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PASS IT ON

Eastside Intergroup Newsletter

Issue 107 June 2026

Can't stop drinking?

We get it.

In A.A. we don't tell anyone to do anything. We talk about our own drinking, the trouble we got into, and how we stopped. Whether in person or online, we're here to help.

Alcoholics Anonymous[®]

For more information visit
AA.org or download the
Meeting Guide app.



eastsideaa.org



The following are just a few one-liners from our fellowship to help us stay close to our program in addition to some commentary about the quote.

If I work steps 1-9, I can be sober, but if I work step 10, I can be sober and happy.

It is one thing to hear a great line of wisdom, but to have it unpacked from someone's personal experience is priceless. To this day, it amazes me that someone with 30 years of sobriety still makes mistakes. Living in all the steps is the direction, but perfection is not the goal. Step 10 is the opportunity to review my behavior and be willing to share it for the sake of sanity. There really is more letting go involved when it comes to a daily inventory. My serenity is a direct result of my willingness to subtract rather than to add. Remember also to add up the good in your daily inventory and not just the other stuff.

2. I must ask for God's will for me and to be careful it's not in my handwriting.

My Sponsor and I had a conversation yesterday about what we pray for. We pray for the things we have and the things we do not have. Additionally, we pray for those who suffer. Lastly, we ask God where he wants us. We are a sneaky lot for sure, so it is imperative that we do our best to receive direction from our Higher Power instead of just assuming it. If you're willing to ask for his will and the power to carry it out, just know that sometimes the right thing to do and the hard thing to do are one in the same.

3. *If I have to justify it, it's not God's will.*

Whether I am drunk or sober, explaining myself is important only to me and plain irritating to everyone else, not to mention unnecessary. The exhaustion we choose to subject ourselves to is not what our Higher Power wants us to experience. If you have not done so already, I highly recommend a useful exercise regarding the God thing. Write down what your God is and is not. This is also a good idea to do with your Sponsor. One of the great things about our program is that the choice is yours what you want your God to be. Personally, my God is not a punishing God. If you make a mistake, how would you like your Higher Power to talk to you? For some, they want a coach, while others want a guide. Take your time and be specific because you're going to be spending a lot of time together.

I hope this helps and I'll see you at a meeting.

-Matthew T.

D34 ORAL HISTORIES PROJECT



DO YOU KNOW:

- a “long-timer” in D34 with 35+ years of sobriety?
- an AA member who started an AA group in D34?
- someone with a connection to the history of AA as a whole and its pioneers?
- an AA member of an underrepresented background whose experience, strength, and hope can carry the message to the still suffering alcoholic?

If so, please contact D34 Archives Chair Jaimie L. at dist34archives@area72aa.org for more info on becoming an interviewer and/or interviewee. Help preserve District 34’s rich AA history for generations to come!



BELLEVUE GROUP

FREE CHILDCARE!

MONDAY
7:30-8:30PM

**The Bellevue Group offers free
childcare during our meeting.
Room for up to 8 children.**

St. Thomas Episcopal Church
8398 NE 12th St Medina, WA 98039

HOPE HALL SPEAKER MEETING



2 GUEST SPEAKERS
***FIRST SATURDAY
OF EVERY MONTH
@ 7:00 PM***

STARTING MAY 2025

WHERE: HOPE HALL
8305 MEADOWBROOK WAY SE
SNOQUALMIE, WA 98065



District 38 – Kirkland

www.kirklandaa.org



Service Opportunities Await!

Want to grow in sobriety? Give back through service!

District 38 has several exciting open service positions — a chance to connect, learn, and help carry the message of A.A. beyond the meeting room.



Treatment Facilities Chair

Help bring A.A. meetings

and "Bridging the Gap" support to those leaving treatment centers. Coordinate with local districts, maintain contacts, and share Grapevine subscriptions.



Grapevine & Literature Chair

Be the link between members and A.A. materials! Keep literature displays current, bring them to workshops and assemblies, and promote Grapevine reps in groups.



Corrections Chair

Carry the message

behind the walls. Support A.A. meetings in correctional facilities and help guide committees through training and assistance.



Accessibility Chair

Make A.A. available to all

who seek it. Focus on access issues, remote communities, and language inclusivity. Participate in Area meetings.

Coming Spring 2026:

District Service Workshop

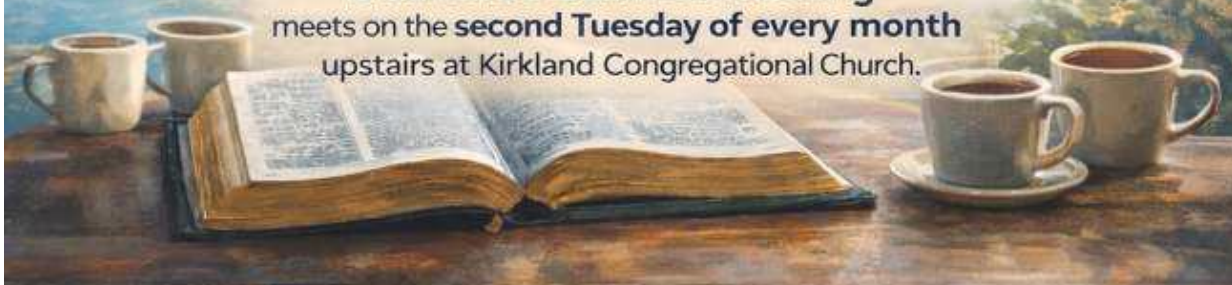
Learn how to get involved, meet trusted servants, and explore what district service is all about.

Questions?

Reach out via our website:
www.kirklandaa.org

District 38 Business Meeting

meets on the **second Tuesday of every month**
upstairs at Kirkland Congregational Church.



ALCOHOLICS ANONYMOUS GROUP

DO YOU THINK YOU HAVE A PROBLEM WITH ALCOHOL?

WE ARE HERE TO HELP

OPEN MEETINGS / EVERYONE IS WELCOME



GRUPO REGLA 62

Meetings

Mondays: Hybrid Meeting

In person: 16540 NE 00th ST, Redmond, W, A

Zoom ID: 917 6571 1060 - Password: REGLA62

Pacific Time: 7:30 to 8:30 PM

Central Time: 9:50 to 10:30 PM M

Mountain Time: 10:30 to 11:30 PM

Fridays: Virtual Meeting

Same time and Zoom ID



SPEAKER MEETING

Virtual Only

Every third Monday of the month

Bilingual Meeting with Spanish to English and
English to Spanish translation

Zoom ID: 835 5592 2611 (no password)

At the same time

MORE INFORMATION

In English: East side Intergroup Office

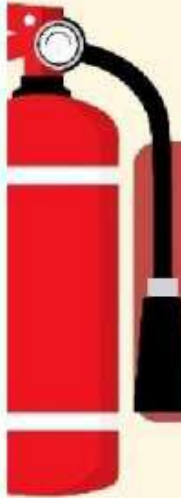
Phone: 425 454.9192

In Spanish: Fermin D,

Phone: 425 518 1383

Email: Regla62@hotmail.com

DIST54CPC@AREA72AA.ORG
DIST29CPC@AREA72AA.ORG



FIRST

RESPONDER

COMPaign



LAST MONDAY OF THE MONTH 6:30P



Our New Podcast:
Grapevine Weekly Open AA Meeting

Each week AA Grapevine holds an open virtual AA meeting with a host and two speakers. We record the meeting to create this podcast.



To join the meeting live on Wednesdays at Noon Eastern, use Zoom code 871 2036 8287 with password 238047.

The podcast is available on your favorite podcast platforms. A new episode drops every Friday. Enjoy!

PACIFIC REGION SERVICE NERDS

LITERATURE STUDY: LANGUAGE OF THE HEART

Thursdays 2026 - weekly

6PM PT/7PM MT/ 8PM CT/ 9PM ET

*Last Thursday of the month will be a
service speaker meeting*

Zoom ID: 878 7493 8831

PW: Nerds

email: servicenerds62@gmail.com





District 35 Business Meeting

Every 3rd Wednesday of the month, 7pm - 8:30pm

Pine Lake Covenant Church, Room B103

1715 228th Ave SE, Sammamish, WA 98075



District 35 Statement of Purpose

We serve to ensure all groups in our district feel informed, supported, heard, and loved within and throughout the A.A. service structure.

We do this through:

- Our group General Service Representatives (GSRs), the lifeline between our groups and the district.
- Our Service Committees, who carry the message to Alcoholics still suffering both outside and inside the rooms of A.A.
- Open and transparent monthly district meetings, held the 3rd Wednesday of each month at 7:30pm, at Pine Lake Covenant Church.
- Workshops and informative presentations (e.g., Delegate Report Out, Assembly Highlights given by GSRs), and Fellowship events, such as the yearly Gratitude Dinner.

We are trusted servants to our groups, directly responsible to those we serve. We do not govern.

We give back that which was so freely given to us.

Questions? Contact Us:

Cheyenne (D35 DCM)
dcm35@area72aa.org
(206) 854-2310

Tatiana (D35 Alt DCM)
altdcm35@area72aa.org

AREA 72

CPC IN ACTION **INTERACTIVE** **2026 WORK SHOPS**

Free Coloring Book!



D18 & D35 JUN 06

Eastside Fire & Rescue
10:00a to 2:00p
175 Newport Way,

ISSAQUAH

D3 & D12 JUN 20

18th & Baker
2:00p to 6:00p
1731 Baker Ave,

EVERETT

D7 JUL 19

Details Soon

VANCOUVER

D55 AUG 08

Sequim Valley
Foursquare Church
10:00a to 2:00p
9090 Old Olympic Hwy

SEQUIM

D31 SEP 12

Grace Lutheran
12:30p to 4:30p
22975 24th Ave S

DES MOINES

D57, D58 & D1 OCT 24

Details Soon

**EN ESPANOL
SEATTLE**

D25 Q4

Details Soon

ONLINE ONLY***

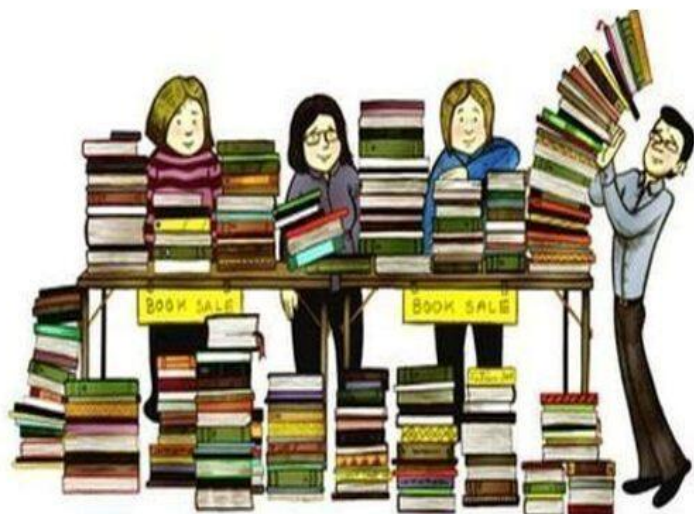
FIND ONE NEAR YOU!

What is CPC?

Find out at this interactive workshop that teaches A.A. members how to cooperate with professionals, protect our Traditions, and help carry the message in practical, accessible ways.

Workshops are in-person only***

Area 72 Archives Repository



3905 Steilacoom Blvd. SW
Lakewood, WA 98499

Contact: Maryland N.,
Area 72 Archivist
253-365-8072
archivist@area72aa.org

Every Month
3rd Sundays
12-2pm

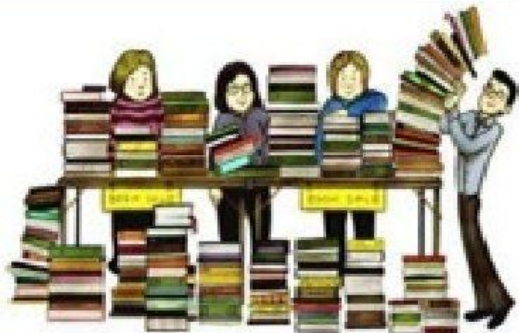


Archives Work Party

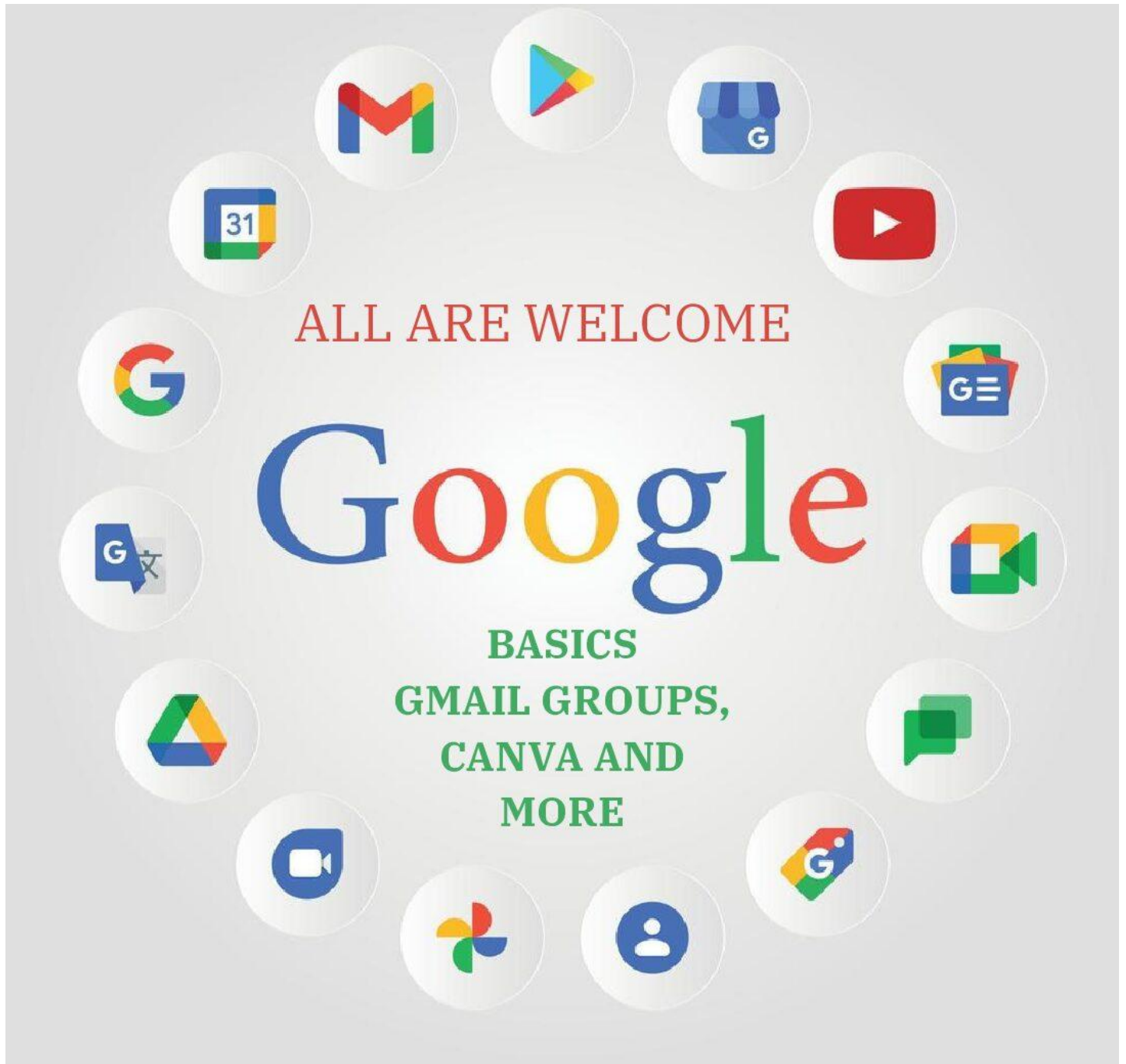
**Help preserve
Western
Washington Area
72 History!**



Repository Work Party Schedule Sep25-Dec26

Year	Mon	Date	Day	Work Party	Future events may influence archive activities.
2025	Aug	8/17/2025	Sun	12-3	Prep D/31 8/24 Zoom, 9/6 Rep 2-5, D31 Archives & Sponsorship Workshop 9/20/25
2025	Sep	9/21/2025	Sun	12-3	Area Check in 9/21 & Assembly 10/3-5/25
2025	Oct	10/19/2025	Sun	12-3	Appt'd Check in & Regional Archives Workshop 10/25/25 & Arch Qtly 11/1 Edmonds
2025	Nov	11/1/2025	Sun	12-3	Appt'd Check in
2025	Dec	12/21/2025	Sun	12-3	Area Check in & ACM Qtrly 1/2-3/26
2026	Jan	1/18/2026	Sun	12-3	Appt'd Check in & Arch Qtly 2/7
2026	Feb	2/15/2026	Sun	12-3	Appt'd Check in & BOT2026 Tacoma & PRAASA Hawaii - 2/27-3/2 (2/25-3/2-Mary)
2026	Mar	3/15/2026	Sun	12-3	Area Check in & ACM Qtrly 4/10-12/26 & 85th WA AA & IAAMC SeaTac 4/10-12/26
2026	Apr	4/19/2026	Sun	12-3	Appt'd Check in & Arch Qtly 5/2
2026	May	5/17/2026	Sun	12-3	Appt'd Check in, 6/21 & CapJam Lacey & Founders Day Akron, 6/10-14/26
2026	Jun	6/21/2026	Sun	12-3	Area Check in & ACM Qtrly 7/10-11/26 & PNC 6/26-28/26 Vancouver
2026	Jul	7/19/2026	Sun	12-3	Appt'd Check in & Step Ashore 8/6-9/26 & La Vina 30th 7/24-26/26
2026	Aug	8/16/2026	Sun	12-3	Arch Qtly 8/1/26 & NAAAW 2026 9/10-13/26 Tacoma
2026	Sep	9/20/2026	Sun	12-3	Area Check in & Assembly 10/2-4/26
2026	Oct	10/18/2026	Sun	12-3	Appt'd Check in & Arch Qtly 11/7
2026	Nov	11/15/2026	Sun	12-3	Appt'd Check in
2026	Dec	12/20/2026	Sun	12-3	Appt'd Check in & ASC Rotation Potluck
					

Area 72
Archives

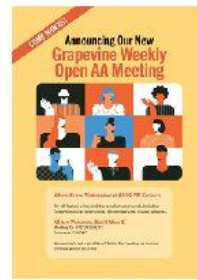
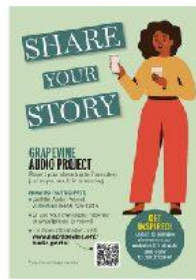
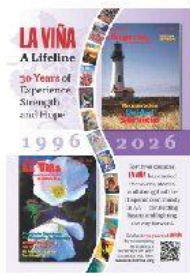


WORKSHOP June 7th, 2026

3:00 PM TO 4:30 PM

ON ZOOM

ID: 471 680 0414 **Passcode:** Area72



Area 72 Grapevine, La Viña, and Literature Quarterly

June 13, 2026, 10 am - 2 pm

Hosted by District 34

This Meeting will be held in-person and hybrid

~~~~~

**Kelsey Creek Church, 1221 148th Ave NE, Bellevue, WA 98007**

or, Join us virtually, Meeting ID: 873 2199 0075 Passcode: 620280

<https://area72aa-org.zoom.us/j/87321990075?pwd=SUxzVG42QWRDQytjU0lyR0dmbm96dz09>

Light potluck encouraged

Come join us in person for fellowship starting at 9:30 am

The business meeting will run from 10:00 am to approx 12 noon, and then we'll focus on writing for the Grapevine and la Vina!

*We'll cover editorial deadlines, ways to submit an article, and hold a writing workshop to get us putting pen to paper.*

Quarterly and workshop ends at 2:00 p.m.

Interpretation will be available, Spanish to English and English to Spanish

We look forward to seeing you





Curious?

Join the Delegate's

# REPORT BACK

*You are invited to this in-person event  
to hear about our delegate's experience  
at the 2026 General Service Conference*

*Bring a snack to share*

*Sponsored by Eastern Districts 18, 33,  
34, 35, 36, 38, and 39*

**JUNE 14, 2026**  
**10am - 1pm**

Eastside Fire & Rescue HQ  
175 Newport Way NW  
Issaquah, WA 98027





# Live at Pine Lake

Speaker Meeting

Saturday, June 13 2026

7:00 – 8:30 PM

Featuring

## Karl M

From Covina, CA

### Pine Lake Covenant Church

1715 228<sup>th</sup> Ave SE, Sammamish, WA 98075



Please bring your friends to  
experience the fellowship of AA.

Live Cast Zoom ID: 977 787 8779

Password: 1212

*Speakers subject to change*





# DCM SCHOOL

JUNE 14, 2026

**11AM - 2PM**

1415 FREEWAY DR.  
MOUNT VERNON, WA  
98273

MEETING ID: 818 7248 5448 PASSCODE: DCM2026





# AREA 72 Treatment JULY, 2026 QUARTERLY

SATURDAY | JULY  
**18** | 10:00 -  
2026 1:00PM

**Greater Seattle Intergroup  
5507 6<sup>th</sup> Ave S  
Seattle, WA 98108**

**Hybrid  
ID: 812 5591 9512 No Password  
Info: [www.treatment@area72aa.org](mailto:www.treatment@area72aa.org)  
We will observe the 7<sup>th</sup> Tradition  
POT LUCK EVENT**

# DELEGATE REPORT BACK

## WHEN

**June 20th  
10am – 2pm**

## WHERE

**Bremerton  
Salvation Army**

**832 6<sup>TH</sup> Street, Bremerton, Washington**

**Hosted by**

**District 10 · District 22 · District 43 · District 55 · District 56**

**EVERYBODY  
IS INVITED  
TO ATTEND**

**GSR'S and All  
members are  
encouraged to  
participate.**

## POTLUCK

**Please Bring  
Something to share ·  
District 10 will  
provide a main dish**

## 7<sup>TH</sup>

## TRADITION

**Will be donated to  
the Salvation Army**

## ZOOM OPTION

**ID: 768 859 4034**

**Passcode: D10**



# CORRECTIONS QUARTERLY

## JUNE 20 2026

10AM - 2 PM

SKAGIT COUNTY  
PUD BUILDING  
1415 FREEWAY DR  
MOUNT VERNON  
WASH  
POTLUCK

ZOOM INFO:

ID: 861 9473 2349

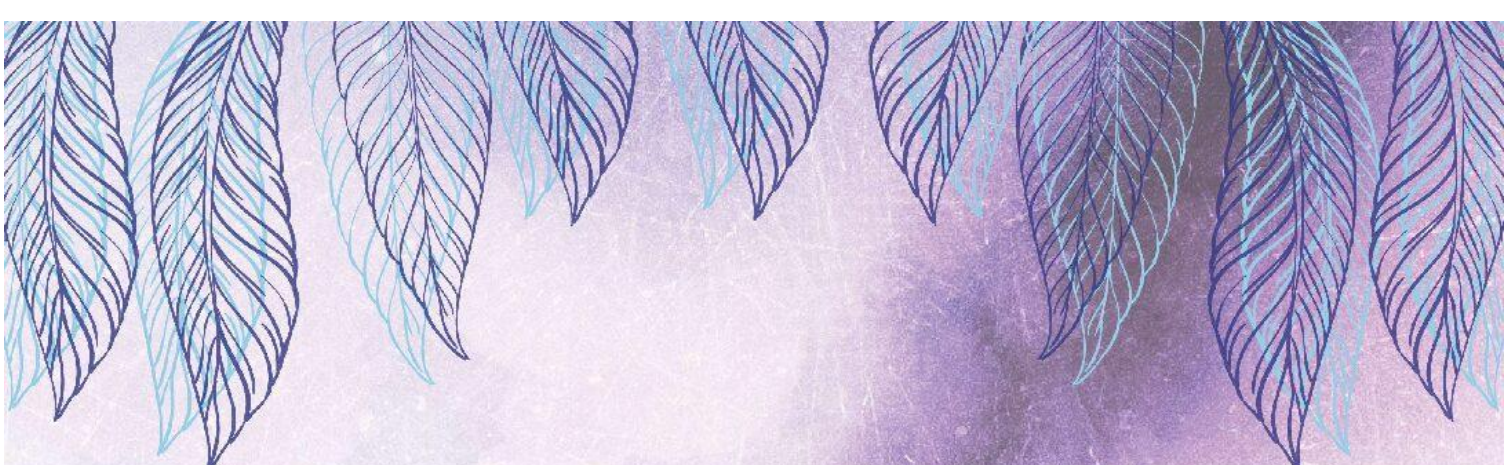
PW: 185153

Zoom opens at 9:45

AA

Questions?  
[corrections@afazaa.org](mailto:corrections@afazaa.org)





# **DELEGATE GENERAL SERVICE CONFERENCE REPORT BACK HOSTED BY DISTRICT 25**

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**SUNDAY, JUNE 21, 2026**

**1:00 – 4:00PM PACIFIC**

**Meeting ID: 944 512 3341**

**Passcode: GSC2026**

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Join us to hear the report back about the General Service Conference with our Area Delegate, Courtney.

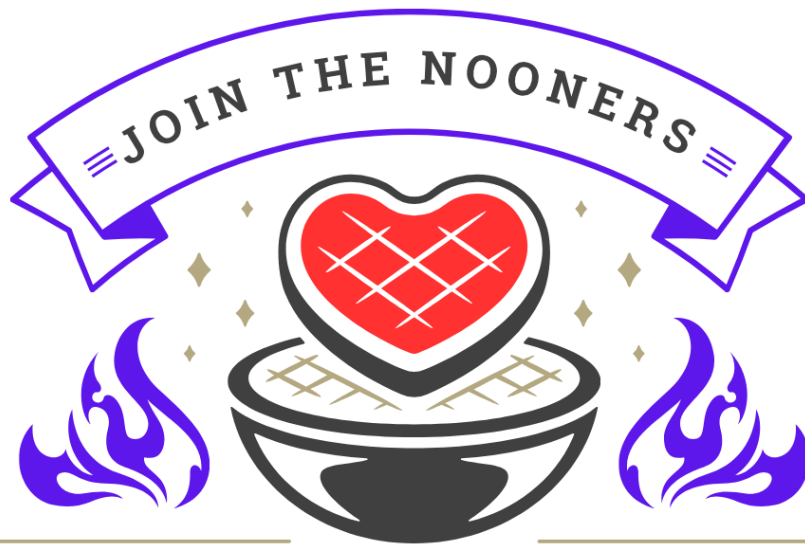
All are welcome!

Materials can be found on <https://area72aa.org/delegates-corner/>

Questions? [dcm25@area72aa.org](mailto:dcm25@area72aa.org)







# BARBECUE

SMOKED SALMON,  
SCALLOPED POTATOES,  
CAESAR SALAD.

FRIDAY JUNE 26<sup>TH</sup> 12-130PM

BIRTHDAY MEETING

BIRTHDAY CAKE AND COINS

EASTSIDE ALANO CLUB  
12302 NE 8<sup>TH</sup> ST BELLEVUE WA



**SAVE**

*the date*

**PACIFIC NORTHWEST  
CONFERENCE**

**JUNE 26 - 28, 2026**

*Heathman Lodge · Vancouver WA*





AREA 72

# TREATMENT ROUNDTABLE

We will work on BTG  
We will develop a spreadsheet  
Set up a TC appointment

SUNDAY | June | 2026  
**28**

12:00 -1:30pm

Zoom Event MeetingID:  
812 5591 9512 No Password

For more information  
[www.treatment@area72aa.org](mailto:www.treatment@area72aa.org)



## Western Washington Area 72 July 2026 Business Quarterly



**July 10th & 11th 2026**  
**Summit Pacific Wellness Center**  
610 E Main St, Elma, WA 98541

### **Suggested Hotels (room block rates not available, so book early)**

[Stay Beyond Inn & Suites](#) - 3 min east of quarterly location  
800 E. Main St, Elma, WA 98541 | 360-209-2919

[GuestHouse Inn & Suites Montesano](#) - 15 minutes west of quarterly location  
100 Brumfield Ave, Montesano, WA 98563 | 360-249-4424

### **Friday Evening @ Summit Pacific Wellness Center**

**5:00 pm – 7:00 pm** – Dinner on your own (limited restaurants in Elma, we recommend buying or bringing your own dinner)  
**7:00 pm – 9:00 pm** – PNC sharing session & Stump the Area Trusted Servant  
**9:00 pm** – Ice Cream Social

### **Saturday @ Summit Pacific Wellness Center**

**7:30 – 8:30am** – Doors Open for Fellowship  
**8:30am – Noon** – Business Meeting  
**Noon – 1:00pm** – Lunch  
**1:00pm** – Business Resumes

### **Area 72 July 2026 Business Meeting Registration Form**

**Please complete and postmark by 6/3/2026 (if mailing)**

Quarterly Business Meetings are meant to be self-supporting. Excess funds are forwarded to Western Washington Area 72.

**Please check all items you want to include and make your check payable to: D21 & D58**

- ☐ Registration Cost (In-Person) \$22.00\*
- ☐ Registration Cost (Virtual) \$16.00\*
- ☐ Registration Cost (Both) \$22.00\*

**Meal cutoff for mail in registrations is 6/3/2026 (please select)**

- ☐ Friday Night Fajitas Buffet Dinner \$18.00
- ☐ Friday Night Ice Cream Social \$ 8.00
- ☐ Saturday Lunch (Boxed Lunch) \$20.00
  - ☐ Ham (Gluten-Free)
  - ☐ Turkey
  - ☐ Vegetarian

**Total amount enclosed:**  
\$ \_\_\_\_\_

### **Please circle your position:**

**GSR   Alt GSR   DCM   Alt DCM**

**Past Delegate**

**Volunteer   Member**

To register, visit the area website or complete and postmark this registration form by 6/3/2026 to:

D21 & D58, ATTN: Karen M.  
P.O. Box 222  
Ocean Shores, WA 98569

First Name:

Last Name:

Phone:

Email:

Home Group:

District:

Special Accessibility Requirements? Please contact [altchair@area72aa.org](mailto:altchair@area72aa.org)  
Interpreter request deadline: June 1, 2026 at [languagechair@area72aa.org](mailto:languagechair@area72aa.org)  
Any questions email [jjurin49@hotmail.com](mailto:jjurin49@hotmail.com)

\*Registration fee helps compensate for rent and expenses per Motion 90.2 and is a voluntary contribution





# ESIG ANNUAL SUMMER PICNIC

## \$5

Everyone is welcome to attend this fun event!  
Burger/Dog (Vegan avail), Chips and a Drink Included

**BRING A SIDE OR DESSERT TO SHARE**

(Children 6 and under are free!)

**FOOD - LIVE MUSIC - FELLOWSHIP - 50/50 RAFFLE - GAMES**

**\*\*\*NEW THIS YEAR! CORNHOLE TOURNAMENT\*\*\***



**SUNDAY JULY 12**  
**10AM-2PM**

**MARYMOOR**  
**VELODROME SHELTER**  
6046 W LAKE SAMMAMISH  
PKWY NE  
(PARKING IS \$1 AT MARYMOOR)

Purchase your ticket via QR Code,  
via phone or in the ESIG office!



[www.eastsideaa.org](http://www.eastsideaa.org)





# ***DIST.36 CAMPOUT***

**@ TEANAWAY CAMPGROUND JULY 17TH - 19TH 2026**

**BRING YOUR FAMILY AND FRIENDS FOR SOME FUN FELLOWSHIP**



**SATURDAY JULY 18TH  
BBQ / POTLUCK @ 5:00 PM  
CAMPFIRE MEETING @ 7:00 PM**

## **DIRECTIONS**

- ⬆ Merge onto I-90 E  
55.0 mi
- ➡ Take exit 85 for WA-970 N toward Wenatchee  
0.2 mi
- ✓ Follow WA 970 and Teenaway Rd to W Fork Teenaway Rd  
18 min (14.7 mi)
- ⬅ Turn left onto I-90BL/WA-970  
0.4 mi
- ➡ Turn right onto WA-970  
6.5 mi
- ⬅ Turn left onto Teenaway Rd  
7.3 mi
- ⬅ Turn left onto W Fork Teenaway Rd  
0.5 mi

**Teenaway Campground**  
1160 W Fork Teenaway Rd, Cle Elum, WA 98922

**FOLLOW THE SIGNS!!**



**NO RESERVATIONS AVAILABLE. 1ST COME 1ST SERVED**  
VISIT <http://www.dnr.wa.gov/Teenaway> FOR MORE INFO ON CAMPGROUND  
**DISCOVERY PASS REQUIRED**

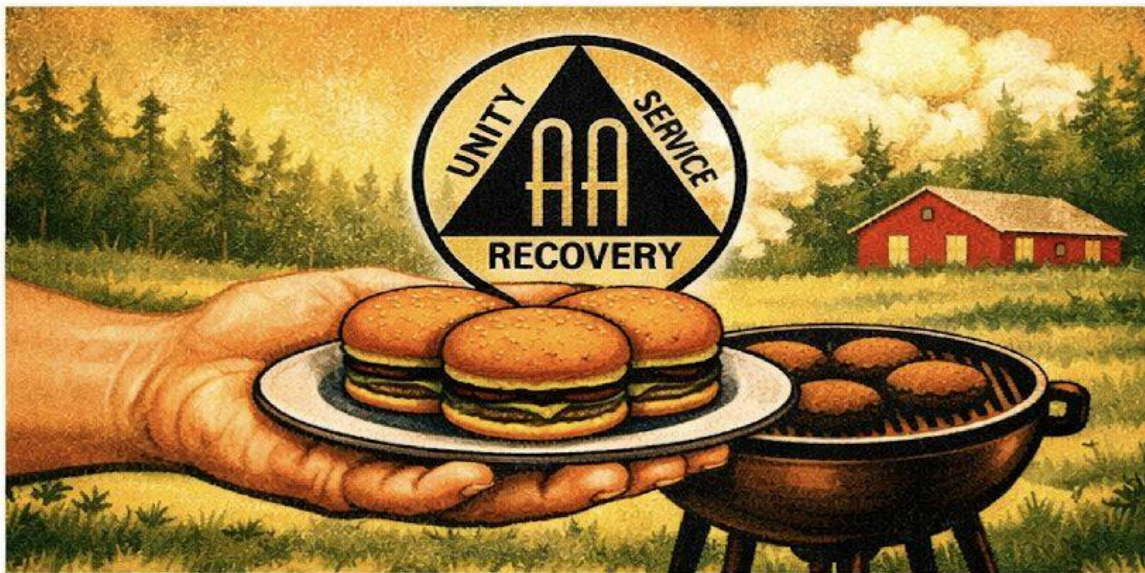




# **Eastside AA**

## **Service Fair & Barbecue**

**Staying Sober through Service**  
(Helping Your Group Run AA)



**Service 101.** Learn about the AA "service structure" (how AA runs), examples from others who serve or have served, and current opportunities on the Eastside.

**Hosted by Districts 35 and District 36**

This is open to everyone interested in how AA runs, even those not currently interested in a position.

Opportunities are provided for fellowship and one-on-one Q&A

**When: Saturday, July 18 • 10 am to 1 pm**

**Barbecue lunch provided! (Hamburgers, hot dogs, etc.)**

**Where: Eastside Fire & Rescue, 175 Newport Way NW, Issaquah**

- Volunteers needed for setup, parking assistance, coffee, etc.
- Questions & to volunteer: [dist36thirdleg@area77aa.org](mailto:dist36thirdleg@area77aa.org)

JOIN US FOR D39'S 2026

# SUMMER PICNIC

Burgers, hot dogs, LIVE MUSIC by  
Ray's Garage, games and raffles!

SUN 19 JULY

11AM - 2PM

WILLIS TUCKER PARK AMPHITHEATRE  
6805 PUGET PARK DRIVE  
SNOHOMISH, WA 98296

**BRING:** SIDE DISH / DESSERT / APPETIZERS  
BLANKETS / CHAIRS / NEWCOMERS!







XXX ANNIVERSARY OF LA VINA BY THE PACIFIC REGION  
24, 25, & 26 JULY 2026 HOST AREA 72 WESTERN WASHINGTON



La Quinta Inn & Suites Tacoma-Seattle  
1425 E. 27th St, Tacoma, WA 98421

### Event Location and Host Hotel Info

Room Rate: \$159.00/night + tax (APPROX \$189)

by phone: (253) 383-0146 x 5 (mention "AAX la Vina" for our Group Rate)

or

<http://www.wyndhamhotels.com/hotels/53370?checkInDate=07/24/2026&checkOutDate=07/26/2026&groupCode=072426LAV>



Hotel rooms must be booked by 6/24/2026 to get the group rate

Registration and Banquet purchase, and 7th Tradition Contributions:

<https://donate.homegroup.online/vina>

If registering, please add address to memo. No bank charge using Zelle, Google Pay, Apple Pay, Cash App, PayPal, Venmo. **Please note "vina" in the payment notes section.** A bank service fee is applied when using credit or debit payments.



XXX ANIVERSARIO DE LA VIÑA POR LA REGIÓN DEL PACIFICO  
24, 25, & 26 de julio de 2026. AREA ANTITRIONS: 72 OESTE DE WASHINGTON



La Quinta Inn & Suites Tacoma-Seattle  
1425 E. Calle 27, Tacoma, WA 98421

### Lugar del evento y Información del hotel anfitrión

Precio de la habitación: \$159.00/noche + impuestos (APROX. \$189)

Por teléfono: (253) 383-0146 x 5 (mencione "AAX la Vina" para  
obtener nuestra tarifa especial)

o

<http://www.wyndhamhotels.com/hotels/53370?checkInDate=07/24/2026&checkOutDate=07/26/2026&groupCode=072426LAV>



Las habitaciones de hotel deben reservarse antes del 24/06/2026  
para obtener la tarifa de grupo

Inscripción y compra de banquetes, y contribuciones a la 7.ª Tradición:

<https://donate.homegroup.online/vina>

Si se registra, por favor añada su dirección en la nota. No se aplican cargos bancarios al usar Zelle, Google Pay, Apple Pay, Cash App, PayPal o Venmo. **Por favor, indique "vina" en la sección de notas de pago.** Se aplica una comisión bancaria al usar pagos con tarjeta de crédito o débito.

AREA 72

# TREATMENT ROUNDTABLE

We will work on BTG  
We will develop a spreadsheet  
Set up a TC appointment

SUNDAY | July | 2026  
**26**

12:00 -1:30pm

Zoom Event MeetingID:  
812 5591 9512 No Password

For more information  
[www.treatment@area72aa.org](mailto:www.treatment@area72aa.org)



# Step Ashore XII

"The Northwest Woodstock Of AA"

AUGUST 6 - 9, 2026

OCEAN SHORES CONVENTION CENTER

120 W. CHANCE A LA MER NW, OCEAN SHORES, WA 98569

## 2026 SPEAKERS

Georgia H. - Glendale, CA     Marty J. - Richmond, B.C.

Yvonne S. - Los Angeles, CA     Paul G. - Brecksville, OH

Trenton H. - Glendale, CA     Christina G. - Brecksville, OH

Tonya M. - Seargeant Bluff, IA     Lee D. - Santa Maria, CA

Jimmy D. - Dallas, TX     Will M. - Seargeant Bluff, IA

Brent H. - Los Angeles, CA     Sharon P. - Sebastian, KY

All Speakers and schedule of events are subject to change

[www.nwwoodstockofaa.org](http://www.nwwoodstockofaa.org)



EASY ONLINE REGISTRATION





2026 Annual  
Women in Sobriety Retreat

the 12  
rewards  
of **SOBRIETY**

**AUGUST 7-9, 2026**

The Rainbow Lodge | North Bend, WA

Join us to explore the 12 rewards of sobriety  
through curated workshops and a weekend of  
fellowship, reflection, and growth.

**REGISTER ONLINE**

**womeninsobriety.info**

**\$310**

(includes lodging, meals, & programming)



Questions? Email us @  
**womeninsobriety@outlook.com**





# The Alano Club of the Eastside's 53rd annual Summer



**SATURDAY  
AUGUST  
15<sup>TH</sup>  
1-4PM**

# BBQ



**Potluck by sobriety  
month  
Jan-April: side dishes  
May-Sept: snacks  
Oct-Dec: salads**

**Membership Specials  
50/50 Raffle  
Basket Raffle**

**Live music by Terry  
B's band IDLE HANDS**



**12302 NE 8<sup>TH</sup> ST  
BELLEVUE WA 98052  
425-455-5700  
[alanoclubeastside.org](http://alanoclubeastside.org)**







**St. Andrews  
Episcopal Church  
510 E Park Ave  
Pt Angeles, WA**

# **Pre- Assembly**

**Hosted by District 22**

GSRs and all interested members, come and join the discussion as our Area Chair reviews motions and topics that will be part of the Area Assembly.

POTLUCK – Bring a dish!



**August 15, 2026  
10 AM – 2:00 PM**





CELEBRATING THE LIFE OF

# *Gayle Marie Hobi*

---

With love, we invite family and friends  
to celebrate the life of Gayle.

Together, we will honor her memory,  
kindness, laughter, and the joy she  
brought to so many.



*In memory of Gayle, a rose bush and  
commemorative plaque will be placed at the  
Alano Club as a lasting tribute to her beautiful spirit.*



SATURDAY,  
AUGUST 29, 2026



12:00-2:00 PM

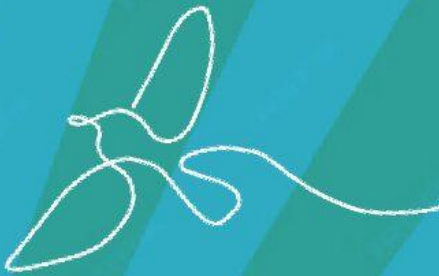


KELSEY CREEK CHURCH  
1221 148TH AVE NE  
BELLEVUE, WA 98007



AA/AL-ANON

# ***Northwest*** **FELLOWSHIP** ***of the SPIRIT***



**SAVE THE DATE!**

**SEPT 10th-13th**

Festhalle Civic Center, Leavenworth, WA

**BANQUET, BBQ, DANCING, GAMES and FUN!**

**SPEAKERS:** Kurt Z, CA | Matthew M, CA | Tom B, CO  
Damon C, WA | Louise H, WA



***An experience  
you must not miss!***

*Registration now open!*  
**nwfots.square.site**





The 28<sup>th</sup>  
**National AA Archives Workshop**  
**September 10<sup>th</sup> - 13<sup>th</sup>, 2026**

*"Archiving our past to safeguard our future."*



**Tacoma, Washington - Area 72**  
**Washington State History Museum**  
**1911 Pacific Ave, Tacoma, WA 98402**

Join us for a weekend of hands-on workshops, archives presentations, and speakers. Visit the Area 72 Repository. Hospitality room with coffee and snacks.

*For local hotel information and to register online  
visit [area72aa.org/NAAAW2026](https://area72aa.org/NAAAW2026)*



REGISTRATION

Name: \_\_\_\_\_  
Name on Badge: \_\_\_\_\_  
Email: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ Area: \_\_\_\_\_  
Service Position: \_\_\_\_\_  
Special Requests: \_\_\_\_\_

|                                     |      |       |
|-------------------------------------|------|-------|
| Registration                        | \$70 | _____ |
| Dessert (Fri)                       | \$20 | _____ |
| Banquet (Sat)                       | \$65 | _____ |
| Repository Visit &<br>Museum (Thur) | \$28 | _____ |
| <b>Total Enclosed</b>               |      | _____ |

*Please make checks out to "NAAAW 2026" at PO Box 8105, Tacoma, WA 98198*

**For more information contact Michaela N.**  
**[naaaw2026chair@gmail.com](mailto:naaaw2026chair@gmail.com)**

*This event will be interpreted for Keynote speakers on Thursday, Friday,  
and Saturday nights.*



## 2026 Area 72 Assembly

October 2-4, 2026

Little Creek Casino Resort, 91 Washington Hwy 108, Shelton WA 98584

THE ANNUAL BUSINESS MEETING FOR WWA72

*This is a Hybrid Event*

**Hosted by District 8**

<https://area72aa.org/2026-area-assembly>

**MAIL-IN REGISTRATION MUST BE POSTMARKED BY 9/15/2026**

*(No meal refunds after September 15, 2026)*

Full Name: \_\_\_\_\_

Badge Name: \_\_\_\_\_

Home Group: \_\_\_\_\_

District #: \_\_\_\_\_

City: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

*I am a/an:*

- ☐ GSR
- ☐ Alternate GSR
- ☐ DCM
- ☐ Alternate DCM
- ☐ Past Delegate
- ☐ Volunteer
- ☐ Other AA Member

Accessibility requests need to be made no later than 9/1/2026:

\_\_\_\_\_  
\_\_\_\_\_

### Registration

*Select One:*

- ☐ In-Person \$50
- ☐ Online (Email address is required) \$33
- ☐ Both (Email address is required) \$50

\*Registration pays for rent and expenses; however, per Motion #0.2, payment of the registration fee is voluntary.

### MEALS

Friday Dessert Social \$18

Saturday Boxed Lunch \$43

*Select One:*

- ☐ Ham/Swiss
- ☐ Turkey/Provolone
- ☐ Roast Beef/Cheddar
- ☐ Veggie Wrap (Vegan, Gluten Free)

Saturday Dinner \$53

*Select One:*

- ☐ Thinsliced Roasted Vegetable Lasagna (Vegan, Gluten Free)
- ☐ Penne Pasta Bolognese (Dairy Free)
- ☐ Baked Chicken (Gluten Free) (Dairy Free)

Sunday Breakfast Buffet \$33

*Select One:*

- ☐ Puget Sound Sunrise Breakfast
- ☐ Puget Sound Vegan breakfast

TOTAL ENCLOSED: \$ \_\_\_\_\_

Total for *In-Person* or *Both* registration  
and all meals is: **\$197**

Coffee will be available, onsite, for purchase.

**Make check payable to: 2026 Area Assembly**

Must be postmarked by Sep 15th

**Register online starting April 12th, 2026 at:**

<https://area72aa.org/2026-area-assembly> or mail this

completed page to:

**2026 Area Assembly, c/o District 8**

**344 Cleveland Ave Se Suite K, Tumwater WA 98501**





# ESIG 2026 Group Contributions

| Group                          | Jan 25     | Feb 25   | Mar 25   | Apr 25   | May 25   | TOTAL      |
|--------------------------------|------------|----------|----------|----------|----------|------------|
| 12 & 12 Fellowship Hall        |            |          |          |          |          | \$0.00     |
| 59 Minutes At Pine Lake        |            |          |          |          |          | \$0.00     |
| 60 Minutes In Preston          |            |          |          |          |          | \$0.00     |
| A Way Up                       |            |          |          |          |          | \$0.00     |
| A Womans Way                   |            |          |          |          |          | \$0.00     |
| Agnostics in Progress          |            |          |          |          |          | \$0.00     |
| Anchor Group                   | \$150.00   |          | \$150.00 |          | \$150.00 | \$450.00   |
| Anonymous                      | \$107.74   | \$413.74 | \$97.64  | \$137.34 | \$15.73  | \$772.19   |
| Any Lengths Group              |            | \$125.00 |          |          |          | \$125.00   |
| Bel-Kirk Saturday Breakfast    |            |          |          |          |          | \$0.00     |
| Bel East Lunch Group           | \$284.00   |          |          |          |          | \$284.00   |
| Bellevue Group                 |            |          |          |          |          | \$0.00     |
| Bellevue Men's Meeting         |            |          |          |          |          | \$0.00     |
| Bellevue New Group             |            |          |          | \$400.00 | \$200.00 | \$600.00   |
| Benevity Fund Donation         |            |          | \$900.00 |          |          | \$900.00   |
| Better Odds Sober              |            |          |          | \$250.00 |          | \$250.00   |
| Big Book Step Study            | \$100.00   |          |          | \$78.00  |          | \$178.00   |
| Bills Kitchen                  |            |          |          |          |          | \$0.00     |
| Birthday Club                  | \$60.00    |          |          |          |          | \$60.00    |
| Bring Your Own Lunch           |            |          |          | \$180.00 |          |            |
| Came To Believe (Carnation)    |            |          |          | \$94.02  |          | \$94.02    |
| Cottage Lake Online            |            |          |          |          | \$10.00  |            |
| District 34                    |            |          |          |          |          | \$0.00     |
| District 38                    |            |          |          |          | \$500.00 |            |
| District 39                    |            |          |          | \$750.00 |          | \$750.00   |
| Downtown Stag                  |            |          |          |          |          | \$0.00     |
| Duvall Big Book Study          | \$130.00   |          |          |          |          | \$130.00   |
| Duvall Candlelight             |            |          |          | \$60.00  |          | \$60.00    |
| Duvall Sunday Morning Break    |            |          |          |          |          | \$0.00     |
| Eastside Beginners             |            | \$342.25 |          | \$332.71 |          | \$674.96   |
| Eastside Men's Group           | \$273.00   |          |          |          |          | \$273.00   |
| Eastside Open Breakfast        |            |          |          |          |          | \$0.00     |
| Eastside Stag                  |            |          |          |          | \$210.00 | \$210.00   |
| Eastside Women                 |            |          |          | \$176.00 |          | \$176.00   |
| Essentials                     | \$20.00    | \$20.00  | \$20.00  |          | \$20.00  | \$80.00    |
| Fresh Start                    |            |          | \$200.00 | \$150.00 | \$150.00 | \$500.00   |
| Friday Night Firehouse         | \$256.74   |          |          | \$198.85 |          | \$455.59   |
| Friday Night Live and Let Live |            |          | \$150.00 |          |          | \$150.00   |
| Frontstream                    | \$2,380.00 |          |          |          |          | \$2,380.00 |

## ESIG 2026 Group Contributions

|                                        |            |            |            |            |            |            |
|----------------------------------------|------------|------------|------------|------------|------------|------------|
| Frontstream (Costco)                   |            |            |            |            |            | \$0.00     |
| Gay Men In Recovery                    |            |            |            |            |            | \$0.00     |
| Grace Rules                            |            |            |            |            |            | \$0.00     |
| Higher Powered at Gold Creek           | \$265.20   | \$195.90   | \$225.25   | \$74.58    | \$126.84   | \$887.77   |
| HOW - Women NorthBend                  |            |            |            |            |            | \$0.00     |
| Joy Of Living                          |            |            |            |            |            | \$0.00     |
| Keep it Simple                         |            |            |            |            |            | \$0.00     |
| Kenmore Big Book                       |            | \$259.19   |            |            | \$342.51   | \$601.70   |
| Kindred Spirits                        |            |            |            |            |            | \$0.00     |
| Kirkland Attitude Modification         |            |            |            |            |            | \$0.00     |
| Kirkland Sobriety Headquarters         |            |            |            |            |            | \$0.00     |
| Ladies Step Study                      |            |            |            | \$86.04    |            | \$86.04    |
| Lifeline                               |            |            |            |            |            | \$0.00     |
| Living Sober                           |            | \$157.00   |            | \$501.00   |            | \$658.00   |
| Living Sober Online                    | \$92.76    | \$146.41   | \$111.01   | \$140.19   | \$92.44    | \$582.81   |
| Maximum Service                        | \$197.40   |            |            |            |            | \$197.40   |
| Mercer Island Thursday Night           |            |            |            |            |            | \$0.00     |
| Millenium                              |            |            |            | \$604.67   |            |            |
| Moss Bay                               |            | \$650.00   |            |            |            | \$650.00   |
| Nameless Bunch Of Drunks               | \$1,004.00 | \$1,000.00 | \$1,002.00 | \$1,000.00 | \$800.00   | \$4,806.00 |
| Nameless Bunch of Drunks International | \$130.00   | \$30.00    | \$180.00   | \$120.00   |            | \$460.00   |
| Nooners                                |            |            | \$500.00   |            |            | \$500.00   |
| No Perfect People Allowed              | \$105.00   |            |            |            |            | \$105.00   |
| North Bend Group                       |            |            |            |            |            | \$0.00     |
| North Creek Study Group                |            |            |            |            |            | \$0.00     |
| Pacific Northwesat Fellowship          |            | \$10.00    |            |            | \$125.40   | \$135.40   |
| Pine Lake Stag                         | \$300.00   |            |            |            |            | \$300.00   |
| Practicing The Principles              |            |            |            | \$598.00   |            | \$598.00   |
| Redmond Recovery                       |            |            |            |            |            | \$0.00     |
| Reflections                            |            |            | \$80.00    |            |            |            |
| Regla 62 Grupo                         | \$40.00    | \$45.00    | \$45.00    | \$45.00    | \$45.00    | \$220.00   |
| Right Side of the Tracks               |            |            |            |            |            | \$0.00     |
| Samamish Big Book Study                |            |            |            | \$184.00   |            | \$184.00   |
| Samamish Plateau Women's Step Study    |            | \$200.00   |            |            |            | \$200.00   |
| Saturday Women's Share                 |            |            |            |            |            | \$0.00     |
| Serenity Break                         | \$1,200.00 | \$1,200.00 | \$1,200.00 | \$1,200.00 | \$1,200.00 | \$6,000.00 |
| Serenity Break Online                  | \$632.05   | \$15.00    |            |            | \$250.00   | \$897.05   |
| Serenity on Sunday                     |            |            |            |            | \$772.00   | \$772.00   |
| Seven & Sober                          | \$1,000.00 | \$550.00   | \$618.17   | \$1,000.00 | \$900.00   | \$4,068.17 |
| Silverlake Study Group                 |            |            |            |            |            | \$0.00     |



## ESIG 2026 Group Contributions

|                                 |            |            |            |            |            |             |
|---------------------------------|------------|------------|------------|------------|------------|-------------|
| Sisters of the Forest           |            | \$50.00    |            | \$25.00    | \$10.00    | \$85.00     |
| Sno-Valley Women in Recovery    | \$63.00    |            |            |            |            | \$63.00     |
| Sno-Valley Young Peoples        |            |            |            |            |            | \$0.00      |
| Snoqualmie Stag                 |            |            |            |            | \$221.00   | \$221.00    |
| Sober At Cottage Lake           |            |            | \$20.00    |            |            | \$20.00     |
| Sober Camels                    |            |            |            |            |            | \$0.00      |
| Sober Gals                      |            |            |            |            |            | \$0.00      |
| Sober Rebels                    |            |            |            |            |            | \$0.00      |
| Sober Seniors                   |            | \$50.00    |            |            |            | \$50.00     |
| Steppin Up                      |            |            |            | \$50.00    |            | \$50.00     |
| Stepping into Recovery          |            |            |            |            |            | \$0.00      |
| Steps to Freedom                |            |            |            |            | \$100.00   | \$100.00    |
| Stillwater Serenity             |            |            |            | \$90.00    |            | \$90.00     |
| Sunday Big Book Study           |            |            |            |            |            | \$0.00      |
| Sundays Solution                |            |            |            |            |            | \$0.00      |
| Sunrise                         |            |            |            |            |            | \$0.00      |
| The AA Team                     |            |            |            |            |            | \$0.00      |
| The Fourth Dimension Group      | \$286.67   |            |            |            |            | \$286.67    |
| The Overlake Group              |            |            |            |            |            | \$0.00      |
| The Shack                       |            |            |            |            |            | \$0.00      |
| Tiger Mountain OSAT             |            | \$314.00   |            |            |            | \$314.00    |
| Tiger Mountain Stag             |            |            |            |            |            | \$0.00      |
| Tons of Grace                   |            |            |            |            |            | \$0.00      |
| Tuesday Issaquah Big Book Study | \$250.00   |            |            |            |            | \$250.00    |
| Tuesday Night Solutions         |            |            | \$99.00    |            |            |             |
| Up The Creek                    | \$50.00    |            |            |            |            | \$50.00     |
| Wake Up                         |            |            |            |            |            | \$0.00      |
| Wicked Sobah                    |            |            |            | \$300.00   |            |             |
| Women's Big Book Study          |            |            |            |            |            | \$0.00      |
| Women of Worth                  |            |            |            | \$100.00   |            |             |
| Women's Saturday Share          |            |            |            |            |            | \$0.00      |
| Women's Saturday Steps          | \$353.86   |            |            | \$145.40   |            | \$499.26    |
| Women In Recovery               |            |            |            | \$100.00   |            | \$100.00    |
| Woodinville Wed. Fellowship     | \$144.25   |            |            | \$160.00   |            | \$304.25    |
|                                 | \$9,875.67 | \$5,773.49 | \$5,598.07 | \$9,330.80 | \$6,240.92 | \$34,945.28 |



## Office Activity:

We had another typical month at the Eastside Intergroup. The sales were good, excellent volunteer support, rearranging furniture, and overall, doing our best to support the Eastside districts, groups and members.

As you see in the contributions report, we received \$6,240.92 in contributions in May, from 58 groups, districts, and individuals. Merchandise sales were \$3,230.05, which was up 3% over the same month last year and up 0.5% from last month. The new items we're stocking are proving to be very popular and are moving well.

## Hotline:

May appears to have been a relatively slow month for the Hotline. Though the number of calls were somewhat low, the dedicated staff of volunteers were there to answer the call! Raw numbers were 36 incoming calls, 4 chose to leave a voice message, 20 were hangups, and 12 were handled by volunteers, split evenly the first and second half of the month. Our volunteers were: Moniece, Brian, Ben, Chuck, Carmen, Sheree, Ginny, Laine, Mark J, Marisa, Marc P, Happy, Tomi, Jim, Tom, Evan, Michael, Tammy, Julie and John. Thank you very much to your dedication to this service!.

## Volunteer Support:

We are always looking for volunteers for the office and other ESIG service positions. We would like you to have 6 months of continuous sobriety and some flexibility in your availability! If you would like to join us and volunteer for a shift during the week, please call or stop into the office and we can give you more information. A volunteer's primary responsibility is to answer the phones in the office during working hours. Office volunteers can also perform other tasks based on their abilities and willingness such as helping with inventory counts, stocking shelves, and ringing up sales, etc. And as always, we want to extend a huge thank you to May's office volunteers: Ted W, Tim C, Ken T, Ulf W, Sarah M., Grace, Patti B. and Lisa S.!

The Service Focal positions currently open are: Treatment, PI/CPC, Grapevine/Literature and Young People. Please help spread the word - If you know of anyone willing to fill a vacant chair position, contact Ray (chair@eastsideaa.org) or the office at [esig@eastsideaa.org](mailto:esig@eastsideaa.org).

## Events:

Summer Picnic is on Sunday, July 12th, from 10:00 AM to 2:00 PM. We've lowered the ticket price this year to just \$5 (kids 6 and under are free). This cost covers your hamburger/hotdog (vegan available), chips and a drink. This is a potluck event, so please bring a side dish or dessert to share if you can. It's going to be a great day with live music from Idle Hands, featuring Terry B, a new cornhole tournament (info on how to sign up coming soon), and plenty of activities for everyone. See the flyer on our website for more details and details on how to purchase your ticket! Also, save the date of Sunday September 27 for Recovery Day at the Seattle Mariners. Game time is 1:10 pm against the LA Angels and tickets are \$29.00 apiece and include a Recovery Day T-Shirt, For those who have not been previously, it is a great fellowship event!

In Love and Service  
Ali V. and Doug H.



# Office Information

**Address:** 13401 NE Bel-Red Rd.,  
Suite B6 Bellevue, WA, 98005

**Phone:** 425-454-9192 24-Hours a  
Day

**Email:** [esig@eastsideaa.org](mailto:esig@eastsideaa.org)

**Website:** [eastsideaa.org](http://eastsideaa.org)

## Office Hours:

Mon - Fri: 9:30AM-5:00PM **Office**

**Manager:** Doug H.

Email: [doug\\_h@eastsideaa.org](mailto:doug_h@eastsideaa.org)

## Intergroup Representative Meeting

First Thursday of each month 7:30  
pm-8:30 pm via Zoom

<https://zoom.us/j/181768191?pwd=MG02L21hZXk1Y3N0UG1pZnllSVFKQT09>

All members welcome!

## Newsletter Contributors

Interested in sharing your experience, strength, and hope in this newsletter? Send your story to us! Contact our editor and publisher – Emily G

[newsletter@eastsideaa.org](mailto:newsletter@eastsideaa.org)

## Contribute to Eastside Intergroup



Scan the QR code to contribute



## Pink Can Donations

Eastside Beginners, Eastside Women,  
Juanita Triangle, Kenmore Friday Night-  
ers, Ladies Step Study, Moss Bay, Seven  
& Sober, Women's Saturday Steps

**\$832.43**



## Eastside Intergroup, Districts, General Service Office & Area 72 Information

### Eastside Intergroup

13401 NE Bel Red Rd. #B6  
Bellevue, WA, 98005

### Western Washington Area 72

1901 Cornwall Ave #745  
Bellingham, WA, 98225

### General Service Office (GSO)

P.O. Box 459  
Grand Central Station  
New York, NY, 10163

### District 34

Bellevue, Redmond,  
East Lake Sammamish, & Mercer  
Island  
PO Box 50081  
Bellevue, WA, 98015

### District 35

Issaquah  
P.O. Box 442  
Issaquah, WA, 98027

### District 36

Snoqualmie Valley, Duvall, North  
Bend  
P.O. Box 1963  
North Bend, WA, 98045

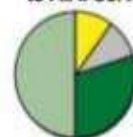
### District 38

Kirkland  
P.O. Box 322  
Kirkland, WA, 98083

### District 39

Bothell, Kenmore, Woodinville  
P.O. Box 1695  
Bothell, WA, 98041-1695

### Sample of Group Contributions to A.A. Service Entities



10% to District  
10% to Area 72  
30% to G.S.O  
50% to Intergroup