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AA Info and Events

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Office Information

PASS IT ON

Eastside Intergroup Newsletter

Issue 110 September 2026

Can't stop drinking?

We get it.

In A.A., we don't tell anyone to do anything. We talk about our own drinking, the trouble we got into, and how we stopped. Whether in person or online, we're here to help.

Alcoholics Anonymous[®]

For more information visit
AA.org or download the
Meeting Guide app.



eastsideaa.org



D34 ORAL HISTORIES PROJECT



DO YOU KNOW:

- a “long-timer” in D34 with 35+ years of sobriety?
- an AA member who started an AA group in D34?
- someone with a connection to the history of AA as a whole and its pioneers?
- an AA member of an underrepresented background whose experience, strength, and hope can carry the message to the still suffering alcoholic?

If so, please contact D34 Archives Chair Jaimie L. at dist34archives@area72aa.org for more info on becoming an interviewer and/or interviewee. Help preserve District 34’s rich AA history for generations to come!



BELLEVUE GROUP

FREE CHILDCARE!

MONDAY
7:30-8:30PM

**The Bellevue Group offers free
childcare during our meeting.
Room for up to 8 children.**

St. Thomas Episcopal Church
8398 NE 12th St Medina, WA 98039

HOPE HALL SPEAKER MEETING



2 GUEST SPEAKERS
***FIRST SATURDAY
OF EVERY MONTH
@ 7:00 PM***

STARTING MAY 2025

WHERE: HOPE HALL
8305 MEADOWBROOK WAY SE
SNOQUALMIE, WA 98065



District 38 – Kirkland

www.kirklandaa.org



Service Opportunities Await!

Want to grow in sobriety? Give back through service!

District 38 has several exciting open service positions — a chance to connect, learn, and help carry the message of A.A. beyond the meeting room.



Treatment Facilities Chair

Help bring A.A. meetings

and "Bridging the Gap" support to those leaving treatment centers. Coordinate with local districts, maintain contacts, and share Grapevine subscriptions.



Grapevine & Literature Chair

Be the link between members and A.A. materials! Keep literature displays current, bring them to workshops and assemblies, and promote Grapevine reps in groups.



Corrections Chair

Carry the message

behind the walls. Support A.A. meetings in correctional facilities and help guide committees through training and assistance.



Accessibility Chair

Make A.A. available to all

who seek it. Focus on access issues, remote communities, and language inclusivity. Participate in Area meetings.

Coming Spring 2026:

District Service Workshop

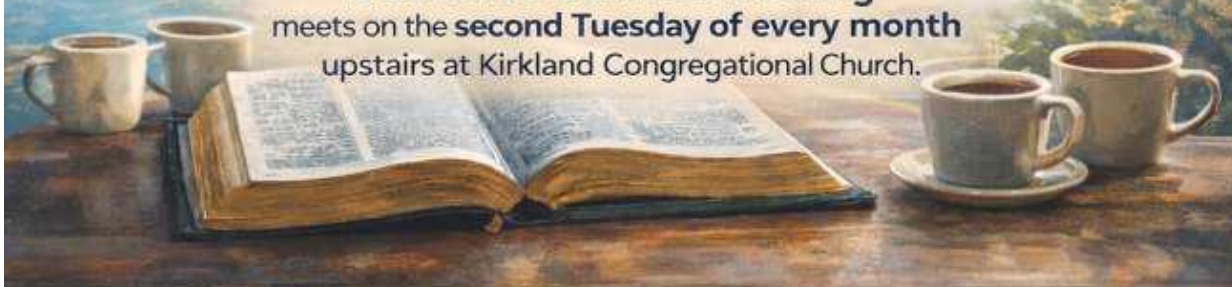
Learn how to get involved, meet trusted servants, and explore what district service is all about.

Questions?

Reach out via our website:
www.kirklandaa.org

District 38 Business Meeting

meets on the **second Tuesday of every month**
upstairs at Kirkland Congregational Church.



ALCOHOLICS ANONYMOUS GROUP

DO YOU THINK YOU HAVE A PROBLEM WITH ALCOHOL?

WE ARE HERE TO HELP

OPEN MEETINGS / EVERYONE IS WELCOME



GRUPO REGLA 62

Meetings

Mondays: Hybrid Meeting

In person: 16540 NE 00th ST, Redmond, W, A

Zoom ID: 917 6571 1060 - Password: REGLA62

Pacific Time: 7:30 to 8:30 PM

Central Time: 9:50 to 10:30 PM M

Mountain Time: 10:30 to 11:30 PM

Fridays: Virtual Meeting

Same time and Zoom ID



SPEAKER MEETING

Virtual Only

Every third Monday of the month

Bilingual Meeting with Spanish to English and
English to Spanish translation

Zoom ID: 835 5592 2611 (no password)

At the same time

MORE INFORMATION

In English: East side Intergroup Office

Phone: 425 454.9192

In Spanish: Fermin D,

Phone: 425 518 1383

Email: Regla62@hotmail.com

DIST54CPC@AREA72AA.ORG
DIST29CPC@AREA72AA.ORG

FIRST RESPONDER CAMPAIGN

LAST MONDAY OF THE MONTH 6:30P



Our New Podcast:
Grapevine Weekly Open AA Meeting

Each week AA Grapevine holds an open virtual AA meeting with a host and two speakers. We record the meeting to create this podcast.



To join the meeting live on Wednesdays at Noon Eastern, use Zoom code 871 2036 8287 with password 238047.

The podcast is available on your favorite podcast platforms. A new episode drops every Friday. Enjoy!

PACIFIC REGION SERVICE NERDS

LITERATURE STUDY: LANGUAGE OF THE HEART

Thursdays 2026 - weekly

6PM PT/7PM MT/ 8PM CT/ 9PM ET

*Last Thursday of the month will be a
service speaker meeting*

Zoom ID: 878 7493 8831

PW: Nerds

email: servicenerds62@gmail.com





District 35 Business Meeting

Every 3rd Wednesday of the month, 7pm - 8:30pm

Pine Lake Covenant Church, Room B103

1715 228th Ave SE, Sammamish, WA 98075



District 35 Statement of Purpose

We serve to ensure all groups in our district feel informed, supported, heard, and loved within and throughout the A.A. service structure.

We do this through:

- Our group General Service Representatives (GSRs), the lifeline between our groups and the district.
- Our Service Committees, who carry the message to Alcoholics still suffering both outside and inside the rooms of A.A.
- Open and transparent monthly district meetings, held the 3rd Wednesday of each month at 7:30pm, at Pine Lake Covenant Church.
- Workshops and informative presentations (e.g., Delegate Report Out, Assembly Highlights given by GSRs), and Fellowship events, such as the yearly Gratitude Dinner.

We are trusted servants to our groups, directly responsible to those we serve. We do not govern.

We give back that which was so freely given to us.

Questions? Contact Us:

Cheyenne (D35 DCM)
dcm35@area72aa.org
(206) 854-2310

Tatiana (D35 Alt DCM)
altdcm35@area72aa.org

AREA 72

CPC IN ACTION **INTERACTIVE** **2026 WORK SHOPS**

Free Coloring Book!



D18 & D35 JUN 06

Eastside Fire & Rescue
10:00a to 2:00p
175 Newport Way,

ISSAQUAH

D3 & D12 JUN 20

18th & Baker
2:00p to 6:00p
1731 Baker Ave,

EVERETT

D7 JUL 19

Details Soon

VANCOUVER

D55 AUG 08

Sequim Valley
Foursquare Church
10:00a to 2:00p
9090 Old Olympic Hwy

SEQUIM

D31 SEP 12

Grace Lutheran
12:30p to 4:30p
22975 24th Ave S

DES MOINES

D57, D58 & D1 OCT 24

Details Soon

**EN ESPANOL
SEATTLE**

D25 Q4

Details Soon

ONLINE ONLY***

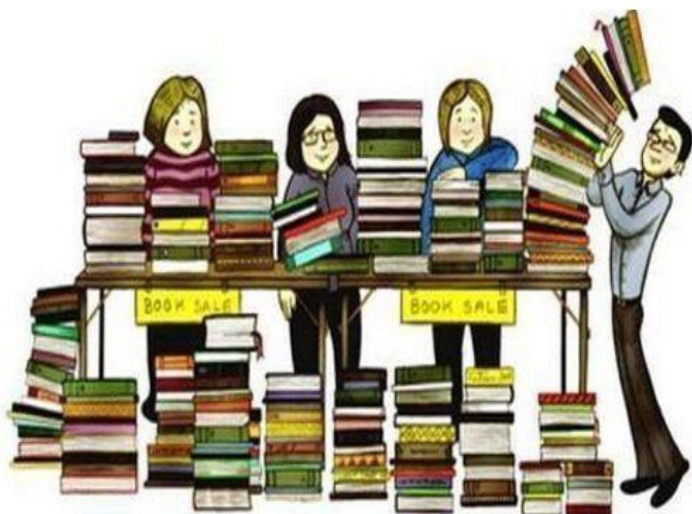
FIND ONE NEAR YOU!

What is CPC?

Find out at this interactive workshop that teaches A.A. members how to cooperate with professionals, protect our Traditions, and help carry the message in practical, accessible ways.

Workshops are in-person only***

Area 72 Archives Repository



3905 Steilacoom Blvd. SW
Lakewood, WA 98499

Contact: Maryland N.,
Area 72 Archivist
253-365-8072
archivist@area72aa.org

Every Month
3rd Sundays
12-2pm



Archives Work Party

**Help preserve
Western
Washington Area
72 History!**



ONE NIGHT CAN CHANGE A LIFE.

*30 Years of
Carrying the Message*

LIVE AT PINE LAKE SPEAKER MEETING

For more than 30 years, Live at Pine Lake has welcomed inspiring AA speakers from across North America, carrying a message of hope, recovery, and fellowship to thousands throughout the Eastside.

Every month, someone walks through our doors needing exactly what they hear that night.



WE'RE ASKING FOR YOUR HELP.

For 30 years, someone has been there every month to carry the message.

Today, we need our community to help carry this meeting.

Attendance and Seventh Tradition donations have declined to the point that without additional support, Live at Pine Lake may no longer be able to continue.

If nothing changes, this meeting could close its doors after more than three decades of carrying the message.

We don't want that to happen. Not because of the meeting itself—but because someone you haven't met yet may walk through those doors next month looking for hope.

If this meeting has ever inspired you...



If you've ever laughed with friends after the meeting...



If you've ever heard a speaker who changed your perspective...



If you've ever brought a newcomer...



If you've ever left feeling more hopeful than when you arrived...

Now is the time to help ensure this meeting is here for the next person who needs it.



*30 years of hope.
One night at a time.*

THREE WAYS YOU CAN HELP



COME TO THE MEETING

Your presence keeps the meeting alive.



BRING ONE FRIEND

You never know who might be waiting for this message.



MAKE A SEVENTH TRADITION DONATION

Your contribution helps us continue bringing outstanding speakers to the Eastside.

EVERY SEAT MATTERS.
EVERY DOLLAR HELPS.
EVERY NEWCOMER MATTERS.



**SECOND SATURDAY
OF EVERY MONTH**



7:00 PM



PINE LAKE COVENANT CHURCH
1715 228th Ave SE
Sammamish, WA 98075

CAN'T ATTEND?

PLEASE CONSIDER MAKING A DONATION.

Scan the QR code to give using Venmo.
Thank you for helping keep the message alive.



venmo

@LiveAtPineLake
SpeakerMeeting

Thank you for your continued support!

30 YEARS OF CARRYING THE MESSAGE.
Help us make sure there is a 31st.



SERVICE OPPORTUNITIES



Service is the Key to Recovery-
We Keep What We Have By Giving It Away!

ESIG

- Board Member Positions (Jan 2026)
- Grapevine/Literature Chair
- PI / CPC Chair
- Treatment/Hospitals Chair
- YPAA Chair
- Events Committee Members
- ESIG Group Liaisons

DISTRICT 34

- Grapevine/Literature Chair
- Public Information Chair
- Group GSRs / Group Intergroup Reps

DISTRICT 35

- Archives Committee Chair
- Public Information Chair
- Treatment Committee Chair
- Web Tech Chair
- Young Peoples Committee Chair
- Group GSRs / Group Intergroup Reps

DISTRICT 36

- Alt DCM
- Accessibility Chair
- Archives Chair
- Bridging the Gap/Treatment Chair
- CPC/PI Chair
- Young Peoples' Chair
- Group GSRs / Group Intergroup Reps

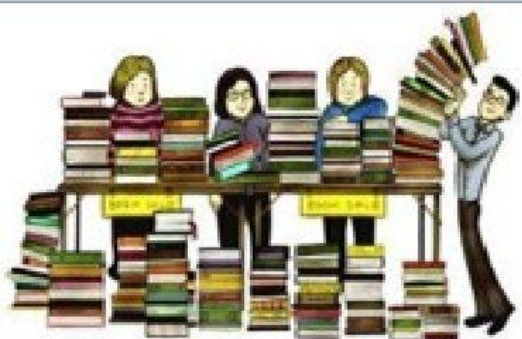
DISTRICT 38

- Accessibility Chair
- Corrections Chair
- Grapevine/Literature Chair
- Group GSRs / Group Intergroup Reps

DISTRICT 39

- Registrar
- Corrections Chair
- CPC Chair
- Grapevine / Literature Chair
- Newsletter
- PI Chair
- 3rd Legacy Chair
- Group GSRs / Group Intergroup Reps

Repository Work Party Schedule Sep25-Dec26

Year	Mon	Date	Day	Work Party	Future events may influence archive activities.
2025	Aug	8/17/2025	Sun	12-3	Prep D/31 8/24 Zoom, 9/6 Rep 2-5, D31 Archives & Sponsorship Workshop 9/20/25
2025	Sep	9/21/2025	Sun	12-3	Area Check in 9/21 & Assembly 10/3-5/25
2025	Oct	10/19/2025	Sun	12-3	Appt'd Check in & Regional Archives Workshop 10/25/25 & Arch Qtly 11/1 Edmonds
2025	Nov	11/1/2025	Sun	12-3	Appt'd Check in
2025	Dec	12/21/2025	Sun	12-3	Area Check in & ACM Qtrly 1/2-3/26
2026	Jan	1/18/2026	Sun	12-3	Appt'd Check in & Arch Qtly 2/7
2026	Feb	2/15/2026	Sun	12-3	Appt'd Check in & BOT2026 Tacoma & PRAASA Hawaii - 2/27-3/2 (2/25-3/2-Mary)
2026	Mar	3/15/2026	Sun	12-3	Area Check in & ACM Qtrly 4/10-12/26 & 85th WA AA & IAAMC SeaTac 4/10-12/26
2026	Apr	4/19/2026	Sun	12-3	Appt'd Check in & Arch Qtly 5/2
2026	May	5/17/2026	Sun	12-3	Appt'd Check in, 6/21 & CapJam Lacey & Founders Day Akron, 6/10-14/26
2026	Jun	6/21/2026	Sun	12-3	Area Check in & ACM Qtrly 7/10-11/26 & PNC 6/26-28/26 Vancouver
2026	Jul	7/19/2026	Sun	12-3	Appt'd Check in & Step Ashore 8/6-9/26 & La Vina 30th 7/24-26/26
2026	Aug	8/16/2026	Sun	12-3	Arch Qtly 8/1/26 & NAAAW 2026 9/10-13/26 Tacoma
2026	Sep	9/20/2026	Sun	12-3	Area Check in & Assembly 10/2-4/26
2026	Oct	10/18/2026	Sun	12-3	Appt'd Check in & Arch Qtly 11/7
2026	Nov	11/15/2026	Sun	12-3	Appt'd Check in
2026	Dec	12/20/2026	Sun	12-3	Appt'd Check in & ASC Rotation Potluck
					

Area 72
Archives

STEPS IN TIME

TALENT SHOW

"Dress Rehearsals"

SEPTEMBER
5TH & 19TH
— 1PM-3PM —

GREATER SEATTLE
INTERGROUP

5507 6TH AVE S.
SEATTLE, WA 98108
(206) 587-2833

TALENT SHOW

QUIET
ON STAGE

ACT ORDER

1. SINGER
2. DANCER
3. MAGIC
4. COMEDY
5. BAND
6. FINALE

ACT ORDER

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

PROP CASE

Every step brings you closer to your moment!

SATURDAY NIGHT LIVE
SPEAKER MEETING
BBQ / POTLUCK
BRING A FAVORITE SIDE DISH TO SHARE

SATURDAY SEPTEMBER 5TH 2026
DOORS OPEN @ 5:30 SPEAKERS @ 7:00



2 GUEST SPEAKERS

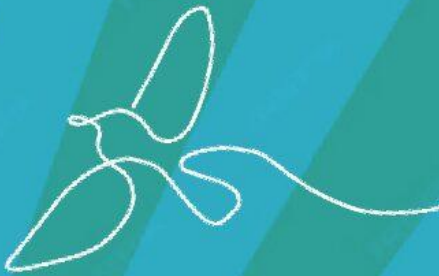
WHERE: HOPE HALL
8305 MEADOWBROOK WAY SE
SNOQUALMIE, WA 98065





AA/AL-ANON

Northwest **FELLOWSHIP** ***of the SPIRIT***



SAVE THE DATE!

SEPT 10th-13th

Festhalle Civic Center, Leavenworth, WA

BANQUET, BBQ, DANCING, GAMES and FUN!

SPEAKERS: Kurt Z, CA | Matthew M, CA | Tom B, CO
Damon C, WA | Louise H, WA



***An experience
you must not miss!***

Registration now open!
nwfots.square.site



The 28th
National AA Archives Workshop
September 10th - 13th, 2026

"Archiving our past to safeguard our future."



Tacoma, Washington - Area 72
Washington State History Museum
1911 Pacific Ave, Tacoma, WA 98402

Join us for a weekend of hands-on workshops, archives presentations, and speakers. Visit the Area 72 Repository. Hospitality room with coffee and snacks.

*For local hotel information and to register online
visit area72aa.org/NAAAW2026*



REGISTRATION

Name: _____
Name on Badge: _____
Email: _____
Address: _____
Phone: _____ Area: _____
Service Position: _____
Special Requests: _____

Registration	\$70	_____
Dessert (Fri)	\$20	_____
Banquet (Sat)	\$65	_____
Repository Visit & Museum (Thur)	\$28	_____
Total Enclosed		_____

Please make checks out to "NAAAW 2026" at PO Box 8105, Tacoma, WA 98198

For more information contact Michaela N.
naaaw2026chair@gmail.com

*This event will be interpreted for Keynote speakers on Thursday, Friday,
and Saturday nights.*



LIVE AT PINE LAKE

SPEAKER MEETING

SATURDAY, SEPTEMBER 12, 2026

7:00 - 8:30 PM

FEATURING

THERESA T.

FROM TUCSON, ARIZONA

PINE LAKE COVENANT CHURCH

1715 228th Ave SE, Sammamish, WA 98075

**Bring a friend and join us for fellowship, hope,
and a message of recovery.**



ALCOHOLICS ANONYMOUS

LIVE CAST ON ZOOM

ID: 977 787 8779

Password: 1212

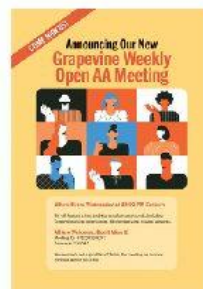
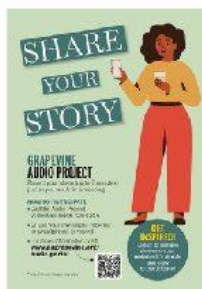
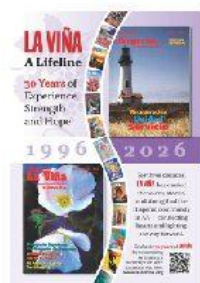


SUPPORT THE MEETING

Scan with Venmo

HOPE • FELLOWSHIP • RECOVERY

Speakers subject to change



Area 72 Grapevine, La Viña, and Literature Quarterly

Sept 12, 2026, 10 am - 2 pm *Pacific Time*

Hosted by District 27

This meeting will be held in-person and hybrid

~~~~~

Family Faith Christian Center, 3820 Ocean Beach Hwy, Longview WA

or, Join us virtually, Meeting ID: 873 2199 0075 Passcode: 620280

<https://area72aa-org.zoom.us/j/87321990075?pwd=SUxzVG42QWRDQytjU0lyR0dmbm96dz09>

Light potluck encouraged at noon

Come join us in person for fellowship starting at 9:30 am

The business meeting will run from 10:00 am to approx 12 noon, and then

Quarterly and workshop ends at 2:00 p.m.

NO PODEMOS proporcionar interpretación para este informe trimestral.

We are NOT ABLE to provide interpretation for this Quarterly.

We look forward to seeing you



## **District 36 Corrections Service Workshop**

**Saturday Sept. 12, 12:00pm-1:30pm**

**Where: The Hall in Duvall (Roney  
River Ranch)**

**16661 W Snoqualmie River Rd. NE  
Duvall, WA**

**Have you ever been curious about  
getting involved in carrying the  
message to alcoholics in correctional  
facilities?**

**Join to learn what meetings are like,  
service opportunities other than  
meetings, and more.**

**Questions? Contact  
[corrections@snovalleyaa.org](mailto:corrections@snovalleyaa.org)**

DISTRICT 35

# SPONSORSHIP

— *Free Workshop* —



**Saturday, September 19<sup>th</sup>  
10:00 A.M. to 12:00 P.M.**



***“Practical experience shows  
that nothing will so much  
insure immunity from  
drinking as intensive work  
with other alcoholics. It works  
when other activities fail.”***

*— Alcoholics Anonymous,  
Big Book, p. 89*

**Eastside Fire & Rescue Station 73  
(Firehouse in Issaquah Highlands)  
1280 NE Park Drive  
Issaquah, WA 98027**

# NOT GLUM LOT

## RETREAT

An exploration of the AA principles

*“Life will take on new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, To have a host of friends --- this is an experience you must not miss! P. 89 Big Book*



Seabeck Front Porch

“A.A.’s Twelve Steps are a group of principles, spiritual in their nature, which, if practiced as a way of life, can expel the obsession to drink and enable the sufferer

to become happily and usefully whole. (Foreword - 12x12) Join us as we delve into the principles for a weekend of fellowship, fun, and principles!

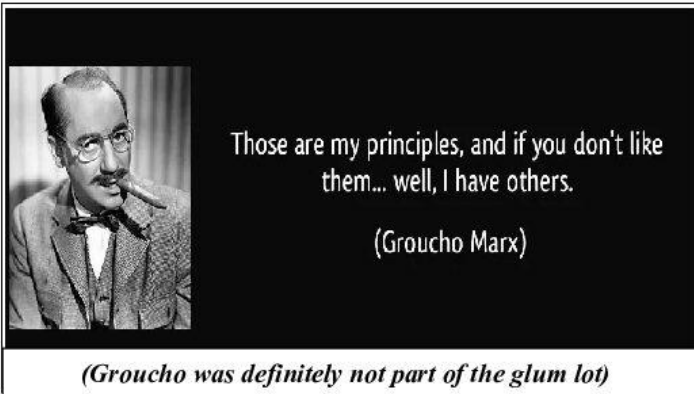
***We are not a glum lot!***

### **Third Annual AA Men’s Retreat**

**“Not A Glum Lot”: An Exploration of the AA Principles**

*How do YOU practice these principles?*

Date: September 25 – 27, 2026



\$375 – Double Occupancy \*\*

Time: Friday 4 PM – Sunday 11 AM

Location: Seabeck Conference Center on the Hood Canal

Hosts: John F. - Dante T. - Barry M. - Doug H. –

Randy N. - Pat H. - Greg S. / Paul Br. / Mike W.

**Contact the registrar John Fahey: [faheyjohn@me.com](mailto:faheyjohn@me.com) or  
(425) 681-3496 for more info and to register!**

**\*\* Limited single occupancy available for a higher rate upon request. \$475**

# Area Newsletter Sharing Session

Is the all digital format meeting your needs as members, as groups and/or districts? Why or why not?

Do you or your group have suggestions about how the newsletter can better serve as a source of staying informed about Area 72 business?

Or, if you and your group are satisfied with the new format, then come and share that information too.

***The Newsletter Committee needs to hear our feedback.***

Come and share your gratitude, issues, concerns and questions about our digital Area 72 Newsletter.

**SPONSORED BY DISTRICT 18 AND 34**

SPANISH  
INTERPRETATION  
PROVIDED

WHEN: SEPTEMBER 26<sup>TH</sup> 2PM-4PM  
WHERE: SEATTLE INTERGROUP  
5507 6<sup>TH</sup> AVE S. SEATTLE, WA 98108  
ZOOM ID: 815 9676 4242  
passcode: 428340

7<sup>TH</sup>  
TRADITION  
WILL BE  
OBSERVED

7<sup>th</sup> tradition will be observed.  
Any questions email Lara at [DCM18@area72aa.org](mailto:DCM18@area72aa.org) or  
Angel at [DCM34@area72aa.org](mailto:DCM34@area72aa.org)

AREA 72

# TREATMENT ROUNDTABLE

We will work on BTG  
We will develop a spreadsheet  
Set up a TC appointment

SUNDAY | SEPT |  
**27** | 2026

12:00 -1:30pm

Zoom Event MeetingID:  
812 5591 9512 No Password

For more information  
[www.treatment@area72aa.org](mailto:www.treatment@area72aa.org)



SEATTLE MARINERS PRESENT

# RECOVERY DAY



Seattle Mariners vs. Los Angeles Angels

SUNDAY, SEPTEMBER 27 • 12:10 PM

## WHAT'S INCLUDED

### SPECIALLY PRICED TICKET

View Level seating at an exclusive group rate

### RECOVERY DAY T-SHIRT

Exclusive Mariners-themed Recovery Day tee (pickup at Section 306 before end of 3rd inning)

### \$3 DONATION

Every ticket includes a \$3 donation to the Washington Recovery Alliance

## + RECOVERY RESOURCE FAIR +

Join us between Sections 306–310 for resources, community, and connection

**Buy Your Ticket at Eastside Intergroup!**  
**Purchase via QR code, in the office or over the phone.**



♥ WASHINGTON RECOVERY ALLIANCE ♥

*"Together in Recovery. Together in Baseball."*

+ + +



## 2026 Area 72 Assembly

October 2-4, 2026

Little Creek Casino Resort, 91 Washington Hwy 108, Shelton WA 98584

THE ANNUAL BUSINESS MEETING FOR WWA72

*This is a Hybrid Event*

**Hosted by District 8**

<https://area72aa.org/2026-area-assembly>

**MAIL-IN REGISTRATION MUST BE POSTMARKED BY 9/15/2026**

*(No meal refunds after September 15, 2026)*

Full Name: \_\_\_\_\_

Badge Name: \_\_\_\_\_

Home Group: \_\_\_\_\_

District #: \_\_\_\_\_

City: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

*I am a/an:*

- ☐ GSR
- ☐ Alternate GSR
- ☐ DCM
- ☐ Alternate DCM
- ☐ Past Delegate
- ☐ Volunteer
- ☐ Other AA Member

Accessibility requests need to be made no later than 9/1/2026:

\_\_\_\_\_  
\_\_\_\_\_

### Registration

*Select One:*

- ☐ In-Person \$50
- ☐ Online (Email address is required) \$33
- ☐ Both (Email address is required) \$50

\*Registration pays for rent and expenses; however, per Motion #0.2, payment of the registration fee is voluntary.

### MEALS

Friday Dessert Social \$18

Saturday Boxed Lunch \$43

*Select One:*

- ☐ Ham/Swiss
- ☐ Turkey/Provolone
- ☐ Roast Beef/Cheddar
- ☐ Veggie Wrap (Vegan, Gluten Free)

Saturday Dinner \$53

*Select One:*

- ☐ Thinsliced Roasted Vegetable Lasagna (Vegan, Gluten Free)
- ☐ Penne Pasta Bolognese (Dairy Free)
- ☐ Baked Chicken (Gluten Free) (Dairy Free)

Sunday Breakfast Buffet \$33

*Select One:*

- ☐ Puget Sound Sunrise Breakfast
- ☐ Puget Sound Vegan breakfast

TOTAL ENCLOSED: \$ \_\_\_\_\_

Total for In-Person or Both registration  
and all meals is: **\$197**

Coffee will be available, onsite, for purchase.

**Make check payable to: 2026 Area Assembly**

Must be postmarked by Sep 15th

**Register online starting April 12th, 2026 at:**

<https://area72aa.org/2026-area-assembly> or mail this

completed page to:

**2026 Area Assembly, c/o District 8**

**344 Cleveland Ave Se Suite K, Tumwater WA 98501**



# Spaghetti Dinner



## DISTRICT 18 FUNDRAISER

**SATURDAY,  
OCTOBER 10**

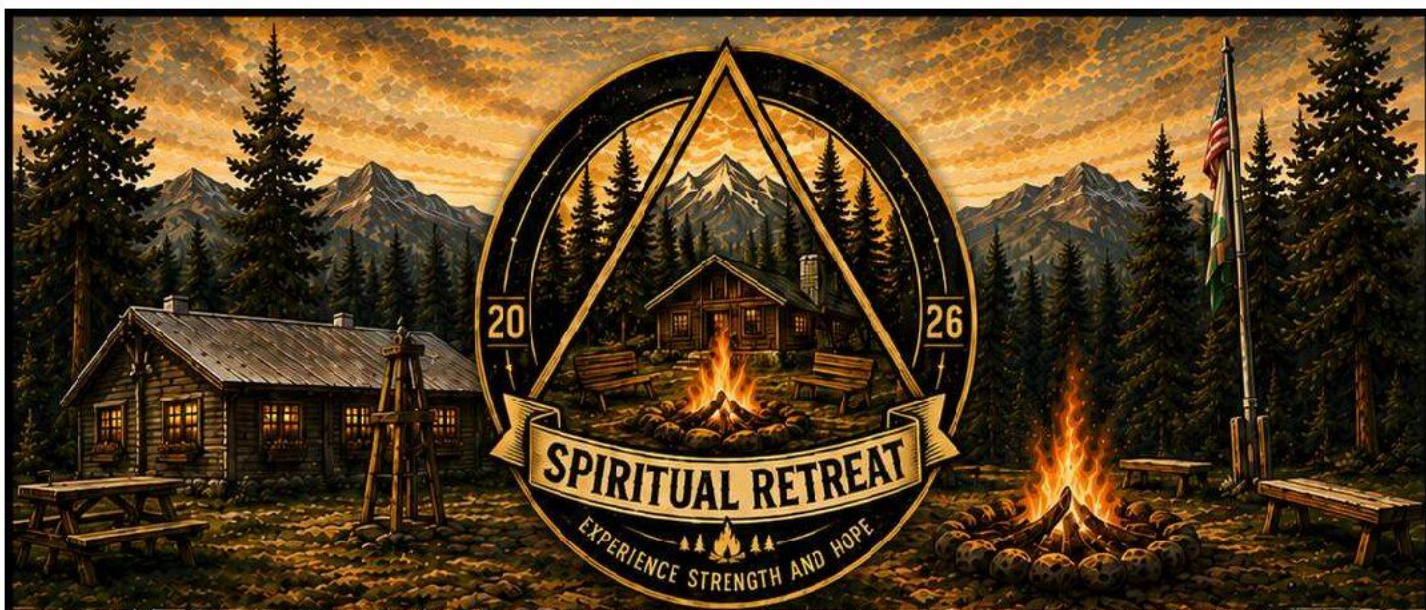
**ST ELIZABETH'S EPISCOPAL  
CHURCH  
1005 SW 152<sup>ND</sup> ST  
BURIEN, 98166**

**Dinner: 5:30pm-6:30 pm  
Speakers: 6:30  
AA: TBA  
AL Anon : TBA**

**Suggested donation:  
\$10**

*Please bring a  
dessert to share.*





# SPIRITUAL RETREAT

## FOR MEN IN AA

CLOSED MEETINGS & STEP STUDIES • STEPS: 1, 2 & 3

Enjoy an energizing weekend in spiritual communion at a peaceful, isolated, rustic retreat center located at the beautiful Millersylvania Retreat Center in Olympia. Listen to speakers, engage in concentrated step studies, participate in discussion meetings and enjoy conversation and fellowship all free of outside distractions. A time for spiritual growth, reflection, meeting new friends, and renewing friendships.



### WHEN:

**Starts –**  
Friday, November 13<sup>th</sup> 2026  
at 5:00 PM

**Ends –**  
Sunday, November 15<sup>th</sup> 2026  
at noon



### WHERE:

**Millersylvania  
Retreat Center**  
12245 Tilley Rd SW  
Olympia, WA 98512

(see web site for more  
info about venue)



### REGISTRATION:

\$100.00 by  
October 15<sup>th</sup>

Registration includes  
6 meals, lodging & snacks.

### REGISTER HERE



Password:  
**Fourth Dimension**



### PLEASE BRING:

Your own bedding,  
toiletries &  
Big Book.



A limited number of half scholarships are  
available if requested before October 15<sup>th</sup>.  
Scholarships will only be rewarded to those  
attending the entire retreat.



We encourage any AA groups to provide  
scholarships for their own members or to  
donate to the retreat for those in need.



If you are interested in a scholarship  
or wish to donate please call:

**360.338.8093**



For information or more flyers,  
please email Josh R. at:  
[joshuamartin.russert@gmail.com](mailto:joshuamartin.russert@gmail.com)



→ **EXPERIENCE  
STRENGTH AND HOPE** ←

**REGISTER NOW!**

# **BAKERSTOCK.ORG**

## **SPEAKERS:**

**JEFFREY B.**, Maple Ridge, BC    **MARTY J.**, Richmond, BC

**MATT F.**, Othello, WA    **MISOON W.**, Naples, FL

**PATRICK S.**, Portland, OR

**SARAH I.**, Philadelphia, PA    + **Mystery Speaker**

**Al Anon: CHERE F.**, Moses Lake, WA

**SILVER REEF CASINO RESORT** sleeping room **RESERVATIONS: 360.383.0777**

*Mention booking code: BKG 1325 to secure our \$120. room rate.*

**FOOD, FUN & FELLOWSHIP,**

**JOIN US FOR AN INFUSION OF HAPPY RECOVERY!**

# **BAKERSTOCK**

**OCTOBER 16-18, 2026**

**BOOST YOUR RECOVERY! ENJOY LISTENING TO SOME OF AA'S MOST  
TALENTED COMMUNICATORS FROM AROUND THE US & B.C. SHARE  
THEIR EXPERIENCE, STRENGTH & HOPE THROUGH THE LENS OF OUR  
12 STEPS!**

**DETAILS: [WWW.BAKERSTOCK.ORG](http://WWW.BAKERSTOCK.ORG)**

# STEPS IN TIME

Grace Lutheran Church

GREATER SEATTLE INTERGROUP PRESENTS  
"STEPS IN TIME"  
CELEBRATING 80 YEARS OF AA  
OCTOBER 24TH, 2026 1PM - 7PM  
TICKETS ON SALE FOR \$20



1950'S THEMED PARTY AT GRACE LUTHERAN CHURCH  
22975 24TH AVE S. DES MOINES, WA 98198



# District 34 Sponsorship Workshop

**Sunday October 25th.  
2:00 pm - 5:00 pm**

**Hybrid workshop: In-person and via Zoom**



**Alano Club of the Eastside (Annex)**

12302 NE 8th St, Bellevue, WA 98005



**Zoom Meeting ID: 347 206 1035**

**Zoom Passcode: 1234**

**7th Tradition will be observed.  
Please bring a snack to share.**

## **Topics:**

- What is Sponsorship?
  - Sponsors will be sharing their experience, strength and hope
  - Q & A
- 

To make a District 34  
Contribution, please scan

District 34 Contribution



D-9

# SPOOKTACULARY SOBER

"ALIVE & FREE"

COSTUMES WELCOMED (OPTIONAL)

10/31/26



FELLOWSHIP

5:00 PM



DINNER

6:00 PM

SOBRIETY  
COUNTDOWN



Celebrate the gift  
of sobriety—  
one day at a time!

SPEAKER  
MARK S.



\$15  
PER PERSON



DESSERT  
POTLUCK



50-50  
RAFFLE



BASKET  
RAFFLE

— ★ EVERY TICKET SUPPORTS D-9 SERVICE WORK! ★ —

AT:  
UNIVERSITY PLACE  
PRESBYTERIAN CHURCH

8101 27th St West,  
University Place, WA 98466

GOOD FOOD • GREAT FELLOWSHIP • SOBER & FREE

# OCEAN SHORES JAMBOREE 2026

SUPPORTING  
12-STEP  
RECOVERY  
COMMUNITIES



## 50/50

DRAWING

## Silent

AUCTION

## Comedy

COMEDIAN

SHOW

JEREMIAH COUGHLAN

Scan QR Code  
To Sign UP!



### SCHEDULE

11.13 AA, ALANON,  
LGBTQ, ACA

11.14 ALANON, ACA,  
AA, DINNER, COMEDY  
SHOW

11.15 BREAKFAST,  
COUNTDOWN,  
DRAWING

### DATE AND PLACE:

**NOV. 13, 14, & 15  
2026**

LOCATION: 120 W CHANCE A LA MER NW  
OCEAN SHORES, WA 98569  
(OCEAN SHORES CONVENTION CENTER)

Come Join fellow 12 Step Recoveries! Attend  
Workshops and Meetings for Alcoholics  
Anonymous, Al-Anon, Adult Children of  
Alcoholics & Dysfunctional Families, &  
LGBTQ members.

Questions? Email: [oceanshoresjamboree@gmail.com](mailto:oceanshoresjamboree@gmail.com)

PLEASE JOIN US FOR

DISTRICT 34

# Gratitude Dinner

November 21, 2026

\$10

Doors open at 5:30pm



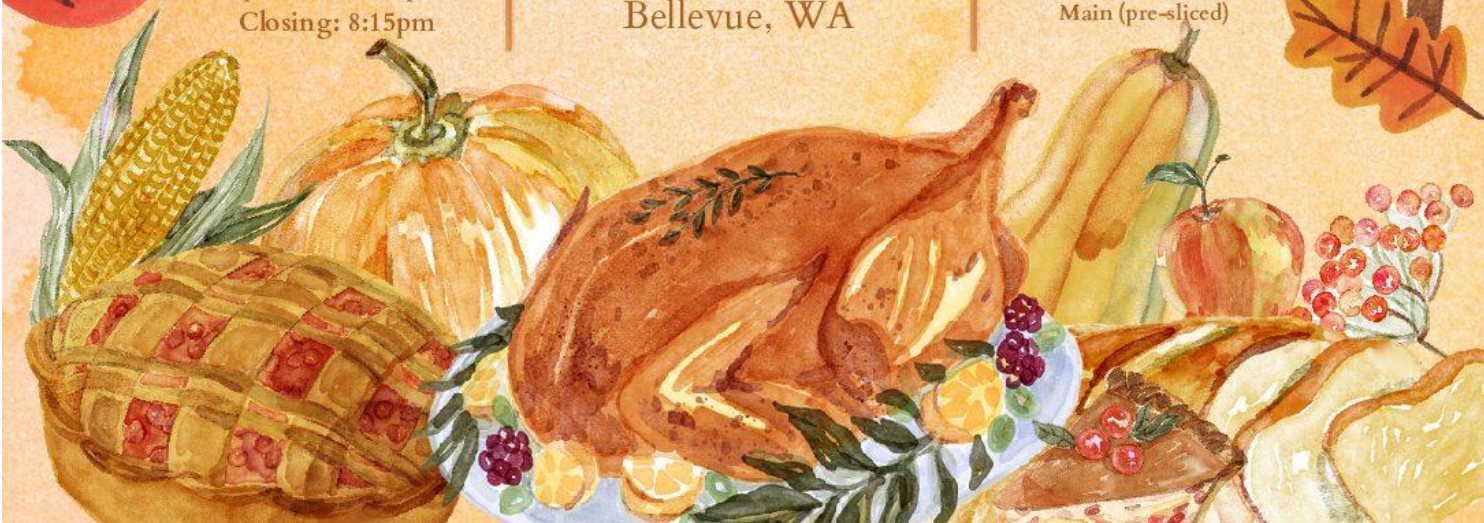
Dinner: 6pm  
Meeting Begins: 6:45pm  
Speaker 1: 7pm  
Sob Countdown: 7:30pm  
Speaker 2: 7:45pm  
Closing: 8:15pm



**Bellevue Community  
Center**  
4063 148<sup>th</sup> Ave NE  
Bellevue, WA



Potluck Contributions -  
Last Names:  
A-L: Salad/Side Dish  
M-Z: Dessert  
Groups: Ham / Turkey / Veggie  
Main (pre-sliced)



# CPC

## @The Repository

### Nov 21, 2026

Discover the World of connection, history, and purpose through CPC and Archives in A.A.

10A - 2P (open 9:30)

## A72 Quarterly

w/ Archivist Maryland

833 4771 9488

PW: Service

3905 Steilacoom Blvd  
SW Lakewood, WA

Finger Food Potluck

[cpc@area72aa.org](mailto:cpc@area72aa.org)



# PRAASA 2027

*Pacific Region Alcoholics Anonymous Service Assembly*

**Friday, March 5th – Sunday, March 7th, 2027**

**The Westin Seattle**  
1900 5th Avenue  
Seattle, WA 98101

Room Rate: \$189 per night *(plus tax)*  
Estimated Registration Cost:  
In Person: \$75    Online: \$25

**Hybrid Event!**

*Come in person or online*

**Friday:** Dinner

**Saturday:** Lunch, Banquet Dinner,  
Ice Cream Social

*Grab & Go options available*



Arriving via plane? SEA (Seattle-Tacoma International Airport)

Take the Link Light Rail all the way to the venue!

Contact: [praasa2027@area72aa.org](mailto:praasa2027@area72aa.org)

Hosted in Western Washington Area 72



## ESIG 2026 Group Contributions

| Group                          | Jan 25   | Feb 25   | Mar 25   | Apr 25   | May 25   | Jun 25   | Jul 25   | Aug 25   | TOTAL      |
|--------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|------------|
| 12 & 12 Fellowship Hall        |          |          |          |          |          |          |          | \$50.00  | \$50.00    |
| 59 Minutes At Pine Lake        |          |          |          |          |          |          |          |          | \$0.00     |
| 60 Minutes In Preston          |          |          |          |          |          |          |          |          | \$0.00     |
| A Way Up                       |          |          |          |          |          |          |          |          | \$0.00     |
| A Womans Way                   |          |          |          |          |          |          |          |          | \$0.00     |
| AA Team                        |          |          |          |          |          |          |          | \$50.00  |            |
| Agnostics in Progress          |          |          |          |          |          |          |          |          | \$0.00     |
| Anchor Group                   | \$150.00 |          | \$150.00 |          | \$150.00 |          | \$150.00 |          | \$600.00   |
| Anonymous                      | \$107.74 | \$413.74 | \$97.64  | \$137.34 | \$15.73  | \$233.74 | \$279.43 | \$502.74 | \$1,788.10 |
| Any Lengths Group              |          | \$125.00 |          |          |          |          |          |          | \$125.00   |
| Bel-Kirk Saturday Breakfast    |          |          |          |          |          |          |          |          | \$0.00     |
| Bel East Lunch Group           | \$284.00 |          |          |          |          |          | \$200.00 |          | \$484.00   |
| Bellevue Group                 |          |          |          |          |          |          |          |          | \$0.00     |
| Bellevue Men's Meeting         |          |          |          |          |          |          |          |          | \$0.00     |
| Bellevue New Group             |          |          |          | \$400.00 | \$200.00 |          |          |          | \$600.00   |
| Benevity Fund Donation         |          |          | \$900.00 |          |          |          |          | \$60.00  | \$960.00   |
| Better Odds Sober              |          |          |          | \$250.00 |          | \$400.00 |          |          | \$650.00   |
| Big Book Step Study            | \$100.00 |          |          | \$78.00  |          |          | \$83.00  |          | \$261.00   |
| Bills Kitchen                  |          |          |          |          |          |          |          |          | \$0.00     |
| Birthday Club                  | \$60.00  |          |          |          |          |          |          | \$375.00 | \$435.00   |
| Bring Your Own Lunch           |          |          |          | \$180.00 |          |          |          |          |            |
| Came To Believe (Carnation)    |          |          |          | \$94.02  |          |          |          | \$68.50  | \$162.52   |
| Compass City Church Grps       |          |          |          |          |          |          | \$422.00 |          |            |
| Cottage Lake Online            |          |          |          |          | \$10.00  | \$10.00  |          | \$15.00  |            |
| District 34                    |          |          |          |          |          |          |          |          | \$0.00     |
| District 38                    |          |          |          |          | \$500.00 |          |          |          |            |
| District 39                    |          |          |          | \$750.00 |          |          |          |          | \$750.00   |
| Downtown Stag                  |          |          |          |          |          |          |          |          | \$0.00     |
| Duval Big Book Study           | \$130.00 |          |          |          |          |          |          |          | \$130.00   |
| Duval Candlelight              |          |          |          | \$60.00  |          |          |          | \$60.00  | \$120.00   |
| Duval Sunday Morning Break     |          |          |          |          |          |          |          |          | \$0.00     |
| Eastside Beginners             |          | \$342.25 |          | \$332.71 |          |          | \$351.00 |          | \$1,025.96 |
| Eastside Men's Group           | \$273.00 |          |          |          |          | \$271.00 |          |          | \$544.00   |
| Eastside Open Breakfast        |          |          |          |          |          |          |          |          | \$0.00     |
| Eastside Stag                  |          |          |          |          | \$210.00 |          |          |          | \$210.00   |
| Eastside Women                 |          |          |          | \$176.00 |          |          |          | \$300.00 | \$476.00   |
| Essentials                     | \$20.00  | \$20.00  | \$20.00  |          | \$20.00  | \$20.00  | \$20.00  |          | \$120.00   |
| Fourth Dimension               |          |          |          |          |          | \$318.00 |          |          |            |
| Fresh Start                    |          |          | \$200.00 | \$150.00 | \$150.00 | \$200.00 | \$200.00 | \$200.00 | \$1,100.00 |
| Friday Night Firehouse         | \$256.74 |          |          | \$198.85 |          |          |          | \$68.75  | \$524.34   |
| Friday Night Live and Let Live |          |          | \$150.00 |          |          |          | \$110.00 |          | \$260.00   |

## ESIG 2026 Group Contributions

|                                        |            |            |            |            |            |            |            |            |            |
|----------------------------------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| Frontstream                            | \$2,380.00 |            |            |            |            |            |            |            | \$2,380.00 |
| Frontstream (Costco)                   |            |            |            |            |            |            |            |            | \$0.00     |
| Gay Men In Recovery                    |            |            |            |            |            |            |            |            | \$0.00     |
| Grace Rules                            |            |            |            |            |            |            |            |            | \$0.00     |
| Higher Powered at Gold Creek           | \$265.20   | \$195.90   | \$225.25   | \$74.58    | \$126.84   | \$189.78   | \$143.29   | \$171.00   | \$1,391.84 |
| HOW - Women NorthBend                  |            |            |            |            |            |            |            |            | \$0.00     |
| Issaquah Group                         |            |            |            |            |            | \$20.00    |            |            |            |
| Joy Of Living                          |            |            |            |            |            |            |            |            | \$0.00     |
| Keep it Simple                         |            |            |            |            |            | \$5.00     |            |            | \$5.00     |
| Kenmore Big Book                       |            | \$259.19   |            |            | \$342.51   |            |            |            | \$601.70   |
| Kindred Spirits                        |            |            |            |            |            |            |            |            | \$0.00     |
| Kirkland Attitude Modification         |            |            |            |            |            |            |            |            | \$0.00     |
| Kirkland Sobriety Headquarters         |            |            |            |            |            |            |            |            | \$0.00     |
| Ladies Step Study                      |            |            |            | \$86.04    |            |            |            | \$123.63   | \$209.67   |
| Lifeline                               |            |            |            |            |            |            |            |            | \$0.00     |
| Living Sober                           |            | \$157.00   |            | \$501.00   |            |            | \$498.00   |            | \$1,156.00 |
| Living Sober Online                    | \$92.76    | \$146.41   | \$111.01   | \$140.19   | \$92.44    | \$111.19   |            |            | \$694.00   |
| Maximum Service                        | \$197.40   |            |            |            |            |            |            |            | \$197.40   |
| Mercer Island Thursday Night           |            |            |            |            |            |            |            |            | \$0.00     |
| Millenium                              |            |            |            | \$604.67   |            |            |            |            |            |
| Moss Bay                               |            | \$650.00   |            |            |            |            |            | \$346.00   | \$996.00   |
| Nameless Bunch Of Drunks               | \$1,004.00 | \$1,000.00 | \$1,002.00 | \$1,000.00 | \$800.00   | \$800.00   | \$800.00   | \$900.00   | \$7,306.00 |
| Nameless Bunch of Drunks International | \$130.00   | \$30.00    | \$180.00   | \$120.00   |            |            | \$260.00   | \$30.00    | \$750.00   |
| Nooners                                |            |            | \$500.00   |            |            |            |            | \$800.00   | \$1,300.00 |
| No Perfect People Allowed              | \$105.00   |            |            |            |            |            | combined   |            | \$105.00   |
| North Bend Group                       |            |            |            |            |            |            |            |            | \$0.00     |
| North Creek Study Group                |            |            |            |            |            |            |            |            | \$0.00     |
| Pacific Northwesat Fellowship          |            | \$10.00    |            |            | \$125.40   |            | \$143.88   |            | \$279.28   |
| Pine Lake Stag                         | \$300.00   |            |            |            |            |            |            |            | \$300.00   |
| Practicing The Principles              |            |            |            | \$598.00   |            |            |            | \$600.00   | \$1,198.00 |
| Redmond Recovery                       |            |            |            |            |            |            |            |            | \$0.00     |
| Reflections                            |            |            | \$80.00    |            |            | \$96.00    |            |            |            |
| Regla 62 Grupo                         | \$40.00    | \$45.00    | \$45.00    | \$45.00    | \$45.00    | \$45.00    | \$45.00    |            | \$310.00   |
| Right Side of the Tracks               |            |            |            |            |            |            |            |            | \$0.00     |
| Sammamish Big Book Study               |            |            |            | \$184.00   |            |            |            |            | \$184.00   |
| Sammamish Plateau Women's Step Study   |            | \$200.00   |            |            |            |            |            |            | \$200.00   |
| Saturday Night Live                    |            |            |            |            |            | \$110.50   |            |            |            |
| Saturday Women's Share                 |            |            |            |            |            |            |            |            | \$0.00     |
| Serenity Break                         | \$1,200.00 | \$1,200.00 | \$1,200.00 | \$1,200.00 | \$1,200.00 | \$1,200.00 | \$1,200.00 | \$1,200.00 | \$9,600.00 |
| Serenity Break Online                  | \$632.05   | \$15.00    |            |            | \$250.00   |            |            | \$1,134.02 | \$2,031.07 |
| Serenity on Sunday                     |            |            |            |            | \$772.00   |            |            |            | \$772.00   |
| Seven & Sober                          | \$1,000.00 | \$550.00   | \$618.17   | \$1,000.00 | \$900.00   | \$800.00   | \$396.37   |            | \$5,264.54 |

## ESIG 2026 Group Contributions

|                                 |            |            |            |            |            |            |            |            |             |
|---------------------------------|------------|------------|------------|------------|------------|------------|------------|------------|-------------|
| Silverlake Study Group          |            |            |            |            |            |            |            |            | \$0.00      |
| Sisters of the Forest           |            | \$50.00    |            | \$25.00    | \$10.00    | \$5.00     |            | \$55.00    | \$145.00    |
| Sno-Valley Women in Recovery    | \$63.00    |            |            |            |            |            |            |            | \$63.00     |
| Sno-Valley Young Peoples        |            |            |            |            |            |            |            |            | \$0.00      |
| Snoqualmie Friday Night         |            |            |            |            |            | \$428.84   |            |            |             |
| Snoqualmie Stag                 |            |            |            |            | \$221.00   |            |            |            | \$221.00    |
| Sober At Cottage Lake           |            |            | \$20.00    |            |            |            |            |            | \$20.00     |
| Sober Camels                    |            |            |            |            |            |            |            |            | \$0.00      |
| Sober Gals                      |            |            |            |            |            |            |            |            | \$0.00      |
| Sober Rebels                    |            |            |            |            |            | \$93.00    |            |            | \$93.00     |
| Sober Seniors                   |            | \$50.00    |            |            |            |            |            |            | \$50.00     |
| Solution Sundays                |            |            |            |            |            |            | Combined   |            |             |
| Steppin Up                      |            |            |            | \$50.00    |            |            |            |            | \$50.00     |
| Stepping into Recovery          |            |            |            |            |            |            |            |            | \$0.00      |
| Steps to Freedom                |            |            |            |            | \$100.00   |            |            | \$100.00   | \$200.00    |
| Stillwater Serenity             |            |            |            | \$90.00    |            |            |            | \$60.00    | \$150.00    |
| Sunday Big Book Study           |            |            |            |            |            |            |            | \$100.00   | \$100.00    |
| Sundays Solution                |            |            |            |            |            |            |            |            | \$0.00      |
| Sunrise                         |            |            |            |            |            |            |            |            | \$0.00      |
| The AA Team                     |            |            |            |            |            |            |            |            | \$0.00      |
| The Fourth Dimension Group      | \$286.67   |            |            |            |            |            |            |            | \$286.67    |
| The Overlake Group              |            |            |            |            |            |            |            |            | \$0.00      |
| The Shack                       |            |            |            |            |            |            |            |            | \$0.00      |
| Tiger Mountain OSAT             |            | \$314.00   |            |            |            |            |            | \$200.00   | \$514.00    |
| Tiger Mountain Stag             |            |            |            |            |            |            |            | \$350.00   | \$350.00    |
| Tons of Grace                   |            |            |            |            |            |            |            | \$100.00   | \$100.00    |
| Tuesday Issaquah Big Book Study | \$250.00   |            |            |            |            |            |            |            | \$250.00    |
| Tuesday Night Solutions         |            |            | \$99.00    |            |            |            |            |            |             |
| Up The Creek                    | \$50.00    |            |            |            |            |            |            |            | \$50.00     |
| Wake Up                         |            |            |            |            |            |            |            |            | \$0.00      |
| Wicked Sobah                    |            |            |            | \$300.00   |            |            |            |            |             |
| Women In Recovery               |            |            |            | \$100.00   |            |            | \$211.00   |            | \$311.00    |
| Women of Worth                  |            |            |            | \$100.00   |            | \$30.00    |            |            |             |
| Women's Big Book Study          |            |            |            |            |            | \$219.15   |            |            | \$219.15    |
| Women's Saturday Share          |            |            |            |            |            |            |            |            | \$0.00      |
| Women's Saturday Steps          | \$353.86   |            |            | \$145.40   |            |            |            | \$140.42   | \$639.68    |
| Women's Sunlight of the Spirit  |            |            |            |            |            | \$50.00    |            |            |             |
| Woodinville Men's Meeting       |            |            |            |            |            |            | Combined   |            |             |
| Woodinville Wed. Fellowship     | \$144.25   |            |            | \$160.00   |            |            | \$143.49   |            | \$447.74    |
|                                 | \$9,875.67 | \$5,773.49 | \$5,598.07 | \$9,330.80 | \$6,240.92 | \$5,656.20 | \$5,656.46 | \$8,160.06 | \$52,867.66 |



## 12 Step Call

I want to share a great moment from last week with you all – we received a request from the Fire and Rescue in Snohomish, who were with a patient at the Evergreen ER who was requesting help to stop drinking. One of our volunteers, Ted, happened to be working with me that morning, and before I could even contact our 12<sup>th</sup> step coordinator, he offered to drive to meet this person so they could talk to someone right away. It was a great reminder of why we keep the doors open, the importance of reaching out the hand of AA, and how important volunteers are to every part of AA and the Intergroup office.

## Financial Update

Sales were up this month, driven primarily by a large Milam purchase of approximately \$9,000. The profit for Intergroup is approximately \$2,000 from this sale.

Contributions also showed growth following our recent efforts to increase awareness and support, including promotion of the Birthday Club. During the month, six members joined the Birthday Club, contributing a total of \$375. Overall contributions also increased 17% compared to August of last year.

Expenditures decreased by 18% (\$1,915) compared to the same month last year, largely due to lower payroll expenses, reduced bookkeeping costs, and decreased inventory purchasing.

As a result, net revenue for the month was \$1,877, due largely to the Milam sale and increased contributions.

## Year-to-Date

While contributions did show some improvement, we remain approximately \$9,600 behind where contributions were at this point last year. Net revenue for the year currently stands at -\$6,018 (compared with -\$2,368 at the same time last year).



## Events

We still have approximately 20 Mariners tickets available for the September 27th game. Please help spread the word and purchase your tickets soon if you plan to attend!

## Volunteer Appreciation & Opportunities

**Office Thanks:** Heartfelt gratitude to our outstanding office volunteers this month: Lisa S., Robin S., Grace, Ted, Ken, and Tim. We have recently lost several volunteers due to planned surgeries, schedules changes or new jobs, and would love to add to our tribe if you are looking for a service position!

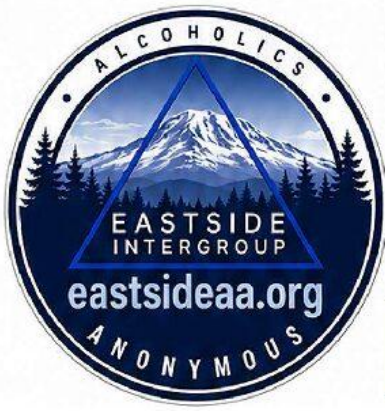
**Hotline Thanks:** A big thank you to all our fantastic hotline volunteers: Moniece, Brian, Ben, Chuck, Carmen, Sheree, Ginny, Laine, Mark J, Marisa, Marc P, Happy, Tomi, Jim, Tom, Evan, Michael, Tammy, Julie and John and to Mark, our dedicated hotline coordinator!

**Open Shifts:** The office still has several open shifts for volunteers or service positions, as well as 2 upcoming open Board member positions. If you can help fill these gaps, please contact Ali & Doug at [esig@eastsideaa.org](mailto:esig@eastsideaa.org).

## Other News

Many of you know our office volunteer, Robin. With Robin's permission, I wanted to share that her mother, Sharon Rogers, passed away on Saturday. Please keep Robin and her family in your thoughts.

*Respectfully submitted by Ali v.  
ESIG Office Manager*



# SUPPORT! EASTSIDE INTERGROUP



@Eastside-Intergroup

## HELP CARRY THE MESSAGE

Eastside Intergroup needs your support to continue helping alcoholics and AA groups throughout the Eastside community.

### YOUR CONTRIBUTIONS MAKE 12-STEP WORK POSSIBLE



MEETING  
INFORMATION



LITERATURE  
SUPPLIES



OFFICE  
SERVICES



DIRECT ASSISTANCE  
TO THOSE IN NEED

Every contribution – large or small – helps Eastside Intergroup remain available when an alcoholic reaches out.

### PLEASE CONSIDER SUPPORTING EASTSIDE INTERGROUP TODAY.

Your contribution helps AA continue carrying the message of recovery.

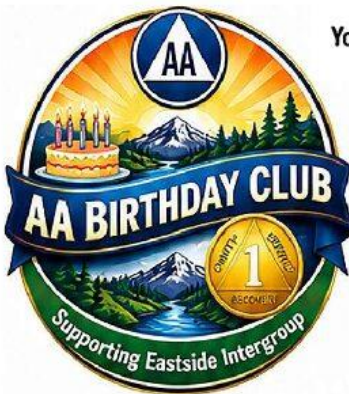
## JOIN THE BIRTHDAY CLUB

*Celebrate your AA birthday by giving back!*

Contribute **\$5** for each year of sobriety,  
or any amount you choose.

Your Birthday Club contribution supports Eastside Intergroup and helps carry the AA message.

Your name will be posted in the monthly  
Eastside Intergroup newsletter,  
unless you prefer to remain anonymous.



*Thank You!*

**FOR HELPING CARRY THE MESSAGE**

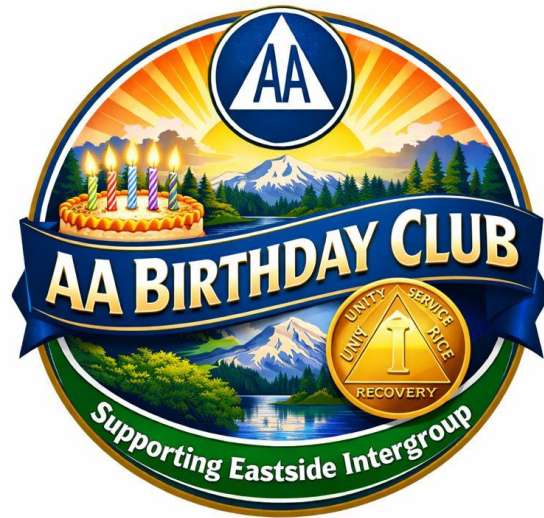
ONE ALCOHOLIC HELPING ANOTHER

**PAYPAL**





## EASTSIDE INTERGROUP BIRTHDAY CLUB



We had 6 people join our  
Birthday Club in August!

Congratulations to:

Terri P

Michael S

Lisa S

3 anonymous AA members

# Office Information

**Address:** 13401 NE Bel-Red Rd.,  
Suite B6 Bellevue, WA, 98005

**Phone:** 425-454-9192 24-Hours a  
Day

**Email:** [esig@eastsideaa.org](mailto:esig@eastsideaa.org)

**Website:** [eastsideaa.org](http://eastsideaa.org)

## Office Hours:

Mon - Fri: 9:30AM-5:00PM **Office**

**Manager:** Ali V.

Email: [ali@eastsideaa.org](mailto:ali@eastsideaa.org)

## Intergroup Representative Meeting

First Thursday of each month 7:30  
pm-8:30 pm via Zoom

<https://zoom.us/j/181768191?pwd=MG02L21hZXk1Y3N0UG1pZnllSVFKQT09>

All members welcome!

## Newsletter Contributors

Interested in sharing your experience, strength, and hope in this newsletter? Send your story to us! Contact our editor and publisher – Emily G

[newsletter@eastsideaa.org](mailto:newsletter@eastsideaa.org)

## Contribute to Eastside Intergroup



Scan the QR code to contribute



## Pink Can Donations

Anonymous, Better Odds Sober, Eastside Beginners, Eastside Women, Juanita Triangle, Kenmore Big Book, Kenmore Friday Night-ers, Kirkland Sobriety Headquarters, Ladies Step Study, Moss Bay, Seven & Sober, Sunrise Group, Women's Saturday Steps

**\$1509.85**



## Eastside Intergroup, Districts, General Service Office & Area 72 Information

### Eastside Intergroup

13401 NE Bel Red Rd. #B6  
Bellevue, WA, 98005

### Western Washington Area 72

1901 Cornwall Ave #745  
Bellingham, WA, 98225

### General Service Office (GSO)

P.O. Box 459  
Grand Central Station  
New York, NY, 10163

### District 34

Bellevue, Redmond,  
East Lake Sammamish, & Mercer  
Island  
PO Box 50081  
Bellevue, WA, 98015

### District 35

Issaquah  
P.O. Box 442  
Issaquah, WA, 98027

### District 36

Snoqualmie Valley, Duvall, North  
Bend  
P.O. Box 1963  
North Bend, WA, 98045

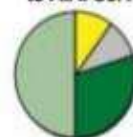
### District 38

Kirkland  
P.O. Box 322  
Kirkland, WA, 98083

### District 39

Bothell, Kenmore, Woodinville  
P.O. Box 1695  
Bothell, WA, 98041-1695

### Sample of Group Contributions to A.A. Service Entities



10% to District  
10% to Area 72  
30% to G.S.O  
50% to Intergroup