY COMMUNITIES



50/50 DRAWING

Silent AUCTION

Comedy SHOW

COMEDIAN
JEREMIAH COUGHLAN

Scan QR Code To Sign UP!

SCHEDULE
11.13 AA, ALANON, LGBTQ, ACA
11.14 ALANON, ACA, AA, DINNER, COMEDY SHOW
11.15 BREAKFAST, COUNTDOWN, DRAWING

DATE AND PLACE:

NOV. 13, 14, &15 2026

LOCATION: 120 W CHANCE A LA MER NW
OCEAN SHORES, WA 98569
(OCEAN SHORES CONVETNION CENTER)

Come Join fellow 12 Step Recoveries! Attend Workshops and Meetings for Alcoholics Anonymous, Al-Anon, Adult Children of Alcoholics & Dysfunctional Families, & LGBTQ members.

Questions? Email: oceanshoresjamboree@gmail.com


HAPPY
HOLIDAYS
COME CREATE YOUR OWN
HOLIDAY CARDS WITH US!
$15 SUGGESTED DONATION
NOVEMBER 14TH 2-4PM
IN THE MEMBERS ROOM
EASTSIDE ALANO CLUB
12302 NE 8TH ST BELLEVUE WA

DISTRICT 38

Gratitude Banquet

November 14th, 2026
Eastside Church
14520 100th Ave. NE
Bothell, WA 98011

Doors at 4:30
Starts at 5:30

Each District 38 group is asked to contribute a protein for the event: Turkey, Ham, Tofurkey, etc.

PLEASE BRING A SIDE DISH ACCORDING TO YOUR SOBRIETY DATE

January-June: Potato/Rice/Pasta
July: Greens/Salad
August & September: Cold Side Dish or Veggies
October: Bread
November & December: Dessert

Suggested $10 entry
For questions contact D38 DCM
Kim: 206.229.9545

Come enjoy good food, fellowship, fantastic speakers, and a raffle!

DISTRICT 39 GRATITUDE DINNER

Friday, November 20, 2026

This event sells out quickly and is limited to 300 seats.

Doors open at 5:00
Speaker starts at 7:00

Gold Creek Church
4326 148th Street SE
Mill Creek, WA 98012

Turkeys & Hams to be provided by all D39 Home Groups

******Please Bring A Side Dish to Share for the Potluck******

Potluck dishes should be minimum 8 12 servings.

Potluck Side Dish Assignments	
First Letter of Last Name	Please Bring
A-E	Salad (Green, Caesar, Pasta, Potato)
F-J	Fresh Fruit, Fruit Salad, Fruit Tray
K-O	Warm Vegetable Dish
P-T	Potatoes (Scalloped, Mashed, Au Gratin)
U-Z	Dessert (Pies, Cakes, Cookies)

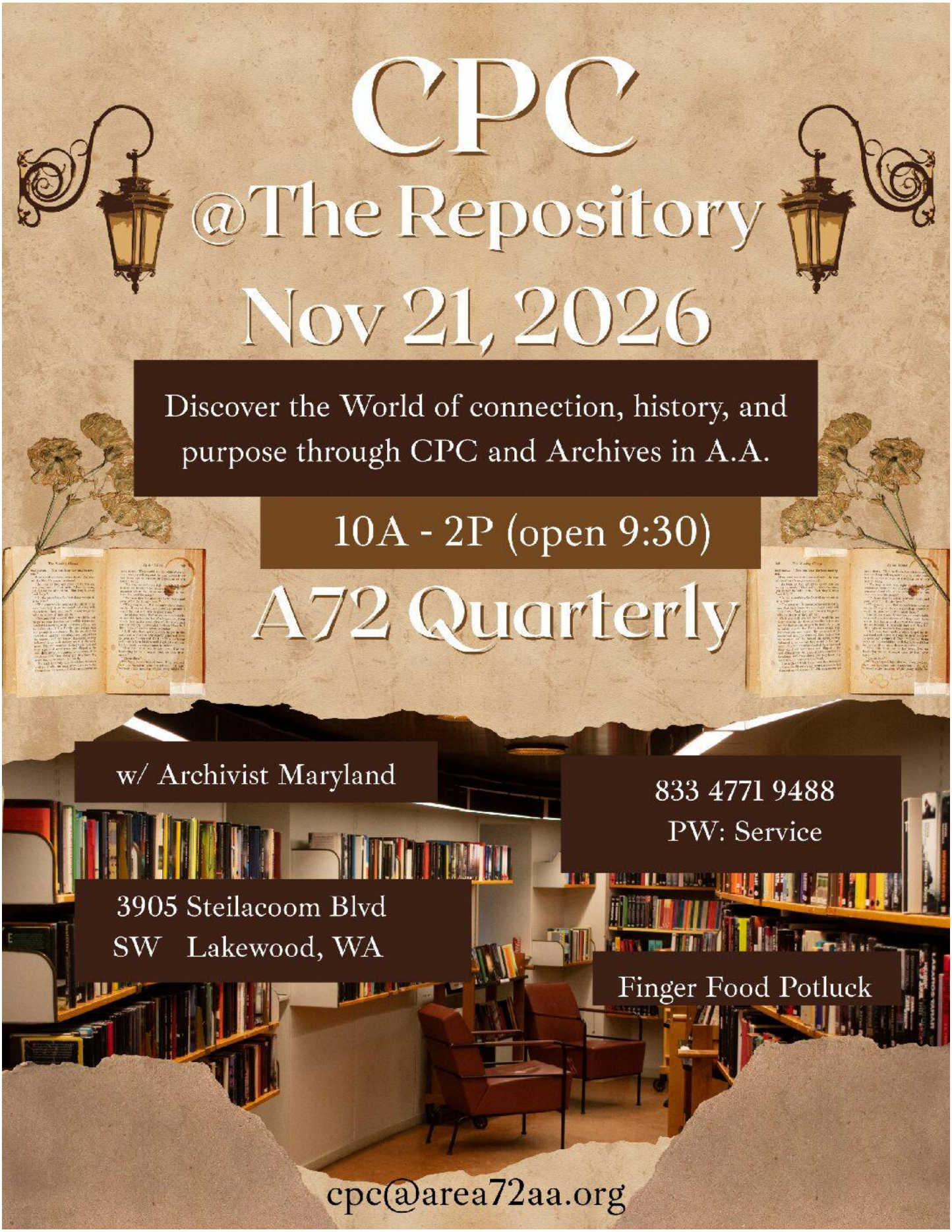
$10 Per Ticket
Buy from your GSR, ESIG, or contact Judy P.
judytaigen@hotmail.com

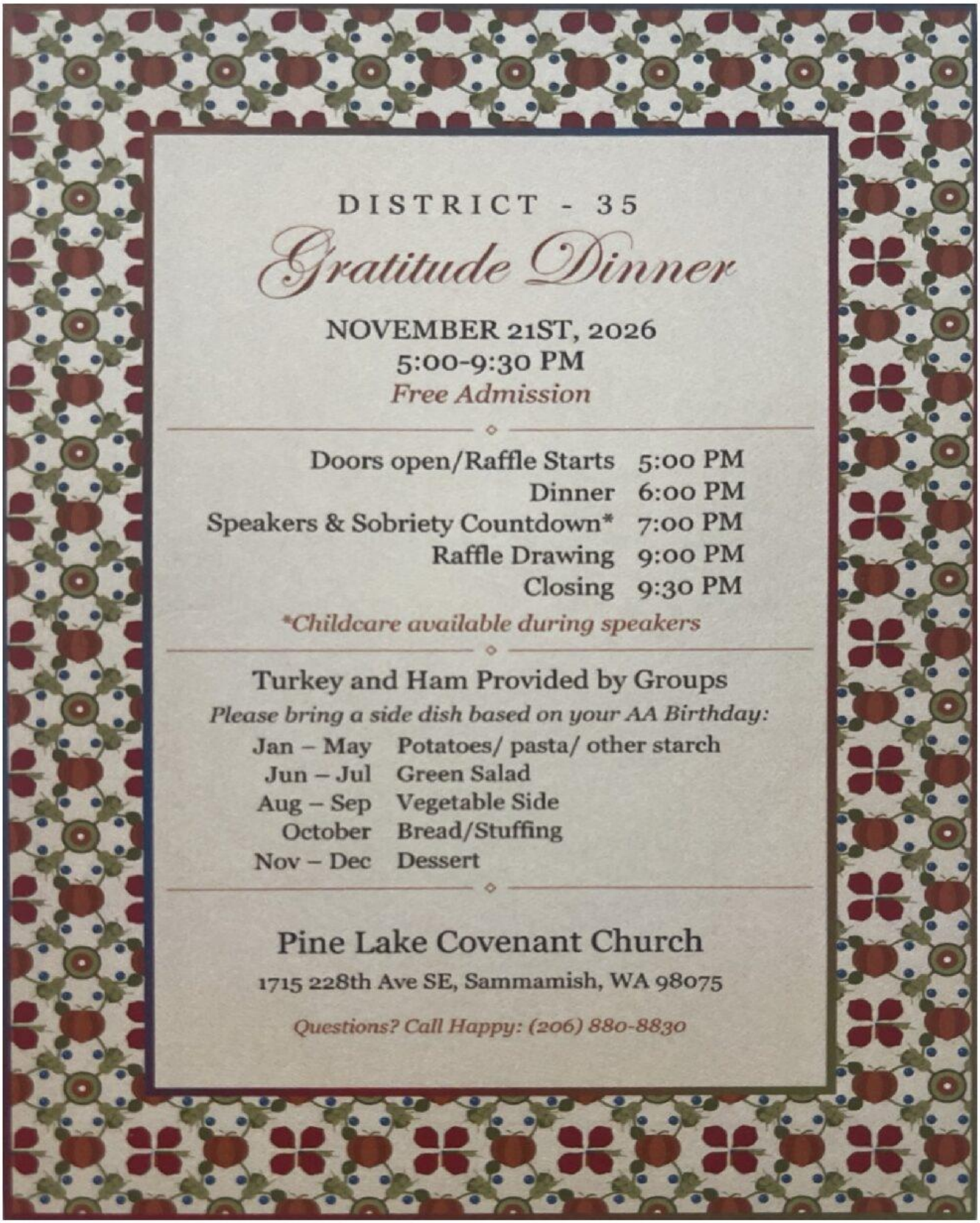
Special AA Guest Speaker
Don L.
Bellingham, WA

- 50/50 Cash Raffle!
- Beautiful Gratitude Baskets!

(sponsored by local D39 Homegroups)

Volunteers always needed! Contact your GSR or email special event coordinator: judytaigen@hotmail.com
Childcare is not available at this event.


CPC
@The Repository
Nov 21, 2026
Discover the World of connection, history, and purpose through CPC and Archives in A.A.
10A - 2P (open 9:30)
A72 Quarterly
w/ Archivist Maryland
833 4771 9488
PW: Service
3905 Steilacoom Blvd
SW Lakewood, WA
Finger Food Potluck
cpc@area72aa.org


DISTRICT - 35
Gratitude Dinner
NOVEMBER 21ST, 2026
5:00-9:30 PM
Free Admission
Doors open/Raffle Starts 5:00 PM
Dinner 6:00 PM
Speakers & Sobriety Countdown* 7:00 PM
Raffle Drawing 9:00 PM
Closing 9:30 PM
*Childcare available during speakers
Turkey and Ham Provided by Groups
Please bring a side dish based on your AA Birthday:
Jan – May Potatoes/ pasta/ other starch
Jun – Jul Green Salad
Aug – Sep Vegetable Side
October Bread/Stuffing
Nov – Dec Dessert
Pine Lake Covenant Church
1715 228th Ave SE, Sammamish, WA 98075
Questions? Call Happy: (206) 880-8830


PLEASE JOIN US FOR
DISTRICT 34
Gratitude Dinner
November 21, 2026
$10
Doors open at 5:30pm
Dinner: 6pm
Meeting Begins: 6:45pm
Speaker 1: 7pm
Sob Countdown: 7:30pm
Speaker 2: 7:45pm
Closing: 8:15pm
Bellevue Community Center
4063 148th Ave NE
Bellevue, WA
Potluck Contributions -
Last Names:
A-L: Salad/Side Dish
M-Z: Dessert
Groups: Ham / Turkey / Veggie
Main (pre-sliced)

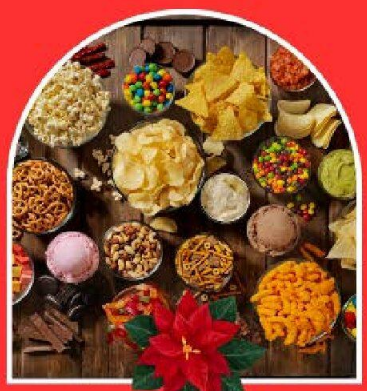
EASTSIDE ALANO CLUB

HOLIDAY DINNERS



THANKSGIVING DINNER
2-4 PM

NOV
26



CHRISTMAS EVE
POTLUCK 2-4PM

DEC
24



CHRISTMAS DINNER
4-6PM

DEC
25

SUGGESTED DONATION OF $10. ALL ARE WELCOME.
ALCATHONS WILL RUN FROM 6AM TO 11PM ON ALL DAYS
12302 NE 8TH ST BELLEVUE WA 98005 425-455-5700



Program details

6:30 pm (doors open) | 7:00 pm (lite hors-d'oeuvres)
7:30 – 9:00 pm (main program)

Free parking and event location

Mobius Hall | UW Bothell Cascadia Campus
North Garage 18500 Campus Way NE, Bothell, WA 98011

See registration page for additional event details

Reserve your free ticket
Scan QR code below to register today

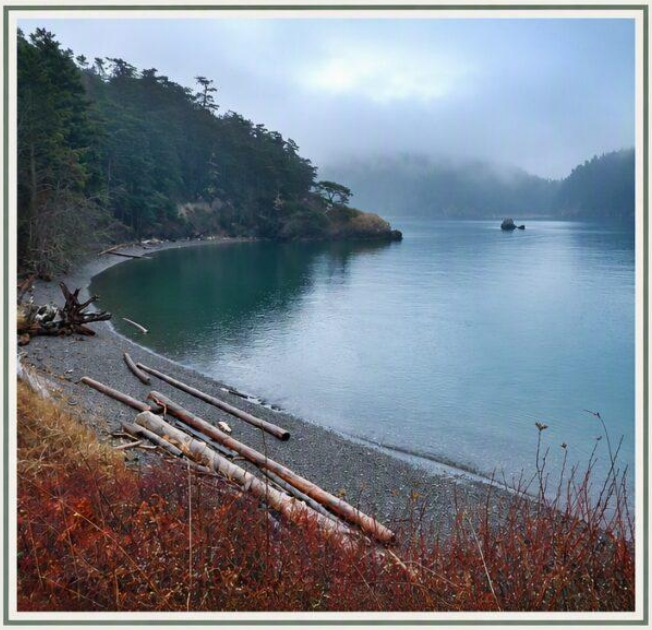
KING COUNTY RECOVERY COALITION

Hazelden Betty Ford Foundation

WRA WASHINGTON RECOVERY ALLIANCE


PLEASE JOIN US FOR A
HOLIDAY
OPEN HOUSE
& Donation Drive
Help Support Eastside Intergroup
DECEMBER 5 10AM - 2PM
Food - Fellowship - Shopping - Raffles
13401 NE BEL-RED RD B-6, BELLEVUE
QUESTIONS? 425-454-9192
www.eastsideaa.org


DISTRICT 25
– AREA 72 –
YOUNG PEOPLE'S WORKSHOP
SATURDAY, DEC. 12, 2026
11:00AM – 1:00PM (PACIFIC)
ZOOM MEETING INFO:
Meeting ID: 848 3725 8233
Passcode: 435724
Come learn about Young People in A.A. (YPAA), and discover how YPAA and General Service can work together while having fun in sobriety!
All A.A. members are welcome!



SOS
MEN'S RETREAT

THREE DAYS AWAY FROM THE NOISE

FELLOWSHIP, TEACHING, REST, AND RENEWAL

FEBRUARY 19-21, 2027
DOORS OPEN FRIDAY AT 4PM

ROSARIO BEACH MARINE LABORATORY
15510 Rosario Beach Rd.
Anacortes, WA 98221

SPEAKERS
Mark T. & Chad P.

COST
$250
This includes lodging and meals.

MAIN TICKET SALES START NOVEMBER 12TH AT NOON.

REGISTER AT
SOSMEN.US



PRAASA 2027

Pacific Region Alcoholics Anonymous Service Assembly

Friday, March 5th – Sunday, March 7th, 2027

The Westin Seattle
1900 5th Avenue
Seattle, WA 98101

Room Rate: $189 per night *(plus tax)*
Estimated Registration Cost:
In Person: $75 Online: $25

Hybrid Event!
Come in person or online

Friday: Dinner
Saturday: Lunch, Banquet Dinner, Ice Cream Social
Grab & Go options available

Arriving via plane? SEA (Seattle-Tacoma International Airport)
Take the Link Light Rail all the way to the venue!
Contact: praasa2027@area72aa.org

Hosted in Western Washington Area 72

ESIG 2026 Group Contributions

Group	Jan 25	Feb 25	Mar 25	Apr 25	May 25	Jun 25	Jul 25	Aug 25	Sep 25	Oct 25	TOTAL
12 & 12 Fellowship Hall								$50.00	$50.00	$50.00	$150.00
59 Minutes At Pine Lake										$300.00	$300.00
60 Minutes In Preston											$0.00
A Way Up											$0.00
A Womans Way									$207.73		$207.73
AA Team								$50.00			
Agnostics in Progress											$0.00
Anchor Group	$150.00		$150.00		$150.00		$150.00		$150.00	$150.00	$900.00
Anonymous	$107.74	$413.74	$97.64	$137.34	$15.73	$233.74	$279.43	$502.74	$205.34	$757.74	$2,751.18
Any Lengths Group		$125.00									$125.00
Bel-Kirk Saturday Breakfast											$0.00
Bel East Lunch Group	$284.00						$200.00				$484.00
Bellevue Group										$150.00	$150.00
Bellevue Men's Meeting										$294.00	$294.00
Bellevue New Group				$400.00	$200.00				$375.00		$975.00
Benevity Fund Donation			$900.00					$60.00			$960.00
Better Odds Sober				$250.00		$400.00				$268.00	$918.00
Big Book Step Study	$100.00			$78.00			$83.00				$261.00
Bills Kitchen											$0.00
Birthday Club	$60.00							$375.00	$988.00	$195.00	$1,618.00
Bring Your Own Lunch				$180.00							
Came To Believe (Carnation)				$94.02				$68.50			$162.52
Compass City Church Grps							$422.00				
Cottage Lake Online					$10.00	$10.00		$15.00	$275.00	$45.00	$355.00
District 34											$0.00
District 38					$500.00						
District 39				$750.00							$750.00
Downtown Stag											$0.00
Duvall Big Book Study	$130.00										$130.00
Duvall Candlelight				$60.00				$60.00			$120.00
Duvall Sunday Morning Break											$0.00
Eastside Beginners		$342.25		$332.71			$351.00			$336.00	$1,361.96
Eastside Men's Group	$273.00					$271.00					$544.00
Eastside Open Breakfast											$0.00
Eastside Stag					$210.00						$210.00
Eastside Women				$176.00				$300.00		$51.00	$527.00
Essentials	$20.00	$20.00	$20.00		$20.00	$20.00	$20.00				$120.00
Fourth Dimension						$318.00			$167.73		
Fresh Start			$200.00	$150.00	$150.00	$200.00	$200.00	$200.00		$100.00	$1,200.00
Friday Night Firehouse	$256.74			$198.85				$68.75		$116.00	$640.34
Friday Night Live and Let Live			$150.00				$110.00				$260.00

ESIG 2026 Group Contributions

Frontstream	$2,380.00										$2,380.00
Frontstream (Costco)											$0.00
Gay Men In Recovery											$0.00
Grace Rules											$0.00
Higher Powered at Gold Creek	$265.20	$195.90	$225.25	$74.58	$126.84	$189.78	$143.29	$171.00	$158.51	$111.31	$1,661.66
HOW - Women NorthBend											$0.00
Issaquah Group						$20.00					
Juanita Triangle										$175.00	
Joy Of Living											$0.00
Keep it Simple						$5.00					$5.00
Kenmore Big Book		$259.19			$342.51						$601.70
Kindred Spirits											$0.00
Kirkland Attitude Modification											$0.00
Kirkland Sobriety Headquarters											$0.00
Ladies Step Study				$86.04				$123.63	$82.14		$291.81
Lifeline											$0.00
Living Sober		$157.00		$501.00			$498.00			$372.00	$1,528.00
Living Sober Online	$92.76	$146.41	$111.01	$140.19	$92.44	$111.19			$121.72	$139.32	$955.04
Maximum Service	$197.40								$300.00		$497.40
Mercer Island Thursday Night											$0.00
Millenium				$604.67							
Moss Bay		$650.00						$346.00			$996.00
Nameless Bunch Of Drunks	$1,004.00	$1,000.00	$1,002.00	$1,000.00	$800.00	$800.00	$800.00	$900.00	$800.00	$800.00	$8,906.00
Nameless Bunch of Drunks International	$130.00	$30.00	$180.00	$120.00			$260.00	$30.00	$215.00	$180.00	$1,145.00
Nooners			$500.00					$800.00			$1,300.00
No Perfect People Allowed	$105.00						combined				$105.00
North Bend Group											$0.00
North Creek Study Group											$0.00
Pacific Northwesat Fellowship		$10.00			$125.40		$143.88				$279.28
Paypal Giving Fund										$600.00	
Pine Lake Stag	$300.00										$300.00
Practicing The Principles				$598.00				$600.00			$1,198.00
Redmond Recovery											$0.00
Reflections			$80.00			$96.00					
Regla 62 Grupo	$40.00	$45.00	$45.00	$45.00	$45.00	$45.00	$45.00		$45.00	$45.00	$400.00
Right Side of the Tracks											$0.00
Sammamish Big Book Study				$184.00					$80.00		$264.00
Sammamish Plateau Women's Step Study		$200.00							$100.00		$300.00
Saturday Night Live						$110.50					
Saturday Women's Share											$0.00
Serenity Break	$1,200.00	$1,200.00	$1,200.00	$1,200.00	$1,200.00	$1,200.00	$1,200.00	$1,200.00	$1,200.00	$1,200.00	$12,000.00
Serenity Break Online	$632.05	$15.00			$250.00			$1,134.02	$250.00		$2,281.07
Serenity on Sunday					$772.00						$772.00
Seven & Sober	$1,000.00	$550.00	$618.17	$1,000.00	$900.00	$800.00	$396.37		$806.93	$779.20	$6,850.67

ESIG 2026 Group Contributions

Silverlake Study Group											$0.00
Sisters of the Forest		$50.00		$25.00	$10.00	$5.00		$55.00	$15.00	$10.00	$170.00
Sno-Valley Women in Recovery	$63.00										$63.00
Sno-Valley Young Peoples											$0.00
Snoqualmie Friday Night						$428.84					
Snoqualmie Stag					$221.00				$242.29		$463.29
Sober At Cottage Lake			$20.00								$20.00
Sober Camels										$500.00	$500.00
Sober Gals											$0.00
Sober Rebels						$93.00					$93.00
Sober Seniors		$50.00									$50.00
Sober Sisters East									$200.00		$1,126.29
Solution Sundays							Combined				
Steppin Up				$50.00							$50.00
Stepping into Recovery											$0.00
Steps to Freedom					$100.00			$100.00			$200.00
Stillwater Serenity				$90.00				$60.00			$150.00
Sunday Big Book Study								$100.00			$100.00
Sundays Solution											$0.00
Sunrise										$444.75	$444.75
That 12 & 12 Meeting										$140.00	
The AA Team											$0.00
The Fourth Dimension Group	$286.67										$286.67
The Overlake Group											$0.00
The Shack											$0.00
Tiger Mountain OSAT		$314.00						$200.00			$514.00
Tiger Mountain Stag								$350.00			$350.00
Tons of Grace								$100.00		$247.50	$347.50
Tuesday Issaquah Big Book Study	$250.00										$250.00
Tuesday Night Solutions			$99.00								
Up The Creek	$50.00										$50.00
Wake Up											$0.00
Wicked Sobah				$300.00							
Women In Recovery				$100.00			$211.00			$150.00	$461.00
Women of Worth				$100.00		$30.00					
Women's Big Book Study						$219.15					$219.15
Women's Saturday Share											$0.00
Women's Saturday Steps	$353.86			$145.40				$140.42		$140.93	$780.61
Women's Sunlight of the Spirit						$50.00					
Woodinville Men's Meeting							Combined				
Woodinville Wed. Fellowship	$144.25			$160.00			$143.49			$168.29	$616.03
	$9,875.67	$5,773.49	$5,598.07	$9,330.80	$6,240.92	$5,656.20	$5,656.46	$8,160.06	$7,035.39	$9,016.04	$68,797.65

ESIG OFFICE REPORT 11/1/2026

Holiday Greetings & Upcoming Events

I hope everyone had a fun and safe Halloween! Here at the office, we are gearing up for the holidays—beginning with our Holiday Open House on Saturday, December 5th, from 10:00 AM to 2:00 PM at the Eastside Intergroup Office. Please consider stopping by for some food, fellowship, and a look at our many new gift items perfect for your holiday needs.

- Raffle Drawings
- Free ornament with any purchase
- Great Gift Items for Purchase
- If you would like to help, please see our signup on the Open House Flyer, or click here! We would love your help with snacks or raffle prizes if you are available!

Season of Giving & 7th Tradition

As we move into the holiday season and the Season of Giving, we invite members and groups to remember the 7th Tradition and consider making a contribution to Eastside Intergroup. Your generosity directly supports our local office and our vital 24/7 services. We would love to see you in person, but contributions can also be made securely on our website or through the QR code on our Season of Giving flyer. Thank you so much for your consideration.

October Financial Summary

We had a fabulous month of donations in October, with almost $9,000 in contributions coming into the office! This is a notable increase from October of last year, and we are extremely grateful for your continued support.

- **Literature & Store Sales:** Stable at approximately $3,400 for the month.
- **Net Financials:** After accounting for our operational expenditure, we nearly broke even this month, finishing down just about $500.
- **Birthday Club:** Our Birthday Club is going strong – this month a big thanks to Karen K, Carl V and Matthew G for joining our club – and a happy AA birthday to you!!

ESIG OFFICE REPORT 11/1/2026

2027 Budget & Looking Ahead

Last month, our Budget Committee convened and finalized our operational budget for 2027. Next year's budget recognizes the general decrease in donations being experienced across all levels of AA. We are proactively aiming to address this funding shortfall through multiple areas, with a major focus on Special Events. We are planning a few exciting new events next year to help increase funding. Stay tuned for more details soon, but you definitely won't want to miss the ESIG 2027 Gala Event that is already in the works!

Office and Hotline Volunteers: A big, sincere thank you to all our office and hotline volunteers – we truly couldn't do it without you. If you are interested in helping in either position, we would happily welcome you! Please reach out with any questions or interest to esig@eastsideaa.org .

Thank you all for your continued service and support of Eastside Intergroup.

Yours in Service,
Ali v
ali@eastsideaa.org

SUPPORT! EASTSIDE INTERGROUP

@Eastside-Intergroup

HELP CARRY THE MESSAGE

Eastside Intergroup needs your support to continue helping alcoholics and AA groups throughout the Eastside community.

YOUR CONTRIBUTIONS MAKE 12-STEP WORK POSSIBLE

- MEETING INFORMATION
- LITERATURE SUPPLIES
- OFFICE SERVICES
- DIRECT ASSISTANCE TO THOSE IN NEED

Every contribution – large or small – helps Eastside Intergroup remain available when an alcoholic reaches out.

PLEASE CONSIDER SUPPORTING EASTSIDE INTERGROUP TODAY.

Your contribution helps AA continue carrying the message of recovery.

JOIN THE BIRTHDAY CLUB

Celebrate your AA birthday by giving back!

Contribute **$5** for each year of sobriety, or any amount you choose.

Your Birthday Club contribution supports Eastside Intergroup and helps carry the AA message.

Your name will be posted in the monthly Eastside Intergroup newsletter, ***unless you prefer to remain anonymous.***

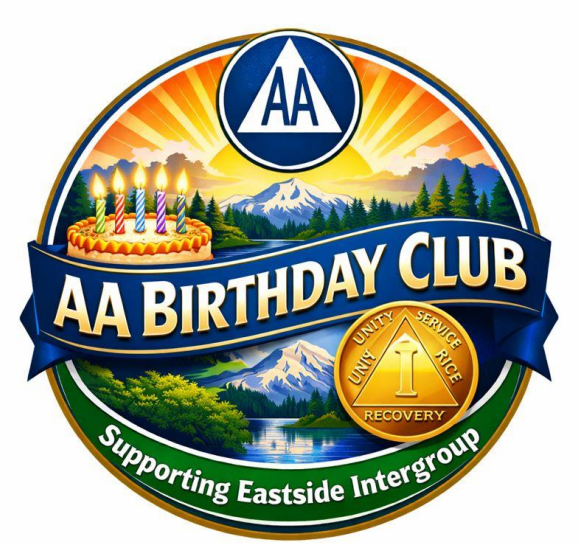
PAYPAL

Thank You!

FOR HELPING CARRY THE MESSAGE

ONE ALCOHOLIC HELPING ANOTHER

EASTSIDE INTERGROUP BIRTHDAY CLUB



Thank you to our October Birthday Club contributors!

Congratulations to:
Carl V.
Karen K.
Matthew G.

Office Information

Address: 13401 NE Bel-Red Rd., Suite B6 Bellevue, WA, 98005

Phone: 425-454-9192 24-Hours a Day

Email: esig@eastsideaa.org
Website: eastsideaa.org

Office Hours:
Mon - Fri: 9:30AM-5:00PM **Office Manager**: Ali V.
Email: ali@eastsideaa.org

Intergroup Representative Meeting
First Thursday of each month 7:30 pm-8:30 pm via Zoom
https://zoom.us/j/181768191?pwd=MG02L21hZXk1Y3N0UG1pZnlLSVFKQT09
All members welcome!

Newsletter Contributors
Interested in sharing your experience, strength, and hope in this newsletter? Send your story to us! Contact our editor and publisher – Emily G

newsletter@eastsideaa.org



Pink Can Donations

Anonymous, Better Odds Sober, Eastside Beginners, Eastside Women, Juanita Triangle, Kenmore Big Book, Kenmore Friday Night-ers, Kirkland Sobriety Headquarters, Ladies Step Study, Moss Bay, Seven & Sober, Sunrise Group, Women's Saturday Steps

$2198.30



Eastside Intergroup, Districts, General Service Office & Area 72 Information

Eastside Intergroup
13401 NE Bel Red Rd. #B6
Bellevue, WA, 98005

Western Washington Area 72
1901 Cornwall Ave #745
Bellingham, WA, 98225

General Service Office (GSO)
P.O. Box 459
Grand Central Station
New York, NY, 10163

District 34
Bellevue, Redmond,
East Lake Sammamish, & Mercer Island
PO Box 50081
Bellevue, WA, 98015

District 35
Issaquah
P.O. Box 442
Issaquah, WA, 98027

District 36
Snoqualmie Valley, Duvall, North Bend
P.O. Box 1963
North Bend, WA, 98045

District 38
Kirkland
P.O. Box 322
Kirkland, WA, 98083

District 39
Bothell, Kenmore, Woodinville
P.O. Box 1695
Bothell, WA, 98041-1695

