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Office Information

PASS IT ON

Eastside Intergroup Newsletter

Issue 109 August 2026

Can't stop drinking?

We get it.

In A.A. we don't tell anyone to do anything. We talk about our own drinking, the trouble we got into, and how we stopped. Whether in person or online, we're here to help.

Alcoholics Anonymous[®]

For more information visit
AA.org or download the
Meeting Guide app.



eastsideaa.org



The following are just a few one-liners from our fellowship to help us stay close to our program in addition to some commentary about the quote.

Let the external environment take care of itself.

We have no control over what happens when it comes to people, places, and things. I understand that those categories trigger us and test our Spiritual Condition. What we can control are our actions. Our rituals shape our actions. When my rituals involved drinking, hiding, and being a taker, my actions caused harm to others. Practicing daily rituals allow me to act in accordance with my Higher Power's will for me. You cannot spell SPIRITUAL without the word RITUAL.

2. If I ask for it (God's will for me) on a daily basis, I'm likely to know what it is.

Remaining humble puts us in a frame of mind to be willing to seek my Higher Power's will for me as I go through my day. I do not work this program perfectly and listening to others share in meetings help me differentiate between my behavior stemming from my ego, or my Higher Power. If I don't ask or it, I cannot expect it, and there are days where I find myself on the phone with my Sponsor struggling. He eventually asks me, "Did you ask today?"

3. The steps are here to guide us inward.

As a friend of ours likes to say at meetings, this program is an inside job. The steps aren't for other people, although I'm always happy to recommend them to anyone. The steps are designed to take us inward with a Sponsor. When we stop drinking, our body needs to heal physically. If we go to rehab, this process helps us physically recover under medical supervision in a safe environment. Alcoholics Anonymous helps us heal and grow emotionally so we can start the journey of discovering who we really are and how we can serve others. As some of you know, what we uncover can be uncomfortable and scary. Welcome whatever happens, and lean on the community to tell you their experience. This inside job is a gift and a journey. It is not recommended to be taken on your own.

I hope this helps and I'll see you at a meeting.

-Matthew T.

D34 ORAL HISTORIES PROJECT



DO YOU KNOW:

- a “long-timer” in D34 with 35+ years of sobriety?
- an AA member who started an AA group in D34?
- someone with a connection to the history of AA as a whole and its pioneers?
- an AA member of an underrepresented background whose experience, strength, and hope can carry the message to the still suffering alcoholic?

If so, please contact D34 Archives Chair Jaimie L. at dist34archives@area72aa.org for more info on becoming an interviewer and/or interviewee. Help preserve District 34’s rich AA history for generations to come!



BELLEVUE GROUP

FREE CHILDCARE!

MONDAY
7:30-8:30PM

**The Bellevue Group offers free
childcare during our meeting.
Room for up to 8 children.**

St. Thomas Episcopal Church
8398 NE 12th St Medina, WA 98039

HOPE HALL SPEAKER MEETING



2 GUEST SPEAKERS
***FIRST SATURDAY
OF EVERY MONTH
@ 7:00 PM***

STARTING MAY 2025

WHERE: HOPE HALL
8305 MEADOWBROOK WAY SE
SNOQUALMIE, WA 98065



District 38 – Kirkland

www.kirklandaa.org



Service Opportunities Await!

Want to grow in sobriety? Give back through service!

District 38 has several exciting open service positions — a chance to connect, learn, and help carry the message of A.A. beyond the meeting room.



Treatment Facilities Chair

Help bring A.A. meetings

and "Bridging the Gap" support to those leaving treatment centers. Coordinate with local districts, maintain contacts, and share Grapevine subscriptions.



Grapevine & Literature Chair

Be the link between members and A.A. materials! Keep literature displays current, bring them to workshops and assemblies, and promote Grapevine reps in groups.



Corrections Chair

Carry the message

behind the walls. Support A.A. meetings in correctional facilities and help guide committees through training and assistance.



Accessibility Chair

Make A.A. available to all

who seek it. Focus on access issues, remote communities, and language inclusivity. Participate in Area meetings.

Coming Spring 2026:

District Service Workshop

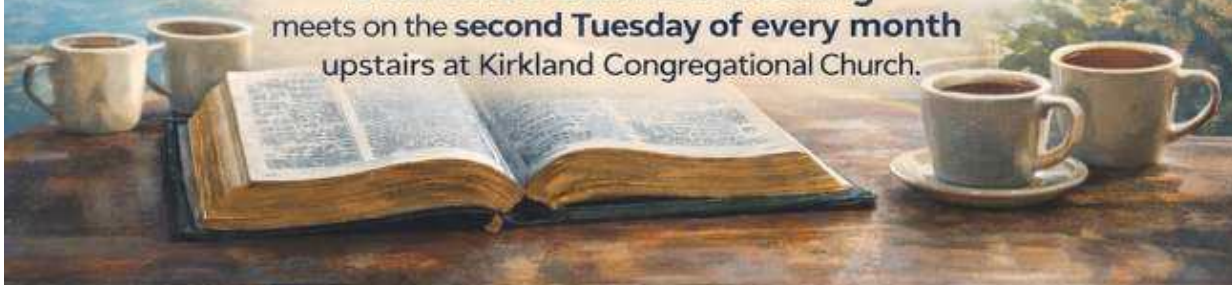
Learn how to get involved, meet trusted servants, and explore what district service is all about.

Questions?

Reach out via our website:
www.kirklandaa.org

District 38 Business Meeting

meets on the **second Tuesday of every month**
upstairs at Kirkland Congregational Church.



ALCOHOLICS ANONYMOUS GROUP

DO YOU THINK YOU HAVE A PROBLEM WITH ALCOHOL?

WE ARE HERE TO HELP

OPEN MEETINGS / EVERYONE IS WELCOME



GRUPO REGLA 62

Meetings

Mondays: Hybrid Meeting

In person: 16540 NE 00th ST, Redmond, W, A

Zoom ID: 917 6571 1060 - Password: REGLA62

Pacific Time: 7:30 to 8:30 PM

Central Time: 9:50 to 10:30 PM M

Mountain Time: 10:30 to 11:30 PM

Fridays: Virtual Meeting

Same time and Zoom ID



SPEAKER MEETING

Virtual Only

Every third Monday of the month

Bilingual Meeting with Spanish to English and
English to Spanish translation

Zoom ID: 835 5592 2611 (no password)

At the same time

MORE INFORMATION

In English: East side Intergroup Office

Phone: 425 454.9192

In Spanish: Fermin D,

Phone: 425 518 1383

Email: Regla62@hotmail.com

DIST54CPC@AREA72AA.ORG
DIST29CPC@AREA72AA.ORG

FIRST RESPONDER CAMPAIGN

LAST MONDAY OF THE MONTH 6:30P



Our New Podcast:
Grapevine Weekly Open AA Meeting

Each week AA Grapevine holds an open virtual AA meeting with a host and two speakers. We record the meeting to create this podcast.



To join the meeting live on Wednesdays at Noon Eastern, use Zoom code 871 2036 8287 with password 238047.

The podcast is available on your favorite podcast platforms. A new episode drops every Friday. Enjoy!

PACIFIC REGION SERVICE NERDS

LITERATURE STUDY: LANGUAGE OF THE HEART

Thursdays 2026 - weekly

6PM PT/7PM MT/ 8PM CT/ 9PM ET

*Last Thursday of the month will be a
service speaker meeting*

Zoom ID: 878 7493 8831

PW: Nerds

email: servicenerds62@gmail.com





District 35 Business Meeting

Every 3rd Wednesday of the month, 7pm - 8:30pm

Pine Lake Covenant Church, Room B103

1715 228th Ave SE, Sammamish, WA 98075



District 35 Statement of Purpose

We serve to ensure all groups in our district feel informed, supported, heard, and loved within and throughout the A.A. service structure.

We do this through:

- Our group General Service Representatives (GSRs), the lifeline between our groups and the district.
- Our Service Committees, who carry the message to Alcoholics still suffering both outside and inside the rooms of A.A.
- Open and transparent monthly district meetings, held the 3rd Wednesday of each month at 7:30pm, at Pine Lake Covenant Church.
- Workshops and informative presentations (e.g., Delegate Report Out, Assembly Highlights given by GSRs), and Fellowship events, such as the yearly Gratitude Dinner.

We are trusted servants to our groups, directly responsible to those we serve. We do not govern.

We give back that which was so freely given to us.

Questions? Contact Us:

Cheyenne (D35 DCM)
dcm35@area72aa.org
(206) 854-2310

Tatiana (D35 Alt DCM)
altdcm35@area72aa.org

AREA 72

CPC IN ACTION **INTERACTIVE** **2026 WORK SHOPS**

Free Coloring Book!



D18 & D35 JUN 06

Eastside Fire & Rescue
10:00a to 2:00p
175 Newport Way,

ISSAQUAH

D3 & D12 JUN 20

18th & Baker
2:00p to 6:00p
1731 Baker Ave,

EVERETT

D7 JUL 19

Details Soon

VANCOUVER

D55 AUG 08

Sequim Valley
Foursquare Church
10:00a to 2:00p
9090 Old Olympic Hwy

SEQUIM

D31 SEP 12

Grace Lutheran
12:30p to 4:30p
22975 24th Ave S

DES MOINES

D57, D58 & D1 OCT 24

Details Soon

**EN ESPANOL
SEATTLE**

D25 Q4

Details Soon

ONLINE ONLY***

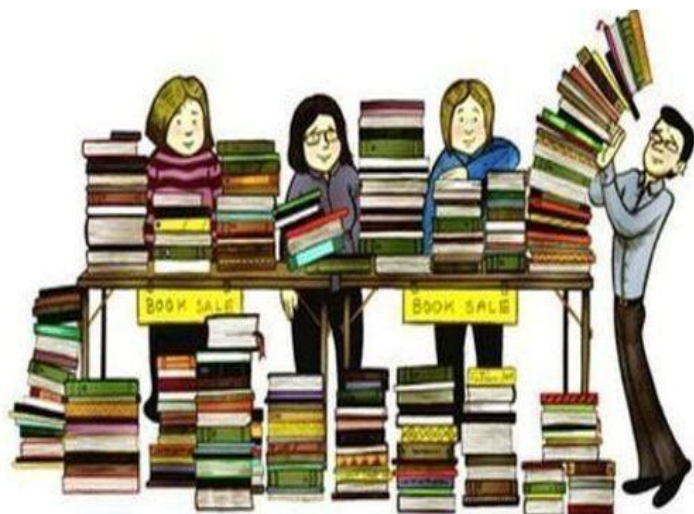
FIND ONE NEAR YOU!

What is CPC?

Find out at this interactive workshop that teaches A.A. members how to cooperate with professionals, protect our Traditions, and help carry the message in practical, accessible ways.

Workshops are in-person only***

Area 72 Archives Repository



3905 Steilacoom Blvd. SW
Lakewood, WA 98499

Contact: Maryland N.,
Area 72 Archivist
253-365-8072
archivist@area72aa.org

Every Month
3rd Sundays
12-2pm



Archives Work Party

**Help preserve
Western
Washington Area
72 History!**



ONE NIGHT CAN CHANGE A LIFE.

*30 Years of
Carrying the Message*

LIVE AT PINE LAKE SPEAKER MEETING

For more than 30 years, Live at Pine Lake has welcomed inspiring AA speakers from across North America, carrying a message of hope, recovery, and fellowship to thousands throughout the Eastside.

Every month, someone walks through our doors needing exactly what they hear that night.



WE'RE ASKING FOR YOUR HELP.

For 30 years, someone has been there every month to carry the message.

Today, we need our community to help carry this meeting.

Attendance and Seventh Tradition donations have declined to the point that without additional support, Live at Pine Lake may no longer be able to continue.

If nothing changes, this meeting could close its doors after more than three decades of carrying the message.

We don't want that to happen. Not because of the meeting itself—but because someone you haven't met yet may walk through those doors next month looking for hope.

If this meeting has ever inspired you...



If you've ever laughed with friends after the meeting...



If you've ever heard a speaker who changed your perspective...



If you've ever brought a newcomer...



If you've ever left feeling more hopeful than when you arrived...

Now is the time to help ensure this meeting is here for the next person who needs it.



*30 years of hope.
One night at a time.*

THREE WAYS YOU CAN HELP



COME TO THE MEETING

Your presence keeps the meeting alive.



BRING ONE FRIEND

You never know who might be waiting for this message.



MAKE A SEVENTH TRADITION DONATION

Your contribution helps us continue bringing outstanding speakers to the Eastside.

EVERY SEAT MATTERS.
EVERY DOLLAR HELPS.
EVERY NEWCOMER MATTERS.



**SECOND SATURDAY
OF EVERY MONTH**



7:00 PM



PINE LAKE COVENANT CHURCH
1715 228th Ave SE
Sammamish, WA 98075

CAN'T ATTEND?

PLEASE CONSIDER MAKING A DONATION.

Scan the QR code to give using Venmo.
Thank you for helping keep the message alive.



venmo

@LiveAtPineLake
SpeakerMeeting

Thank you for your continued support!

30 YEARS OF CARRYING THE MESSAGE.
Help us make sure there is a 31st.



SERVICE OPPORTUNITIES



Service is the Key to Recovery-
We Keep What We Have By Giving It Away!

ESIG

- Board Member Positions (Jan 2026)
- Grapevine/Literature Chair
- PI / CPC Chair
- Treatment/Hospitals Chair
- YPAA Chair
- Events Committee Members
- ESIG Group Liaisons

DISTRICT 34

- Grapevine/Literature Chair
- Public Information Chair
- Group GSRs / Group Intergroup Reps

DISTRICT 35

- Archives Committee Chair
- Public Information Chair
- Treatment Committee Chair
- Web Tech Chair
- Young Peoples Committee Chair
- Group GSRs / Group Intergroup Reps

DISTRICT 36

- Alt DCM
- Accessibility Chair
- Archives Chair
- Bridging the Gap/Treatment Chair
- CPC/PI Chair
- Young Peoples' Chair
- Group GSRs / Group Intergroup Reps

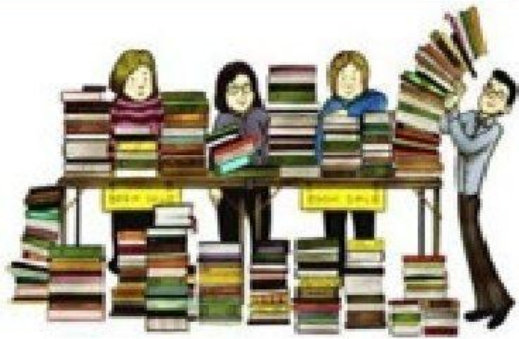
DISTRICT 38

- Accessibility Chair
- Corrections Chair
- Grapevine/Literature Chair
- Group GSRs / Group Intergroup Reps

DISTRICT 39

- Registrar
- Corrections Chair
- CPC Chair
- Grapevine / Literature Chair
- Newsletter
- PI Chair
- 3rd Legacy Chair
- Group GSRs / Group Intergroup Reps

Repository Work Party Schedule Sep25-Dec26

Year	Mon	Date	Day	Work Party	Future events may influence archive activities.
2025	Aug	8/17/2025	Sun	12-3	Prep D/31 8/24 Zoom, 9/6 Rep 2-5, D31 Archives & Sponsorship Workshop 9/20/25
2025	Sep	9/21/2025	Sun	12-3	Area Check in 9/21 & Assembly 10/3-5/25
2025	Oct	10/19/2025	Sun	12-3	Appt'd Check in & Regional Archives Workshop 10/25/25 & Arch Qtly 11/1 Edmonds
2025	Nov	11/1/2025	Sun	12-3	Appt'd Check in
2025	Dec	12/21/2025	Sun	12-3	Area Check in & ACM Qtrly 1/2-3/26
2026	Jan	1/18/2026	Sun	12-3	Appt'd Check in & Arch Qtly 2/7
2026	Feb	2/15/2026	Sun	12-3	Appt'd Check in & BOT2026 Tacoma & PRAASA Hawaii - 2/27-3/2 (2/25-3/2-Mary)
2026	Mar	3/15/2026	Sun	12-3	Area Check in & ACM Qtrly 4/10-12/26 & 85th WA AA & IAAMC SeaTac 4/10-12/26
2026	Apr	4/19/2026	Sun	12-3	Appt'd Check in & Arch Qtly 5/2
2026	May	5/17/2026	Sun	12-3	Appt'd Check in, 6/21 & CapJam Lacey & Founders Day Akron, 6/10-14/26
2026	Jun	6/21/2026	Sun	12-3	Area Check in & ACM Qtrly 7/10-11/26 & PNC 6/26-28/26 Vancouver
2026	Jul	7/19/2026	Sun	12-3	Appt'd Check in & Step Ashore 8/6-9/26 & La Vina 30th 7/24-26/26
2026	Aug	8/16/2026	Sun	12-3	Arch Qtly 8/1/26 & NAAAW 2026 9/10-13/26 Tacoma
2026	Sep	9/20/2026	Sun	12-3	Area Check in & Assembly 10/2-4/26
2026	Oct	10/18/2026	Sun	12-3	Appt'd Check in & Arch Qtly 11/7
2026	Nov	11/15/2026	Sun	12-3	Appt'd Check in
2026	Dec	12/20/2026	Sun	12-3	Appt'd Check in & ASC Rotation Potluck
					

Area 72
Archives

Step Ashore XII

"The Northwest Woodstock Of AA"

AUGUST 6 - 9, 2026

OCEAN SHORES CONVENTION CENTER

120 W. CHANCE A LA MER NW, OCEAN SHORES, WA 98569

2026 SPEAKERS

Georgia H. - Glendale, CA Marty J. - Richmond, B.C.

Yvonne S. - Los Angeles, CA Paul G. - Brecksville, OH

Trenton H. - Glendale, CA Christina G. - Brecksville, OH

Tonya M. - Seargeant Bluff, IA Lee D. - Santa Maria, CA

Jimmy D. - Dallas, TX Will M. - Seargeant Bluff, IA

Brent H. - Los Angeles, CA Sharon P. - Sebastian, KY

All Speakers and schedule of events are subject to change

www.nwwoodstockofaa.org



EASY ONLINE REGISTRATION



2026 Annual
Women in Sobriety Retreat

the 12
rewards
of **SOBRIETY**

AUGUST 7-9, 2026

The Rainbow Lodge | North Bend, WA

Join us to explore the 12 rewards of sobriety
through curated workshops and a weekend of
fellowship, reflection, and growth.

REGISTER ONLINE

womeninsobriety.info

\$310

(includes lodging, meals, & programming)



Questions? Email us @
womeninsobriety@outlook.com



Live at Pine Lake

Speaker Meeting
Saturday, Aug 8th 2026
7:00 – 8:30 PM

Featuring
Travis T
From Austin Tx

Pine Lake Covenant Church
1715 228th Ave SE, Sammamish, WA 98075



Please bring your friends to
experience the fellowship of AA.

Live Cast Zoom ID: 977 787 8779

Password: 1212

Speakers subject to change

AREA 72 PRE- ASSEMBLY

**AUG
09**

***Hosted by the Eastern
Districts 18, 33, 34, 35,
36, 38 and 39
Snacks, drinks and
coffee provided***

7th tradition will be observed



**SUN
2:30PM**

*St. Matthew's Lutheran
1700 Edmonds Ave NE
Renton 98056*



The Alano Club of the Eastside's 53rd annual Summer



**SATURDAY
AUGUST
15TH
1-4PM**

BBQ



**Potluck by sobriety
month
Jan-April: side dishes
May-Sept: snacks
Oct-Dec: salads**

**Membership Specials
50/50 Raffle
Basket Raffle**

**Live music by Terry
B's band IDLE HANDS**



**12302 NE 8TH ST
BELLEVUE WA 98052
425-455-5700
alanoclubeastside.org**



**St. Andrews
Episcopal Church
510 E Park Ave
Pt Angeles, WA**

Pre- Assembly

Hosted by District 22

GSRs and all interested members, come and join the discussion as our Area Chair reviews motions and topics that will be part of the Area Assembly.

POTLUCK – Bring a dish!

**August 15, 2026
10 AM – 2:00 PM**



**Washington State Conference
of
Young People In Alcoholics Anonymous 9
August 21st through 23rd**

**Best Western Plus
3985 Bennett Dr,
Bellingham, WA 98225**

**Speaker Meetings
Fellowship
Events & activities
Community**



**Come join the thriving
AA community
in Bellingham WA**





CELEBRATING THE LIFE OF

Gayle Marie Hobi

With love, we invite family and friends
to celebrate the life of Gayle.

Together, we will honor her memory,
kindness, laughter, and the joy she
brought to so many.



*In memory of Gayle, a rose bush and
commemorative plaque will be placed at the
Alano Club as a lasting tribute to her beautiful spirit.*



SATURDAY,
AUGUST 29, 2026



12:00-2:00 PM



KELSEY CREEK CHURCH
1221 148TH AVE NE
BELLEVUE, WA 98007



DISTRICT 36 PICNIC

AUGUST 29TH, 2026

3PM-6PM

BRING THE
FAMILY AND
FRIENDS



FELLOWSHIP, FUN
& FOOD

WHERE: 5504 308TH AVE SE PRESTON, WA 98027
(GAIL & EDDIES HOUSE)



BBQ POTLUCK

BURGERS & DOGS PROVIDED BY DISTRICT 36

AA B-DAY = BRING....

JAN - MAY = SALAD
JUNE - SEPT = DESERT
OCT - DEC = DRINKS

SATURDAY NIGHT LIVE
SPEAKER MEETING
BBQ / POTLUCK
BRING A FAVORITE SIDE DISH TO SHARE

SATURDAY SEPTEMBER 5TH 2026
DOORS OPEN @ 5:30 SPEAKERS @ 7:00



2 GUEST SPEAKERS

WHERE: HOPE HALL
8305 MEADOWBROOK WAY SE
SNOQUALMIE, WA 98065



AA/AL-ANON

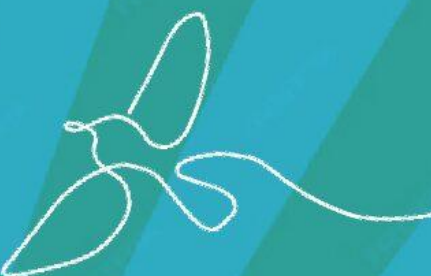
Northwest **FELLOWSHIP** ***of the SPIRIT***



SAVE THE DATE!

SEPT 10th-13th

Festhalle Civic Center, Leavenworth, WA



BANQUET, BBQ, DANCING, GAMES and FUN!

SPEAKERS: Kurt Z, CA | Matthew M, CA | Tom B, CO
Damon C, WA | Louise H, WA



***An experience
you must not miss!***

Registration now open!
nwfots.square.site



The 28th
National AA Archives Workshop
September 10th - 13th, 2026

"Archiving our past to safeguard our future."



Tacoma, Washington - Area 72
Washington State History Museum
1911 Pacific Ave, Tacoma, WA 98402

Join us for a weekend of hands-on workshops, archives presentations, and speakers. Visit the Area 72 Repository. Hospitality room with coffee and snacks.

*For local hotel information and to register online
visit area72aa.org/NAAAW2026*



REGISTRATION

Name: _____
Name on Badge: _____
Email: _____
Address: _____
Phone: _____ Area: _____
Service Position: _____
Special Requests: _____

Registration	\$70	_____
Dessert (Fri)	\$20	_____
Banquet (Sat)	\$65	_____
Repository Visit & Museum (Thur)	\$28	_____
Total Enclosed		_____

Please make checks out to "NAAAW 2026" at PO Box 8105, Tacoma, WA 98198

For more information contact Michaela N.
naaaw2026chair@gmail.com

*This event will be interpreted for Keynote speakers on Thursday, Friday,
and Saturday nights.*

NOT GLUM LOT

RETREAT

An exploration of the AA principles

“Life will take on new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, To have a host of friends --- this is an experience you must not miss! P. 89 Big Book



Seabeck Front Porch

“A.A.’s Twelve Steps are a group of principles, spiritual in their nature, which, if practiced as a way of life, can expel the obsession to drink and enable the sufferer

to become happily and usefully whole. (Foreword - 12x12) Join us as we delve into the principles for a weekend of fellowship, fun, and principles!

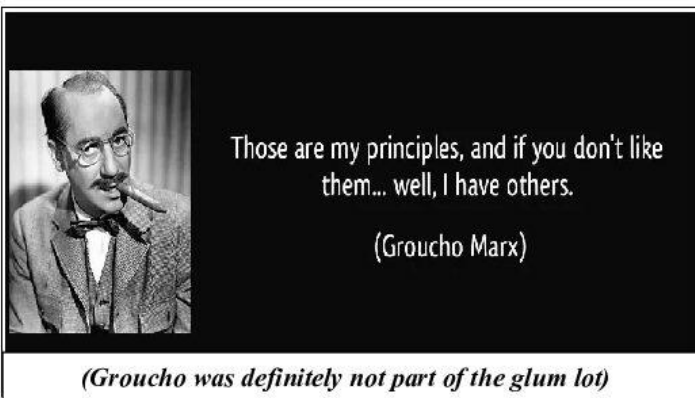
We are not a glum lot!

Third Annual AA Men’s Retreat

“Not A Glum Lot”: An Exploration of the AA Principles

How do YOU practice these principles?

Date: September 25 – 27, 2026



\$375 – Double Occupancy **

Time: Friday 4 PM – Sunday 11 AM

Location: Seabeck Conference Center on the Hood Canal

Hosts: John F. - Dante T. - Barry M. - Doug H. –

Randy N. - Pat H. - Greg S. / Paul Br. / Mike W.

**Contact the registrar John Fahey: faheyjohn@me.com or
(425) 681-3496 for more info and to register!**

**** Limited single occupancy available for a higher rate upon request. \$475**



SEATTLE MARINERS PRESENT

RECOVERY DAY



Seattle Mariners vs. Los Angeles Angels

SUNDAY, SEPTEMBER 27 • 12:10 PM

WHAT'S INCLUDED

SPECIALLY PRICED TICKET

View Level seating at an exclusive group rate

RECOVERY DAY T-SHIRT

Exclusive Mariners-themed Recovery Day tee (pickup at Section 306 before end of 3rd inning)

\$3 DONATION

Every ticket includes a \$3 donation to the Washington Recovery Alliance

+ RECOVERY RESOURCE FAIR +

Join us between Sections 306–310 for resources, community, and connection

Buy Your Ticket at Eastside Intergroup!
Purchase via QR code, in the office or over the phone.



♥ WASHINGTON RECOVERY ALLIANCE ♥

"Together in Recovery. Together in Baseball."

+ + +



2026 Area 72 Assembly

October 2-4, 2026

Little Creek Casino Resort, 91 Washington Hwy 108, Shelton WA 98584

THE ANNUAL BUSINESS MEETING FOR WWA72

This is a Hybrid Event

Hosted by District 8

<https://area72aa.org/2026-area-assembly>

MAIL-IN REGISTRATION MUST BE POSTMARKED BY 9/15/2026

(No meal refunds after September 15, 2026)

Full Name: _____

Badge Name: _____

Home Group: _____

District #: _____

City: _____

Email: _____

Phone: _____

I am a/an:

- ☐ GSR
- ☐ Alternate GSR
- ☐ DCM
- ☐ Alternate DCM
- ☐ Past Delegate
- ☐ Volunteer
- ☐ Other AA Member

Accessibility requests need to be made no later than 9/1/2026:

Registration

Select One:

- ☐ In-Person \$50
- ☐ Online (Email address is required) \$33
- ☐ Both (Email address is required) \$50

*Registration pays for rent and expenses; however, per Motion #0.2, payment of the registration fee is voluntary.

MEALS

Friday Dessert Social \$18

Saturday Boxed Lunch \$43

Select One:

- ☐ Ham/Swiss
- ☐ Turkey/Provolone
- ☐ Roast Beef/Cheddar
- ☐ Veggie Wrap (Vegan, Gluten Free)

Saturday Dinner \$53

Select One:

- ☐ Thinsliced Roasted Vegetable Lasagna (Vegan, Gluten Free)
- ☐ Penne Pasta Bolognese (Dairy Free)
- ☐ Baked Chicken (Gluten Free) (Dairy Free)

Sunday Breakfast Buffet \$33

Select One:

- ☐ Puget Sound Sunrise Breakfast
- ☐ Puget Sound Vegan breakfast

TOTAL ENCLOSED: \$ _____

Total for *In-Person* or *Both* registration
and all meals is: **\$197**

Coffee will be available, onsite, for purchase.

Make check payable to: 2026 Area Assembly

Must be postmarked by Sep 15th

Register online starting April 12th, 2026 at:

<https://area72aa.org/2026-area-assembly> or mail this

completed page to:

2026 Area Assembly, c/o District 8

344 Cleveland Ave Se Suite K, Tumwater WA 98501



REGISTER NOW!

BAKERSTOCK.ORG

SPEAKERS:

JEFFREY B., Maple Ridge, BC **MARTY J.**, Richmond, BC

MATT F., Othello, WA **MISOON W.**, Naples, FL

PATRICK S., Portland, OR

SARAH I., Philadelphia, PA + **Mystery Speaker**

Al Anon: CHERE F., Moses Lake, WA

SILVER REEF CASINO RESORT sleeping room **RESERVATIONS: 360.383.0777**

Mention booking code: BKG 1325 to secure our \$120. room rate.

FOOD, FUN & FELLOWSHIP,

JOIN US FOR AN INFUSION OF HAPPY RECOVERY!

BAKERSTOCK

OCTOBER 16-18, 2026

**BOOST YOUR RECOVERY! ENJOY LISTENING TO SOME OF AA'S MOST
TALENTED COMMUNICATORS FROM AROUND THE US & B.C. SHARE
THEIR EXPERIENCE, STRENGTH & HOPE THROUGH THE LENS OF OUR
12 STEPS!**

DETAILS: WWW.BAKERSTOCK.ORG



PRAASA 2027

Pacific Region Alcoholics Anonymous Service Assembly

Friday, March 5th – Sunday, March 7th, 2027

The Westin Seattle
1900 5th Avenue
Seattle, WA 98101

Room Rate: \$189 per night *(plus tax)*
Estimated Registration Cost:
In Person: \$75 Online: \$25

Hybrid Event!

Come in person or online

Friday: Dinner

Saturday: Lunch, Banquet Dinner,
Ice Cream Social

Grab & Go options available



Arriving via plane? SEA (Seattle-Tacoma International Airport)

Take the Link Light Rail all the way to the venue!

Contact: praasa2027@area72aa.org

Hosted in Western Washington Area 72



ESIG 2026 Group Contributions

Group	Jan 25	Feb 25	Mar 25	Apr 25	May 25	Jun 25	Jul 25	TOTAL
Anchor Group	\$150.00		\$150.00		\$150.00		\$150.00	\$600.00
Anonymous	\$107.74	\$413.74	\$97.64	\$137.34	\$15.73	\$233.74	\$279.43	\$1,285.36
Any Lengths Group		\$125.00						\$125.00
Bel East Lunch Group	\$284.00						\$200.00	\$484.00
Bellevue New Group				\$400.00	\$200.00			\$600.00
Benevity Fund Donation			\$900.00					\$900.00
Better Odds Sober				\$250.00		\$400.00		\$650.00
Big Book Step Study	\$100.00			\$78.00			\$83.00	\$261.00
Birthday Club	\$60.00							\$60.00
Bring Your Own Lunch				\$180.00				\$180.00
Came To Believe (Carnation)				\$94.02				\$94.02
Compass City Church Grps							\$422.00	\$422.00
Cottage Lake Online					\$10.00	\$10.00		\$20.00
District 38					\$500.00			\$500.00
District 39				\$750.00				\$750.00
Duvall Big Book Study	\$130.00							\$130.00
Duvall Candlelight				\$60.00				\$60.00
Eastside Beginners		\$342.25		\$332.71			\$351.00	\$1,025.96
Eastside Men's Group	\$273.00					\$271.00		\$544.00
Eastside Stag					\$210.00			\$210.00
Eastside Women				\$176.00				\$176.00
Essentials	\$20.00	\$20.00	\$20.00		\$20.00	\$20.00	\$20.00	\$120.00
Fourth Dimension						\$318.00		\$318.00
Fresh Start			\$200.00	\$150.00	\$150.00	\$200.00	\$200.00	\$900.00
Friday Night Firehouse	\$256.74			\$198.85				\$455.59
Friday Night Live and Let Live			\$150.00				\$110.00	\$260.00
Frontstream	\$2,380.00							\$2,380.00
Higher Powered at Gold Creek	\$265.20	\$195.90	\$225.25	\$74.58	\$126.84	\$189.78	\$143.29	\$1,220.84
Issaquah Group						\$20.00		\$20.00
Keep it Simple						\$5.00		\$5.00
Kenmore Big Book		\$259.19			\$342.51			\$601.70

ESIG 2026 Group Contributions

Ladies Step Study				\$86.04				\$86.04
Living Sober		\$157.00		\$501.00			\$498.00	\$1,156.00
Living Sober Online	\$92.76	\$146.41	\$111.01	\$140.19	\$92.44	\$111.19		\$694.00
Maximum Service	\$197.40							\$197.40
Millenium				\$604.67				\$604.67
Moss Bay		\$650.00						\$650.00
Nameless Bunch Of Drunks	\$1,004.00	\$1,000.00	\$1,002.00	\$1,000.00	\$800.00	\$800.00	\$800.00	\$6,406.00
Nameless Bunch of Drunks International	\$130.00	\$30.00	\$180.00	\$120.00			\$260.00	\$720.00
Nooners			\$500.00					\$500.00
No Perfect People Allowed	\$105.00						combined	\$105.00
Pacific Northwesat Fellowship		\$10.00			\$125.40		\$143.88	\$279.28
Pine Lake Stag	\$300.00							\$300.00
Practicing The Principles				\$598.00				\$598.00
Reflections			\$80.00			\$96.00		\$176.00
Regla 62 Grupo	\$40.00	\$45.00	\$45.00	\$45.00	\$45.00	\$45.00	\$45.00	\$310.00
Sammamish Big Book Study				\$184.00				\$184.00
Sammamish Plateau Women's Step Study		\$200.00						\$200.00
Saturday Night Live						\$110.50		\$110.50
Serenity Break	\$1,200.00	\$1,200.00	\$1,200.00	\$1,200.00	\$1,200.00	\$1,200.00	\$1,200.00	\$8,400.00
Serenity Break Online	\$632.05	\$15.00			\$250.00			\$897.05
Serenity on Sunday					\$772.00			\$772.00
Seven & Sober	\$1,000.00	\$550.00	\$618.17	\$1,000.00	\$900.00	\$800.00	\$396.37	\$5,264.54
Sisters of the Forest		\$50.00		\$25.00	\$10.00	\$5.00		\$90.00
Sno-Valley Women in Recovery	\$63.00							\$63.00
Snoqualmie Friday Night						\$428.84		\$428.84
Snoqualmie Stag					\$221.00			\$221.00
Sober At Cottage Lake			\$20.00					\$20.00
Sober Rebels						\$93.00		\$93.00
Sober Seniors		\$50.00						\$50.00
Solution Sundays							Combined	

ESIG 2026 Group Contributions

Steppin Up				\$50.00				\$50.00
Steps to Freedom					\$100.00			\$100.00
Stillwater Serenity				\$90.00				\$90.00
The Fourth Dimension Group	\$286.67							\$286.67
Tiger Mountain OSAT		\$314.00						\$314.00
Tuesday Issaquah Big Book Study	\$250.00							\$250.00
Tuesday Night Solutions			\$99.00					\$99.00
Up The Creek	\$50.00							\$50.00
Wicked Sobah				\$300.00				\$300.00
Women In Recovery				\$100.00			\$211.00	\$311.00
Women of Worth				\$100.00		\$30.00		\$130.00
Women's Big Book Study						\$219.15		\$219.15
Women's Saturday Steps	\$353.86			\$145.40				\$499.26
Women's Sunlight of the Spirit						\$50.00		\$50.00
Woodinville Men's Meeting							Combined	
Woodinville Wed. Fellowship	\$144.25			\$160.00			\$143.49	\$447.74
	\$9,875.67	\$5,773.49	\$5,598.07	\$9,330.80	\$6,240.92	\$5,656.20	\$5,656.46	\$48,131.61

**Volunteer Appreciation & Opportunities**

- Office Thanks: Heartfelt gratitude to our outstanding office volunteers this month: Lisa S., Sarah M., Robin S., Patti B., Grace, Abe, Ted, Ken, and Tim.
- Hotline Thanks: A big thank you to all our fantastic hotline volunteers: Moniece, Brian, Ben, Chuck, Carmen, Sheree, Ginny, Laine, Mark J, Marisa, Marc P, Happy, Tomi, Jim, Tom, Evan, Michael, Tammy, Julie and John and to Mark, our dedicated hotline coordinator!
- Open Shifts: The office still has several open shifts for volunteers or hotline. If you can help fill these gaps, please contact Ali & Doug at esig@eastsideaa.org.

Income	
Ticket sales - Pre-event	\$ 399.71
Ticket sales - At-event	\$ 480.00
50/50 Raffle	\$ 339.00
Total for Income	\$ 1,218.71
Expenses	
Marymoor Park Rental	\$ 300.00
Special Event Insurance	\$ 145.00
Chefstore (Food and paper products)	\$ 635.25
Total for Expenses	\$ 1,080.00
Net Revenue	\$ 138.71

Summer Picnic Recap

- A huge thank you to all who came out to enjoy our Summer Picnic this year. We had a little over 150 people in attendance. The band was great, as was the food, and the weather couldn't have been better.

Financial & Sales Update

- Group Contributions: Monthly donations continued to be lower than previous years, with groups contributing \$5,656.46 in July. Year-to-date, contributions are down 20% compared to last year, which represents a \$10,000 deficit as of the end of July.
- Literature & Merchandise: Monthly sales remained stable at \$3,133. Coins and AAWS literature continue to be our highest-demand items.
- Pink Can Fund: Groups contributed \$390.53 this month, with zero outgoing expenditures.



Open Service & Board Positions

- Board and Service Position Openings: Several Intergroup Board positions open this coming December. Multiple open service positions are also listed on today's agenda. Contact Ray (chair@eastsideaa.org) or Ali (ali@eastsideaa.org) for details or applications, and consider volunteering your time in service.

District 35/36 Service Fair

- Panel Recap: Ray and I participated in a panel discussion at the recent District 35/36 Service Fair. The event was exceptionally well-organized, though attendance was lower than everyone had hoped.
- Future Joint Events: District 35 3rd Legacy Chair (Paul A.) is leading exploratory talks between Eastside Intergroup and the five surrounding districts to potentially turn this into a combined annual event.

Respectfully Submitted by
Ali v. & Doug
ESIG Special Workers

Office Information

Address: 13401 NE Bel-Red Rd.,
Suite B6 Bellevue, WA, 98005

Phone: 425-454-9192 24-Hours a
Day

Email: esig@eastsideaa.org

Website: eastsideaa.org

Office Hours:

Mon - Fri: 9:30AM-5:00PM **Office**

Manager: Doug H.

Email: doug_h@eastsideaa.org

Intergroup Representative Meeting

First Thursday of each month 7:30
pm-8:30 pm via Zoom

<https://zoom.us/j/181768191?pwd=MG02L21hZXk1Y3N0UG1pZnllSVFKQT09>

All members welcome!

Newsletter Contributors

Interested in sharing your experience, strength, and hope in this newsletter? Send your story to us! Contact our editor and publisher – Emily G

newsletter@eastsideaa.org

Contribute to Eastside Intergroup



Scan the QR code to contribute



Pink Can Donations

Anonymous, Better Odds Sober, Eastside
Beginners, Eastside Women, Juanita
Triangle, Kenmore Big Book, Kenmore
Friday Night-ers, Kirkland Sobriety
Headquarters, Ladies Step Study, Moss
Bay, Seven & Sober, Sunrise Group,
Women's Saturday Steps

\$1503.51



Eastside Intergroup, Districts, General Service Office & Area 72 Information

Eastside Intergroup

13401 NE Bel Red Rd. #B6
Bellevue, WA, 98005

Western Washington Area 72

1901 Cornwall Ave #745
Bellingham, WA, 98225

General Service Office (GSO)

P.O. Box 459
Grand Central Station
New York, NY, 10163

District 34

Bellevue, Redmond,
East Lake Sammamish, & Mercer
Island
PO Box 50081
Bellevue, WA, 98015

District 35

Issaquah
P.O. Box 442
Issaquah, WA, 98027

District 36

Snoqualmie Valley, Duvall, North
Bend
P.O. Box 1963
North Bend, WA, 98045

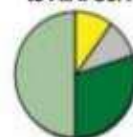
District 38

Kirkland
P.O. Box 322
Kirkland, WA, 98083

District 39

Bothell, Kenmore, Woodinville
P.O. Box 1695
Bothell, WA, 98041-1695

Sample of Group Contributions to A.A. Service Entities



10% to District
10% to Area 72
30% to G.S.O
50% to Intergroup