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## **PASS IT ON**

***Eastside Intergroup Newsletter***

**Issue 106 May 2026**

# Can't stop drinking?

## We get it.

In A.A. we don't tell anyone to do anything. We talk about our own drinking, the trouble we got into, and how we stopped. Whether in person or online, we're here to help.

**Alcoholics Anonymous**<sup>®</sup>

For more information visit  
AA.org or download the  
Meeting Guide app.



[eastsideaa.org](http://eastsideaa.org)



The following are just a few one-liners from our fellowship to help us stay close to our program in addition to some commentary about the quote.

*1. Worrying works.*

A friend of mine was talking about how he would worry about 10,000 things that could happen only for none of those things to actually happen. His logic was that worrying works. I haven't laughed that hard in a meeting for a long time. It has been said that laughter is the music of A.A. When I laugh at a meeting, it's because I'm hearing the truth. Even before I took my first drink, I worried about a future that never came. To this day, worrying can still hijack my day, but thanks to a Sponsor and my wife's experience in Al-Anon, I am reminded that I don't need to spend my present in the future.

*2. When I was right, everyone left.*

A life in sobriety is a life with choices. Every interaction with a human being presents a choice to be right or be happy. The way I was brought up (before A.A. raised me) involved the idea that being right was a badge of manhood. I could not relax until the argument was over and I had been declared right as evidenced by a completely broken and defeated opponent. Once I added drugs and alcohol, my record improved, but I was all by myself. I won, but I lost at the same time. As I worked the steps for the first time, I began to develop a genuine longing to become an approachable person. My obsession to be right faded and was replaced with a desire to listen. There is no way I take credit for this because only a power greater than myself can truly get me out of my own way.

*3. Take advantage of opportunities for you to become smaller, and God to become bigger in your life.*

Vigilance is a lot easier practice if you have a team. I cannot observe myself in real time, but I always know when I start to play God. Whatever is weighing me down in life is where God can be involved, if I make space. It's not a failure to ask for help because we alcoholics tend to take on a lot of things that are none of our business. I want to become smaller, or simpler. God makes this possible because, through A.A., we learn what is within our control and everything else is up to God. Talking to your Higher Power in prayer is important, but so is listening. If you get these in the wrong order, your days will be a lot harder than they need to be. If you're new and reading this, another way to think of this is that when life is good, the solution is to add more program. When your life is hard, add more program.

I hope this helps and I'll see you at a meeting.

-Matthew T.

# D34 ORAL HISTORIES PROJECT



## DO YOU KNOW:

- a “long-timer” in D34 with 35+ years of sobriety?
- an AA member who started an AA group in D34?
- someone with a connection to the history of AA as a whole and its pioneers?
- an AA member of an underrepresented background whose experience, strength, and hope can carry the message to the still suffering alcoholic?

If so, please contact D34 Archives Chair Jaimie L. at [dist34archives@area72aa.org](mailto:dist34archives@area72aa.org) for more info on becoming an interviewer and/or interviewee. Help preserve District 34’s rich AA history for generations to come!



BELLEVUE GROUP

**FREE CHILDCARE!**

MONDAY  
7:30-8:30PM

The Bellevue Group offers free  
childcare during our meeting.  
Room for up to 8 children.

St. Thomas Episcopal Church  
8398 NE 12th St Medina, WA 98039

# HOPE HALL SPEAKER MEETING



2 GUEST SPEAKERS  
*FIRST SATURDAY  
OF EVERY MONTH  
@ 7:00 PM*

*STARTING MAY 2025*

**WHERE:** HOPE HALL  
8305 MEADOWBROOK WAY SE  
SNOQUALMIE, WA 98065



# District 38 – Kirkland

[www.kirklandaa.org](http://www.kirklandaa.org)



## Service Opportunities Await!

**Want to grow in sobriety? Give back through service!**

District 38 has several exciting open service positions — a chance to connect, learn, and help carry the message of A.A. beyond the meeting room.



### Treatment Facilities Chair

Help bring A.A. meetings

and “Bridging the Gap” support to those leaving treatment centers. Coordinate with local districts, maintain contacts, and share Grapevine subscriptions.



### Grapevine & Literature Chair

Be the link between members and A.A. materials! Keep literature displays current, bring them to workshops and assemblies, and promote Grapevine reps in groups.



### Corrections Chair

Carry the message

behind the walls. Support A.A. meetings in correctional facilities and help guide committees through training and assistance.



### Accessibility Chair

Make A.A. available to all

who seek it. Focus on access issues, remote communities, and language inclusivity. Participate in Area meetings.

**Coming Spring 2026:**

### District Service Workshop

Learn how to get involved, meet trusted servants, and explore what district service is all about.

### Questions?

Reach out via our website:  
[www.kirklandaa.org](http://www.kirklandaa.org)

### District 38 Business Meeting

meets on the **second Tuesday of every month** upstairs at Kirkland Congregational Church.



# ALCOHOLICS ANONYMOUS GROUP

DO YOU THINK YOU HAVE A PROBLEM WITH ALCOHOL?

WE ARE HERE TO HELP

OPEN MEETINGS / EVERYONE IS WELCOME



GRUPO REGLA 62

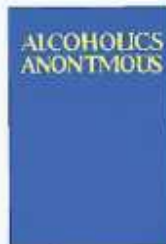
## Meetings

### Mondays: Hybrid Meeting

In person: 16540 NE 00th ST, Redmond, W, A  
Zoom ID: 917 6571 1060 - Password: REGLA62  
Pacific Time: 7:30 to 8:30 PM  
Central Time: 9:50 to 10:30 PM M  
Mountain Time: 10:30 to 11:30 PM

### Fridays: Virtual Meeting

Same time and Zoom ID



## SPEAKER MEETING

Virtual Only

Every third Monday of the month  
Bilingual Meeting with Spanish to English and  
English to Spanish translation

Zoom ID: 835 5592 2611 (no password)

At the same time

## MORE INFORMATION

In English: East side Intergroup Office

Phone: 425 454.9192

In Spanish: Fermin D,

Phone: 425 518 1383

Email: Regla62@hotmail.com

DIST54CPC@AREA72AA.ORG  
DIST29CPC@AREA72AA.ORG



# FIRST RESPONDER CAMPAIGN

LAST MONDAY OF THE MONTH 6:30P



Our New Podcast:  
**Grapevine Weekly Open AA Meeting**

Each week AA Grapevine holds an open virtual AA meeting with a host and two speakers. We record the meeting to create this podcast.



To join the meeting live on Wednesdays at Noon Eastern, use Zoom code 871 2036 8287 with password 238047.

The podcast is available on your favorite podcast platforms. A new episode drops every Friday. Enjoy!

**PACIFIC REGION  
SERVICE NERDS**

**LITERATURE STUDY:  
LANGUAGE OF THE HEART**

Thursdays 2026 - weekly

**6PM PT/7PM MT/ 8PM CT/ 9PM ET**

*Last Thursday of the month will be a  
service speaker meeting*

Zoom ID: 878 7493 8831

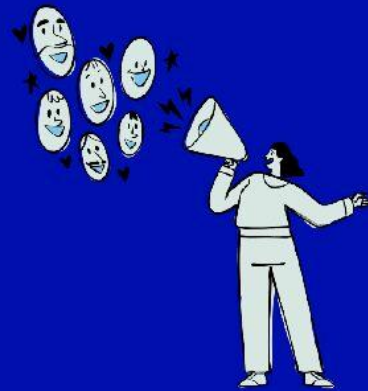
PW: Nerds

email: [servicenerds62@gmail.com](mailto:servicenerds62@gmail.com)



AREA 72 QUARTERLY

MAY 09, 2026 10A-2P



# PI & CPC COLLABORATIVE EVENT

STEILACOOM COMMUNITY CHURCH  
DOORS OPEN @ 9:30A

1603 Rainier St, Steilacoom, WA 98388

HYBRID

ZOOM ID 833 4771 9488

PW SERVICE



# Live at Pine Lake

Speaker Meeting  
Saturday, May 9th 2026  
7:00 – 8:30 PM

Featuring  
**Bob D**

From Seattle, WA

**Pine Lake Covenant Church**  
1715 228<sup>th</sup> Ave SE, Sammamish, WA 98075



Please bring your friends to  
experience the fellowship of AA.

Live Cast Zoom ID: 977 787 8779

Password: 1212

*Speakers subject to change*



Pacific Northwest  
AA

# The Olympic Roundup

*Our 24th!*  
*May 15-17,*  
*2026*

**Friday**  
Registration  
Welcome  
Ice Cream  
Social

**Saturday**  
Al-Anon  
Spiritual  
Breakfast  
Buffet Dinner  
Sobriety  
Countdown

**Sunday**  
AA  
Spiritual  
Breakfast



## AA Speakers

<b>Jamie K</b>	Port Angeles, WA
<b>Rich N</b>	Federal Way, WA
<b>Shu D</b>	Port Townsend, WA
<b>Crystal J</b>	Tacoma, WA
<b>Dean B</b>	Gig Harbor, WA
<b>Bob T</b>	McCalla, AL

## Al-Anon Speaker

**Madison M** Seattle, WA

**Joint AA & Al-Anon Speaker Workshop:**  
Steve D & Madison M

**Register at <https://olympicroundup.org>**

Vern Burton Convention Center, 308 E 4th Street, Port Angeles, WA  
ALL MEALS MUST BE PURCHASED BY MAY 1ST.



In Loving Memory of



*John Holstrom*

FEBRUARY 5<sup>TH</sup> 1964- APRIL 15<sup>TH</sup> 2026

12302 NE 8<sup>TH</sup> ST BELLEVUE WA

*Celebration  
of life*

**THE ALANO CLUB OF THE  
EASTSIDE  
SATURDAY MAY 16<sup>TH</sup>  
2-4:30PM**

**MEMORIAL**

Honoring his life through memories, prayers, pictures, togetherness, and a farewell.

**SALMON BAKE LUNCH**

Please join us after the memorial in food and fellowship.

Salmon, scalloped potatoes, caesar salad. \$15 suggested donation but everyone will be served.

Grupo de A.A. REGLA 62  
Redmond, WA



REGLA 62 A.A. Group  
Redmond, WA

Los invita a nuestra junta de oradores cada tercer lunes del mes con participación de A.A. y Al-Anon.

Próxima junta: Mayo 18, 7:30pm. Horario del pacífico

Expositor de Al-Anon: Winter A  
Expositor de A.A.: Zuly V

7ma. Tradición vía Venmo, solo para miembros de AA  
Venmo: <https://account.venmo.com/u/Carlos-Escobar-88>  
Zelle: Carlos Escobar 206-351-2744

Traducción de inglés al español disponible

Para más información: Fermin 425-518-1383  
Email: [regla62@hotmail.com](mailto:regla62@hotmail.com)

<https://eastsideaa-org.zoom.us/j/83555922611>  
ID: 83555922611  
no requiere contraseña



Invites you to join us the third Monday of every month to our AA speaker meeting with Al-anon participation.

Next meeting: May 18<sup>th</sup> at 7:30pm pacific time.

Al-Anon speaker: Winter A  
A.A. speaker: Zuly V

7th tradition via Venmo, only AA members  
Venmo: <https://account.venmo.com/u/Carlos-Escobar-88>  
Zelle: Carlos Escobar: 206-351-2744

Translate from Spanish to English will be available.

For more info: Fermin 425-518-1383  
email [regla62@hotmail.com](mailto:regla62@hotmail.com)

<https://eastsideaa-org.zoom.us/j/83555922611>  
ID: 83555922611  
no password required





**BELLEVUE GROUP**

# **MEMORIAL — DAY — POTLUCK**

**MONDAY, MAY 25**

**POTLUCK 6:30-7:30**

**MEETING 7:30-8:30**

**ST. THOMAS EPISCOPAL  
CHURCH**

**8398 NE 12TH ST. MEDINA**

**SPEAKER: CHRISTINE S.**

**Please bring food  
to share!**



AREA 72

# TREATMENT ROUNDTABLE

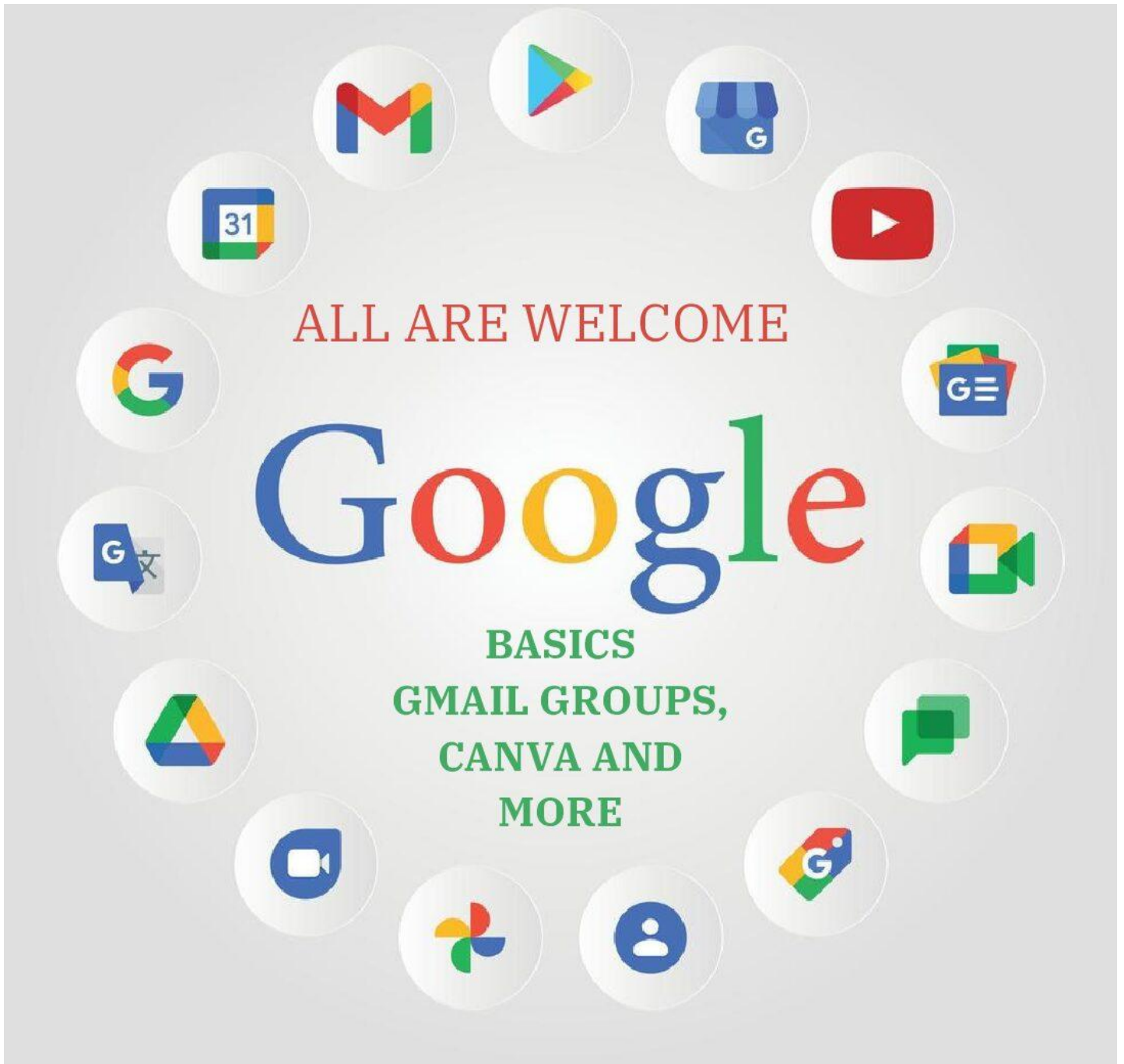
We will work on BTG  
We will develop a spreadsheet  
Set up a TC appointment

MAY  
SUNDAY **31** 2026

12:00 -1:30pm

Zoom Event MeetingID:  
812 5591 9512 No Password

For more information  
[www.treatment@area72aa.org](mailto:www.treatment@area72aa.org)



**WORKSHOP** June 7th, 2026

3:00 PM TO 4:30 PM

ON ZOOM

**ID:** 471 680 0414 **Passcode:** Area72



**SAVE**

*the date*

**PACIFIC NORTHWEST  
CONFERENCE**

**JUNE 26 - 28, 2026**

*Heathman Lodge · Vancouver WA*





# ESIG ANNUAL SUMMER PICNIC

## \$5


Everyone is welcome to attend this fun event!  
Burger/Dog (Vegan avail), Chips and a Drink Included

**BRING A SIDE OR DESSERT TO SHARE**

(Children 6 and under are free!)

**FOOD - LIVE MUSIC - FELLOWSHIP - 50/50 RAFFLE - GAMES**

**\*\*\*NEW THIS YEAR! CORNHOLE TOURNAMENT\*\*\***



**SUNDAY JULY 12  
10AM-2PM**

**MARYMOOR  
VELODROME SHELTER  
6046 W LAKE SAMMAMISH  
PKWY NE  
(PARKING IS \$1 AT MARYMOOR)**

**Purchase your ticket via QR Code,  
via phone or in the ESIG office!**



[www.eastsideaa.org](http://www.eastsideaa.org)



JOIN US FOR D39'S 2026

# SUMMER PICNIC

Burgers, hot dogs, LIVE MUSIC by  
Ray's Garage, games and raffles!

SUN 19 JULY

11AM - 2PM

WILLIS TUCKER PARK AMPHITHEATRE  
6805 PUGET PARK DRIVE  
SNOHOMISH, WA 98296

**BRING:** SIDE DISH / DESSERT / APPETIZERS  
BLANKETS / CHAIRS / NEWCOMERS!



# Step Ashore XII

"The Northwest Woodstock Of AA"

AUGUST 6 - 9, 2026

OCEAN SHORES CONVENTION CENTER

120 W. CHANCE A LA MER NW, OCEAN SHORES, WA 98569

## 2026 SPEAKERS

Georgia H. - Glendale, CA      Marty J. - Richmond, B.C.

Yvonne S. - Los Angeles, CA      Paul G. - Brecksville, OH

Trenton H. - Glendale, CA      Christina G. - Brecksville, OH

Tonya M. - Seargeant Bluff, IA      Lee D. - Santa Maria, CA

Jimmy D. - Dallas, TX      Will M. - Seargeant Bluff, IA

Brent H. - Los Angeles, CA      Sharon P. - Sebastian, KY

All Speakers and schedule of events are subject to change

[www.nwwoodstockofaa.org](http://www.nwwoodstockofaa.org)



**EASY ONLINE REGISTRATION**



2026 Annual  
Women in Sobriety Retreat

the 12  
rewards  
of **SOBRIETY**

**AUGUST 7-9, 2026**

The Rainbow Lodge | North Bend, WA

Join us to explore the 12 rewards of sobriety through curated workshops and a weekend of fellowship, reflection, and growth.

**REGISTER ONLINE**

**womeninsobriety.info**

**\$310**

(includes lodging, meals, & programming)



Questions? Email us @  
**womeninsobriety@outlook.com**

The 28<sup>th</sup>  
**National AA Archives Workshop**  
 September 10<sup>th</sup> - 13<sup>th</sup>, 2026

*“Archiving our past to safeguard our future.”*



**Tacoma, Washington - Area 72**  
**Washington State History Museum**  
 1911 Pacific Ave, Tacoma, WA 98402

Join us for a weekend of hands-on workshops, archives presentations, and speakers. Visit the Area 72 Repository. Hospitality room with coffee and snacks.

For local hotel information and to register online  
 visit [area72aa.org/NAAAW2026](http://area72aa.org/NAAAW2026)



REGISTRATION

Name: \_\_\_\_\_  
 Name on Badge: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Area: \_\_\_\_\_  
 Service Position: \_\_\_\_\_  
 Special Requests: \_\_\_\_\_

Registration	\$70	_____
Dessert (Fri)	\$20	_____
Banquet (Sat)	\$65	_____
Repository Visit & Museum (Thur)	\$28	_____
<b>Total Enclosed</b>		_____

Please make checks out to “NAAAW 2026” at PO Box 8105, Tacoma, WA 98198

**For more information contact Michaela N.**  
**[naaaw2026chair@gmail.com](mailto:naaaw2026chair@gmail.com)**

*This event will be interpreted for Keynote speakers on Thursday, Friday, and Saturday nights.*



## 2026 Area 72 Assembly October 2-4, 2026

Little Creek Casino Resort, 91 Washington Hwy 108, Shelton WA 98584  
THE ANNUAL BUSINESS MEETING FOR WWA72

*This is a Hybrid Event*

**Hosted by District 8**

<https://area72aa.org/2026-area-assembly>

**MAIL-IN REGISTRATION MUST BE POSTMARKED BY 9/15/2026**

*(No meal refunds after September 15, 2026)*

Full Name: \_\_\_\_\_

Badge Name: \_\_\_\_\_

Home Group: \_\_\_\_\_

District #: \_\_\_\_\_

City: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

*I am a/an:*

- GSR
- Alternate GSR
- DCM
- Alternate DCM
- Past Delegate
- Volunteer
- Other AA Member

Accessibility requests need to be made no later than 9/1/2026:

\_\_\_\_\_

\_\_\_\_\_

<b>Registration</b>	
<i>Select One:</i>	
<input type="radio"/> In-Person	\$50
<input type="radio"/> Online (Email address is required)	\$33
<input type="radio"/> Both (Email address is required)	\$50
<i>*Registration pays for rent and expenses; however, per Motion 90.2, payment of the registration fee is voluntary.</i>	
<b>MEALS</b>	
Friday Dessert Social	\$18
Saturday Boxed Lunch	\$43
<i>Select One:</i>	
<input type="radio"/> Ham/Swiss	
<input type="radio"/> Turkey/Provolone	
<input type="radio"/> Roast Beef/Cheddar	
<input type="radio"/> Veggie Wrap (Vegan, Gluten Free)	
Saturday Dinner	\$53
<i>Select One:</i>	
<input type="radio"/> Thinsliced Roasted Vegetable Lasagna (Vegan, Gluten Free)	
<input type="radio"/> Penne Pasta Bolognese (Dairy Free)	
<input type="radio"/> Baked Chicken (Gluten Free) (Dairy Free)	
Sunday Breakfast Buffet	\$33
<i>Select One:</i>	
<input type="radio"/> Puget Sound Sunrise Breakfast	
<input type="radio"/> Puget Sound Vegan breakfast	
TOTAL ENCLOSED: \$ _____	
Total for <i>In-Person</i> or <i>Both</i> registration and all meals is: <b>\$197</b>	
<i>Coffee will be available, onsite, for purchase.</i>	
<b>Make check payable to: 2026 Area Assembly</b>	
Must be postmarked by Sep 15th	

**Register online starting April 12th, 2026 at:**

<https://area72aa.org/2026-area-assembly> or mail this

completed page to:

**2026 Area Assembly, c/o District 8**

**344 Cleveland Ave Se Suite K, Tumwater WA 98501**



## ESIG 2026 Group Contributions

Group	Jan 25	Feb 25	Mar 25	Apr 25	TOTAL
<b>Anchor Group</b>	\$ 150.00		\$ 150.00		\$ 300.00
<b>Anonymous</b>	\$ 107.74	\$ 413.74	\$ 97.64	\$ 137.34	\$ 756.46
<b>Any Lengths Group</b>		\$ 125.00			\$ 125.00
<b>Bel East Lunch Group</b>	\$ 284.00				\$ 284.00
<b>Bellevue New Group</b>				\$ 400.00	\$ 400.00
<b>Benevity Fund Donation</b>			\$ 900.00		\$ 900.00
<b>Better Odds Sober</b>				\$ 250.00	\$ 250.00
<b>Big Book Step Study</b>	\$ 100.00			\$ 78.00	\$ 178.00
<b>Birthday Club</b>	\$ 60.00				\$ 60.00
<b>Bring Your Own Lunch</b>				\$ 180.00	
<b>Came To Believe (Carnation)</b>				\$ 94.02	\$ 94.02
<b>District 39</b>				\$ 750.00	\$ 750.00
<b>Duval Big Book Study</b>	\$ 130.00				\$ 130.00
<b>Duval Candlelight</b>				\$ 60.00	\$ 60.00
<b>Eastside Beginners</b>		\$ 342.25		\$ 332.71	\$ 674.96
<b>Eastside Men's Group</b>	\$ 273.00				\$ 273.00
<b>Eastside Women</b>				\$ 176.00	\$ 176.00
<b>Essentials</b>	\$ 20.00	\$ 20.00	\$ 20.00		\$ 60.00
<b>Fresh Start</b>			\$ 200.00	\$ 150.00	\$ 350.00
<b>Friday Night Firehouse</b>	\$ 256.74			\$ 198.85	\$ 455.59
<b>Friday Night Live and Let Live</b>			\$ 150.00		\$ 150.00
<b>Frontstream</b>	\$ 2,380.00				\$ 2,380.00

## ESIG 2026 Group Contributions

<b>Higher Powered at Gold Creek</b>	\$ 265.20	\$ 195.90	\$ 225.25	\$ 74.58	\$ 760.93
<b>Kenmore Big Book</b>		\$ 259.19			\$ 259.19
<b>Ladies Step Study</b>				\$ 86.04	\$ 86.04
<b>Living Sober</b>		\$ 157.00		\$ 501.00	\$ 658.00
<b>Living Sober Online</b>	\$ 92.76	\$ 146.41	\$ 111.01	\$ 140.19	\$ 490.37
<b>Maximum Service</b>	\$ 197.40				\$ 197.40
<b>Millenium</b>				\$ 604.67	
<b>Moss Bay</b>		\$ 650.00			\$ 650.00
<b>Nameless Bunch Of Drunks</b>	\$ 1,004.00	\$ 1,000.00	\$ 1,002.00	\$ 1,000.00	\$ 4,006.00
<b>Nameless Bunch of Drunks International</b>	\$ 130.00	\$ 30.00	\$ 180.00	\$ 120.00	\$ 460.00
<b>Nooners</b>			\$ 500.00		\$ 500.00
<b>No Perfect People Allowed</b>	\$ 105.00				\$ 105.00
<b>Pacific Northwesat Fellowship</b>		\$ 10.00			\$ 10.00
<b>Pine Lake Stag</b>	\$ 300.00				\$ 300.00
<b>Practicing The Principles</b>				\$ 598.00	\$ 598.00
<b>Reflections</b>			\$ 80.00		
<b>Regla 62 Grupo</b>	\$ 40.00	\$ 45.00	\$ 45.00	\$ 45.00	\$ 175.00
<b>Sammamish Big Book Study</b>				\$ 184.00	\$ 184.00
<b>Sammamish Plateau Women's Step Study</b>		\$ 200.00			\$ 200.00
<b>Serenity Break</b>	\$ 1,200.00	\$ 1,200.00	\$ 1,200.00	\$ 1,200.00	\$ 4,800.00
<b>Serenity Break Online</b>	\$ 632.05	\$ 15.00			\$ 647.05
<b>Serenity on Sunday</b>					\$ 772.00
<b>Seven &amp; Sober</b>	\$ 1,000.00	\$ 550.00	\$ 618.17	\$ 1,000.00	\$ 3,168.17
<b>Sisters of the Forest</b>		\$ 50.00		\$ 25.00	\$ 80.00

## ESIG 2026 Group Contributions

<b>Sno-Valley Women in Recovery</b>	\$ 63.00				\$ 63.00
<b>Sober At Cottage Lake</b>			\$ 20.00		\$ 20.00
<b>Sober Seniors</b>		\$ 50.00			\$ 50.00
<b>Steppin Up</b>				\$ 50.00	\$ 50.00
<b>Stillwater Serenity</b>				\$ 90.00	\$ 90.00
<b>The Fourth Dimension Group</b>	\$ 286.67				\$ 286.67
<b>Tiger Mountain OSAT</b>		\$ 314.00			\$ 314.00
<b>Tuesday Issaquah Big Book Study</b>	\$ 250.00				\$ 250.00
<b>Tuesday Night Solutions</b>			\$ 99.00		
<b>Up The Creek</b>	\$ 50.00				\$ 50.00
<b>Wicked Sobah</b>				\$ 300.00	
<b>Women of Worth</b>				\$ 100.00	
<b>Women's Saturday Steps</b>	\$ 353.86			\$ 145.40	\$ 499.26
<b>Women In Recovery</b>				\$ 100.00	\$ 100.00
<b>Woodinville Wed. Fellowship</b>	\$ 144.25			\$ 160.00	\$ 304.25
	\$ 9,875.67	\$ 5,773.49	\$ 5,598.07	\$ 9,330.80	\$ 29,991.36



Our recent Pancake Breakfast was a giant success! Although I wasn't able to attend personally, the reports I've received describe a smooth, wonderful event filled with fellowship and the sharing of our message. A huge thank you goes out to our incredible volunteers and the many groups who contributed baskets and funds; your generosity helped us raise \$1,524.81 to support ESIG's annual operating costs. As we look toward next year, we would love to hear your feedback—both what you loved and any suggestions for improvement.

Our financial health remains strong thanks to your support. We received \$9,331.20 in contributions last month, with 53 groups and one district already donating this year. While store sales are a bit lower than usual at \$3,263.71, we've recently stocked some great new items. Please stop by to check out our new baseball caps, journals, soothing stones, and wooden coin holders. And just a reminder, if you don't see the specific coin you're looking for, we can special order coins for you – we have pictures of a variety of available coins in the store. These generally take 7-10 days to arrive.

Finally, please mark your calendar for our Summer Picnic on Sunday, July 12th, from 10:00 AM to 2:00 PM. We've lowered the ticket price this year to just \$5 (kids 6 and under are free). This cost covers your hamburger/hotdog (vegan available), chips and a drink. This is a potluck event, so please bring a side dish or dessert to share if you can. It's going to be a great day with live music from Terry's band, a new cornhole tournament (info on how to sign up coming soon), and plenty of activities for everyone. See the flyer on our website for more details or to purchase your ticket!

**Hotline:**

Mark will give us a more detailed report, but Thank you as always to our volunteers who provided valuable support by handling after-hours hotline calls in April: Moniece, Brian, Ben, Chuck, Carmen, Sheree, Ginny, Laine, Mark J, Marisa, Marc P, Happy, Tomi, Jim, Tom, Evan, Michael, Tammy, Julie and John. We greatly appreciate the commitment and dedication you bring to the delivery of this important service.

**Volunteer Support**

We have had a few volunteers join our office which is fabulous! If you would like to join us and volunteer for a shift during the week, please call or stop into the office and we can give you more information. A volunteer's primary responsibility is to answer the phones in the office during working hours. Office volunteers can also perform other tasks based on their abilities and willingness such as helping with inventory counts, stocking shelves, and ringing up sales, etc. And as always, we want to extend a huge thank you to this April's office volunteers: Ted W, Tim C, Ken T, Ulf W, Sarah, and Robin, as well as a big welcome to a few volunteers who are just starting with us, or who are returning after some time away: Grace, Lisa S and Patti B.

As a reminder, we still have several committee chair openings: Treatment, PI/CPC, Grapevine/Literature and Young People. Please help spread the word - If you know of anyone willing to fill a vacant chair position, contact Ray ([chair@eastsideaa.org](mailto:chair@eastsideaa.org)) or the office at [esig@eastsideaa.org](mailto:esig@eastsideaa.org).

In Love and Service  
Ali V. and Doug H.

# Office Information

**Address:** 13401 NE Bel-Red Rd.,  
Suite B6 Bellevue, WA, 98005

**Phone:** 425-454-9192 24-Hours a  
Day

**Email:** [esig@eastsideaa.org](mailto:esig@eastsideaa.org)

**Website:** [eastsideaa.org](http://eastsideaa.org)

**Office Hours:**

Mon - Fri: 9:30AM-5:00PM **Office**

**Manager:** Doug H.

Email: [doug\\_h@eastsideaa.org](mailto:doug_h@eastsideaa.org)

**Intergroup Representative Meeting**

First Thursday of each month 7:30  
pm-8:30 pm via Zoom

<https://zoom.us/j/181768191?pwd=MG02L21hZXk1Y3N0UG1pZnllSVFKQT09>

All members welcome!

**Newsletter Contributors**

Interested in sharing your experience, strength, and hope in this newsletter? Send your story to us! Contact our editor and publisher – Emily G

[newsletter@eastsideaa.org](mailto:newsletter@eastsideaa.org)

**Contribute to Eastside Intergroup**



Scan the QR code to contribute



**Pink Can Donations**

Eastside Beginners, Eastside Women, Juanita Triangle, Kenmore Friday Nighters, Ladies Step Study, Moss Bay, Seven & Sober, Women’s Saturday Steps

**\$606.67**



**Eastside Intergroup, Districts, General Service Office & Area 72 Information**

**Eastside Intergroup**

13401 NE Bel Red Rd. #B6  
Bellevue, WA, 98005

**Western Washington Area 72**

1901 Cornwall Ave #745  
Bellingham, WA, 98225

**General Service Office (GSO)**

P.O. Box 459  
Grand Central Station  
New York, NY, 10163

**District 34**

Bellevue, Redmond,  
East Lake Sammamish, & Mercer  
Island  
PO Box 50081  
Bellevue, WA, 98015

**District 35**

Issaquah  
P.O. Box 442  
Issaquah, WA, 98027

**District 36**

Snoqualmie Valley, Duvall, North Bend  
P.O. Box 1963  
North Bend, WA, 98045

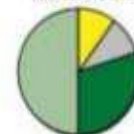
**District 38**

Kirkland  
P.O. Box 322  
Kirkland, WA, 98083

**District 39**

Bothell, Kenmore, Woodinville  
P.O. Box 1695  
Bothell, WA, 98041-1695

**Sample of Group Contributions to A.A. Service Entities**



10% to District  
10% to Area 72  
30% to G.S.O  
50% to Intergroup