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PASS IT ON

Eastside Intergroup Newsletter

Issue 105 April 2026



Can't stop drinking?

We get it.

In A.A. we don't tell anyone to do anything. We talk about our own drinking, the trouble we got into, and how we stopped. Whether in person or online, we're here to help.

Alcoholics Anonymous®

For more information visit AA.org or download the Meeting Guide app.



eastsideaa.org



From the Spiral #62

by Matthew T

The following are just a few one-liners from our fellowship to help us stay close to our program in addition to some commentary about the quote.

I never had a problem I couldn't over think.

Hearing this at a meeting made me laugh out loud, but not because it was funny. I laugh sometimes in response to an uncomfortable truth. Sharing this is important because it has to be relatable when it comes to how we go through life unprotected. We really are alone in our cups until we let go absolutely. When we join this community, we open up, add what's good, and subtract what no longer serves us. For me, over thinking was an exercise in control, isolation, and secrecy. All I ever got out of this was missing out on the present. Perhaps this was the intention because being present was uncomfortable for me. A.A. now does my thinking for me. The answers are in our books, shares at meetings, and in our rituals of prayer and meditation. It gave me a great sense of freedom when it was suggested to me to think less and live more.

2. My failures are my biggest assets.

Avoiding failure at all costs is a family tradition. We NEVER give up in our family, and failure is synonymous with any kind of quitting and that includes alcohol. It is cliché, but bears repeating because it is true: we learn from failures. Before A.A. I ran from failure. Now that I've been sober for awhile, I am open to it, but I do not seek it out either. Even the word, failure, no longer triggers negative emotions in me. I am now programmed to see failure as a step along the path toward an eventual success. Success, by the way, is overrated. You succeed and then ten minutes later, it's on to the next challenge. A real cheat code when it comes to failure is finding the humor in it so that when you share the story with others, it might desensitize failure for others and unite us all. In other words, go to a meeting.

3. One day, the only thing that will come between you and a drink is God.

Running out of options can sum up life for a lot of us just before we find ourselves in a meeting of Alcoholics Anonymous. The operative word in the preceding sentence is RUNNING. We run best when we run toward something good and not away from it. I am guilty of trying to run my program on my own energy from time to time, only to end up exhausted, frustrated, and out of control. By God's grace, I know it's time to call my Sponsor. Once he picks up, I instantly start to feel better. I relax and stop talking. In these moments, I honestly question whether he is speaking to me or if it's my Higher Power taking over and speaking through him. I'm not a "drop top my knees and pray" in an emergency kind of person, but I do pick up the phone and prepare to take direction. To simplify it, I stop taking my own suggestions and take some from someone else.

I hope this helps and I'll see you at a meeting.

-Matthew T.

D34 ORAL HISTORIES PROJECT



DO YOU KNOW:

- a “long-timer” in D34 with 35+ years of sobriety?
- an AA member who started an AA group in D34?
- someone with a connection to the history of AA as a whole and its pioneers?
- an AA member of an underrepresented background whose experience, strength, and hope can carry the message to the still suffering alcoholic?

If so, please contact D34 Archives Chair Jaimie L. at dist34archives@area72aa.org for more info on becoming an interviewer and/or interviewee. Help preserve District 34’s rich AA history for generations to come!



BELLEVUE GROUP

FREE CHILDCARE!
MONDAY
7:30-8:30PM

The Bellevue Group offers free childcare during our meeting. Room for up to 8 children.

St. Thomas Episcopal Church
8398 NE 12th St Medina, WA 98039

HOPE HALL SPEAKER MEETING



2 GUEST SPEAKERS
FIRST SATURDAY
OF EVERY MONTH
@ 7:00 PM

STARTING MAY 2025

WHERE: HOPE HALL
8305 MEADOWBROOK WAY SE
SNOQUALMIE, WA 98065



District 38 – Kirkland

www.kirklandaa.org



Service Opportunities Await!

Want to grow in sobriety? Give back through service!

District 38 has several exciting open service positions — a chance to connect, learn, and help carry the message of A.A. beyond the meeting room.



Treatment Facilities Chair

Help bring A.A. meetings and “Bridging the Gap” support to those leaving treatment centers. Coordinate with local districts, maintain contacts, and share Grapevine subscriptions.



Grapevine & Literature Chair

Be the link between members and A.A. materials! Keep literature displays current, bring them to workshops and assemblies, and promote Grapevine reps in groups.



Corrections Chair

Carry the message behind the walls. Support A.A. meetings in correctional facilities and help guide committees through training and assistance.



Accessibility Chair

Make A.A. available to all who seek it. Focus on access issues, remote communities, and language inclusivity. Participate in Area meetings.

Coming Spring 2026:

District Service Workshop

Learn how to get involved, meet trusted servants, and explore what district service is all about.

Questions?

Reach out via our website: www.kirklandaa.org

District 38 Business Meeting

meets on the **second Tuesday of every month** upstairs at Kirkland Congregational Church.



ALCOHOLICS ANONYMOUS GROUP

DO YOU THINK YOU HAVE A PROBLEM WITH ALCOHOL?

WE ARE HERE TO HELP

OPEN MEETINGS / EVERYONE IS WELCOME



GRUPO REGLA 62

Meetings

Mondays: Hybrid Meeting

In person: 16540 NE 00th ST, Redmond, W, A
Zoom ID: 917 6571 1060-Password: REGLA62

Pacific Time: 7:30 to 8:30 PM

Central Time: 9:50 to 10:30 PM M

Mountain Time: 10:30 to 11:30 PM

Fridays: Virtual Meeting

Same time and Zoom ID



SPEAKER MEETING

Virtual Only

Every third Monday of the month
Bilingual Meeting with Spanish to English and
English to Spanish translation

Zoom ID: 835 5592 2611 (no password)

At the same time

MORE INFORMATION

In English: East side Intergroup Office

Phone: 425 454.9192

In Spanish: Fermin D,

Phone: 425 518 1383

Email: Regla62@hotmail.com

DIST54CPC@AREA72AA.ORG
DIST29CPC@AREA72AA.ORG



FIRST RESPONDER CAMPAIGN

LAST MONDAY OF THE MONTH 6:30P



Our New Podcast:
Grapevine Weekly Open AA Meeting

Each week AA Grapevine holds an open virtual AA meeting with a host and two speakers. We record the meeting to create this podcast.



To join the meeting live on Wednesdays at Noon Eastern, use Zoom code 871 2036 8287 with password 238047.

The podcast is available on your favorite podcast platforms. A new episode drops every Friday. Enjoy!

PACIFIC REGION SERVICE NERDS

LITERATURE STUDY: LANGUAGE OF THE HEART

Thursdays 2026 - weekly

6PM PT/7PM MT/ 8PM CT/ 9PM ET

*Last Thursday of the month will be a
service speaker meeting*

Zoom ID: 878 7493 8831

PW: Nerds

email: servicenerds62@gmail.com






EASTSIDE ALANO CLUB

Easter brunch

*FOOD, FELLOWSHIP, GAMES,
\$10 SUGGESTED DONATION*

NO ONE WILL BE TURNED AWAY

*HAM, SCALLOPED POTATOES,
GREEN BEAN CASSEROLE, SALAD,
DINNER ROLL.*

SUNDAY APRIL 5TH

1-3PM

Tickets available now!

425-455-5700

12302 NE 8TH ST BELLEVUE WA









APRIL 10TH

**SPEAKER
MEETING AND ICE
CREAM SOCIAL**

ROCKY O 29 YEARS
APRIL M 36 YEARS

8-9PM
CLUBHOUSE

FREE MEETING
ICE CREAM
\$5 SUGGESTED
DONATION

EASTSIDE ALAN
CLUB
TOM L
206.391.0843



Western Washington Area 72 April 2026 Business Quarterly



<p>April 10 & 11, 2026 Grace Lutheran Church 22975 24th Ave S, Des Moines, WA 98198 (206) 878-2460</p>
<p>Host Hotel Info Four Points by Sheraton Seattle Airport South Room Rate: \$149.00/night + tax Hotel reservations can be made online: Book your group rate for Area 72 April 2026 Quarterly or by phone: (253) 642-0100 (mention Area 72 April 2026 Quarterly for our special rate) Hotel rooms must be booked by Friday, March 27, 2026 to get the group rate</p>
<p>Friday Evening @ Grace Lutheran Church 5:00 pm – 6:30 pm – No host dinner (location to be announced) 7:00 pm – 9:00 pm – Roundtables with Area Appointeds 9:00 pm – Ice Cream Social</p>
<p>Saturday @ Grace Lutheran Church 7:30 – 8:30am – Doors Open for Fellowship 8:30am – Noon – Business Meeting Noon – 1:00pm – Lunch 1:00pm – Business Resumes</p>

Area 72 April 2026 Business Meeting Registration Form

Please complete and postmark by 3/27/26 (if mailing)

Quarterly Business Meetings are meant to be self-supporting*. Excess funds are forwarded to Western Washington Area 72.

Please check all items you want to include

- | | |
|--|---------|
| <input type="checkbox"/> Registration Cost (In-Person) | \$14.00 |
| <input type="checkbox"/> Registration Cost (Virtual) | \$8.00 |
| <input type="checkbox"/> Registration Cost (Both) | \$14.00 |

Meal cutoff is 4/3/26 for online orders or postmarked mail-in registrations by 3/27/26 (please select)

- | | |
|---|---------|
| <input type="checkbox"/> Friday Night Ice Cream | \$5.00 |
| <input type="checkbox"/> Saturday Lunch (Boxed Lunch) | \$23.00 |
| <input type="checkbox"/> Meat Sandwich | |
| <input type="checkbox"/> Vegetarian Sandwich | |
| <input type="checkbox"/> Vegan Wrap | |
| <input type="checkbox"/> Salad (Gluten-Free) | |

Total amount enclosed:

\$

Please circle your position:

GSR Alt GSR DCM Alt DCM

Past Delegate

Volunteer Member

To register, visit the area website or complete and postmark this registration form by 3/27/26. Make checks payable to "D14 & D31 Events" and mail to:

D14 & D31 Events
 ATTN: Eric H.
 3250 44th Ave SW
 Seattle, WA 98116

First Name:	Last Name:
Phone:	Email:
Home Group:	District:
Special Accessibility Requirements? Please contact altchair@area72aa.org Interpreter request deadline: March 9, 2026 via email to languagechair@area72aa.org Any questions email summers5283@gmail.com (Jen S, host committee chair)	

*Registration fee helps compensate for rent and expenses per Motion 90.2 and is a voluntary contribution

**37TH INTERNATIONAL A.A. MEN'S CONFERENCE
(IAAMC)**

APRIL 10 – 12, 2026

MIRACLES IN PROGRESS

**HILTON SEATTLE AIRPORT AND CONFERENCE CENTER
17620 INTERNATIONAL BLVD, SEATTLE, WA 98188**
Deadline for pre-registration is March 31, 2026

In April 1986, four men discussed the idea of holding a National AA Men's Conference after hearing from some AA women about how successful their Women's Conference was every year. Ted H. was contacted by Sam L., Demers, Sam W., and Mike F. to collaborate. The men met at Ted's home in Cleveland, Ohio, to devise a plan of action.

Letters were sent out to the Cleveland AA community, inviting them to participate in the planning of the conference. A meeting was held in response, and a committee was formed to raise funds. The men set a fundraising goal of \$1,500. Through raffles, picnics, dances, and out-of-pocket donations, they successfully raised the seed money needed to hold the first conference.

Since then, 36 cities have hosted the International AA Men's Conference. The 37th Annual 3-Day International AA Men's Conference will be held in Seattle, Washington, from April 10 to 12, 2026. We hope to see you there!

EVENT REGISTRATION

**WWW.IAAMCAB.ORG OR BY MAIL AT: IAAMC 2026, 11012 CANYON RD E
SUITE 8 PMB 114, PUYALLUP, WA 98373**

Make checks payable to IAAMC 2026

Book a Hotel Room: <https://book.passkey.com/go/IAAMC2026>

For more information on the conference, contact Don N. at (253) 365-8073,
Jeffery R. at (253) 754-7617, or Randy M. at (253) 278-9842



Qty

- \$ _____ Registration and Saturday Evening Banquet, \$165.00
- \$ _____ Registration only, \$50.00
- \$ _____ T-Shirt select size [S, M, L, XL: \$19.50, 2X: \$21.50, 3XL, 4XL, 5XL, 6XL: \$23.50]
- \$ _____ Bus Tour of the Seattle Area (\$80.00) Friday 9:00AM Saturday 9:00AM

Total: \$ _____

Name: _____

Phone: _____

Address 1: _____

Address 2: _____

City: _____

State: _____ Zip: _____

Email: _____

- I would be interested in volunteering for a workshop or panel





Live at Pine Lake

Speaker Meeting

Saturday, April 11 2026

7:00 – 8:30 PM

Featuring

Kelly R.

From Seattle, WA

Pine Lake Covenant Church

1715 228th Ave SE, Sammamish, WA 98075



Please bring your friends to
experience the fellowship of AA.

Live Cast Zoom ID: 977 787 8779

Password: 1212

Speakers subject to change

9th Annual Northwest Girlstock

APRIL 17, 18, & 19, 2026

**At Four Points by Sheraton Hotel & Conference Center
in Beautiful Bellingham, WA.**

**Treat yourself and invite your friends to an infusion of happy recovery!
Listen to Experience, Strength and Hope, delivered by some of the best
communicators among us:**

DAWN M., Laguna Hills, CA.

HOLLY D., Jacksonville, FL.

JEANNIE M., Bentonville, Ark.

KATHLEEN H., Al-Anon, Cincinnati, OH

KATYA A., Woodland Hills, CA.

MOONLI S., LOS Angeles, CA.

ROSA G., Los Angeles, CA.

ROSIE T., Seal Beach, CA.

Please REGISTER EARLY at NWGIRLSTOCK.COM

- MEETINGS ONLY: \$ 80.00

- MEETINGS & 2 MEALS: \$180.00

**A link on our website will help you reserve a room at the
Four Points at a very special \$142.00 per night rate.**

Choose two queen beds, or one king bed.

Hotel Reservations: 360.671.1011

Annual **ESIG** **PANCAKE BREAKFAST**

April 18th 2026, 10am-2pm

St Thomas Episcopal Church - 8398 NE 12th St, Medina, WA

Tickets \$15 per person

Buy your Ticket early - 150 capacity - we expect to sell out!

Breakfast - 2 Speakers - Raffles - Fellowship

Doors Open at 9 am

Breakfast served 10:00 - 11:15am

Speakers begin at 11:30am

Raffle at 12:30pm - Must be present to win!

Volunteers and Raffle Baskets Needed!

Please contact the office at (425) 454-9192

Reserve your seat! Here's how:

Venmo or PayPal (QR Codes Below): Type
Name(s) and "Pancake Breakfast" in comments
ESIG Office - Pay over the phone or in person
*children 5 and under are free



Contribute to Washington State's 85th Anniversary Celebration

On April 19th, 1941, four alcoholics gathered in room 522 of the New Washington Hotel for the first meeting of Alcoholics Anonymous in Washington State.

Celebrate our statewide 85th Anniversary with us in Spring 2026.

In an attempt to raise funds for this event we are offering members a permanent place in the history of AA of WA.

We are purchasing two beautiful leather journal style books to record your donations which will become a part of Area 72 and Area 92 archives forever.

Our suggested contribution is \$1.00/year of sobriety

The entry in the book will reflect name, home group sobriety date Area and District.

To contribute digitally please scan the QR Code



POTHOLES FISHING TRIP

@POTHOLES STATE PARK
APRIL 24TH - 26TH, 2026

BRING THE FAMILY AND FRIENDS AND JOIN US FOR A GREAT WEEKEND OF CLEAN AND SOBER CAMPING AND FISHING!

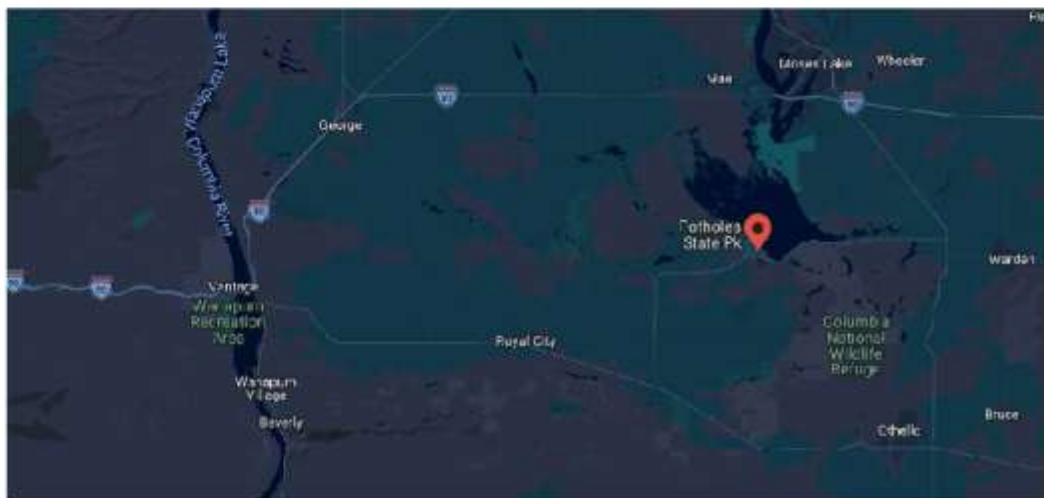


Get on I 50 E
 0.1 mi (0.1 mi)
 Follow I-50 E to WA-26 E in Grant County. Take exit 121 from I-50 E.
 11.3 mi (7.0 mi)
 Merge onto I-90 E
 0.1 mi
 Take exit 137 to merge onto WA-26 E toward Othello/Pullman.
 0.3 mi
 Continue on WA-26 E to your destination.
 0.1 mi (0.1 mi)
 Merge onto WA 26 E
 0.1 mi
 Turn left onto Dodson Rd E
 0.1 mi
 Turn right onto WA 202 E
 4.0 mi
 Turn left onto WA 202 E
 1.1 mi
 Turn right
 0.2 mi
 Turn right
 Destination will be on the right
 0.1 mi

Potholes State Pk
 6762 WA-202 East, Othello, WA 99344

Contact
 Email: potholes@parks.wa.gov
 Phone: (509)346-2259

TO RESERVE A CAMPING SPOT VISIT:
<https://parks.wa.gov/find-parks/state-parks/potholes-state-park>



QUESTIONS ABOUT THE EVENT CALL 425-831-5706

AREA 72

TREATMENT ROUNDTABLE

We will work on BTG
We will develop a spreadsheet
Set up a TC appointment

APR
SUNDAY **26** 2026

12:00 - 1:30pm

Zoom Event MeetingID:
812 5591 9512 No Password

For more information
www.treatment@area72aa.org



Pacific Northwest
AA

The Olympic Roundup

Our 24th!
May 15-17,
2026

Friday

Registration
Welcome
Ice Cream
Social

Saturday

Al-Anon
Spiritual
Breakfast
Buffet Dinner
Sobriety
Countdown

Sunday

AA
Spiritual
Breakfast



AA Speakers

Jamie K	Port Angeles, WA
Rich N	Federal Way, WA
Shu D	Port Townsend, WA
Crystal J	Tacoma, WA
Dean B	Gig Harbor, WA
Bob T	McCalla, AL

Al-Anon Speaker

Madison M Seattle, WA

Joint AA & Al-Anon Speaker Workshop:

Steve D & Madison M

Register at <https://olympicroundup.org>

Vern Burton Convention Center, 308 E 4th Street, Port Angeles, WA
ALL MEALS MUST BE PURCHASED BY MAY 1ST.





SAVE

the date

**PACIFIC NORTHWEST
CONFERENCE**

JUNE 26 - 28, 2026

Heathman Lodge · Vancouver WA



Step Ashore XII

"The Northwest Woodstock Of AA"

AUGUST 6 - 9, 2026

OCEAN SHORES CONVENTION CENTER

120 W. CHANCE A LA MER NW, OCEAN SHORES, WA 98569

2026 SPEAKERS

Georgia H. - Glendale, CA Marty J. - Richmond, B.C.

Yvonne S. - Los Angeles, CA Paul G. - Brecksville, OH

Trenton H. - Glendale, CA Christina G. - Brecksville, OH

Tonya M. - Seargeant Bluff, IA Lee D. - Santa Maria, CA

Jimmy D. - Dallas, TX Will M. - Seargeant Bluff, IA

Brent H. - Los Angeles, CA Sharon P. - Sebastian, KY

All Speakers and schedule of events are subject to change

www.nwwoodstockofaa.org



EASY ONLINE REGISTRATION

The 28th
National AA Archives Workshop
 September 10th - 13th, 2026

"Archiving our past to safeguard our future."



Tacoma, Washington - Area 72

Washington State History Museum
 1911 Pacific Ave, Tacoma, WA 98402

Join us for a weekend of hands-on workshops, archives presentations, and speakers. Visit the Area 72 Repository. Hospitality room with coffee and snacks.

For local hotel information and to register online
 visit area72aa.org/NAAAW2026



REGISTRATION

Name: _____

Name on Badge: _____

Email: _____

Address: _____

Phone: _____ Area: _____

Service Position: _____

Special Requests: _____

Registration	\$70	_____
Dessert (Fri)	\$20	_____
Banquet (Sat)	\$65	_____
Repository Visit & Museum (Thur)	\$28	_____
Total Enclosed		_____

Please make checks out to "NAAAW 2026" at PO Box 8105, Tacoma, WA 98198

For more information contact Michaela N.

naaaw2026chair@gmail.com

*This event will be interpreted for Keynote speakers on Thursday, Friday,
 and Saturday nights.*

ESIG 2026 Group Contributions

Group	Jan	Feb	Mar	TOTAL
Anchor Group	\$150.00		\$150.00	\$300.00
Anonymous	\$107.74	\$413.74	\$97.64	\$619.12
Any Lengths Group		\$125.00		\$125.00
Bel East Lunch Group	\$284.00			\$284.00
Benevity Fund Donation			\$900.00	\$900.00
Big Book Step Study	\$100.00			\$100.00
Birthday Club	\$60.00			\$60.00
Duvall Big Book Study	\$130.00			\$130.00
Eastside Beginners		\$342.25		\$342.25
Eastside Men's Group	\$273.00			\$273.00
Essentials	\$20.00	\$20.00	\$20.00	\$60.00
Fresh Start			\$200.00	\$200.00
Friday Night Firehouse	\$256.74			\$256.74
Friday Night Live and Let Live			\$150.00	\$150.00
Frontstream	\$2,380.00			\$2,380.00
Higher Powered at Gold Creek	\$265.20	\$195.90	\$225.25	\$686.35
Kenmore Big Book		\$259.19		\$259.19
Living Sober		\$157.00		\$157.00
Living Sober Online	\$92.76	\$146.41	\$111.01	\$350.18
Maximum Service	\$197.40			\$197.40
Moss Bay		\$650.00		\$650.00
Nameless Bunch Of Drunks	\$1,004.00	\$1,000.00	\$1,002.00	\$3,006.00
Nameless Bunch of Drunks International	\$130.00	\$30.00	\$180.00	\$340.00
Nooners			\$500.00	\$500.00
No Perfect People Allowed	\$105.00			\$105.00
Pacific Northwesat Fellowship		\$10.00		\$10.00
Pine Lake Stag	\$300.00			\$300.00
Regla 62 Grupo	\$40.00	\$45.00	\$45.00	\$130.00
Sammamish Plateau Women's Step Study		\$200.00		\$200.00
Serenity Break	\$1,200.00	\$1,200.00	\$1,200.00	\$4,800.00
Serenity Break Online	\$632.05	\$15.00		\$647.05
Seven & Sober	\$1,000.00	\$550.00	\$618.17	\$2,168.17
Sisters of the Forest		\$50.00		\$50.00
Sno-Valley Women in Recovery	\$63.00			\$63.00
Sober At Cottage Lake			\$20.00	\$20.00
Sober Seniors		\$50.00		\$50.00
The Fourth Dimension Group	\$286.67			\$286.67
Tiger Mountain OSAT		\$314.00		\$314.00
Tuesday Issaquah Big Book Study	\$250.00			\$250.00
Up The Creek	\$50.00			\$50.00
Women's Saturday Steps	\$353.86			\$353.86
Woodinville Wed. Fellowship	\$144.25			\$144.25
	\$9,875.67	\$5,773.49	\$5,598.07	\$22,268.23



Office Activity:

There's an old saying that March roars in like a lion and sneaks out like a lamb. That seems to be true for the office this year. The overall volume of business in the office as well as group contributions were low in March, and not typical. Please, keep the contributions coming in!

Some March Numbers:

March Contributions	\$5499
# of Groups who have contributed YTD	43
March Sales	\$2248
March Net Cash	(\$1011)

With the low sales and contribution numbers this past month we are being very mindful of inventory replenishment. With that being said, we have a new Grapevine title on the way. The book is called Gratitude, and as with most of the Grapevine publications, it is a collection of powerful, personal stories about being thankful. With warmth and humor, the stories, written by AA members, illustrate the many ways the program of recovery can improve one's perspective to help enjoy each day to the fullest. The book includes chapters on spirituality, fellowship, family, service, getting through tough times and more.

Merchandise sales in March:

AAWS Literature including Pamphlets – 223 items

Other Literature – 33 items

Coins (all styles) – 369

Eastside Schedules - 150

Hotline:

Mark will have a more detailed report at the General Meeting. The raw numbers for the hotline in March are 61 calls, 8 to voice mail, 35 hang up, 18 picked up by a volunteer. Thank you to our volunteers who provided valuable support by handling after-hours hotline calls in February: Moniece, Brian, Ben, Chuck, Carmen, Sheree, Ginny, Laine, Mark J, Marisa, Marc P, Happy, Tomi, Jim, Tom, Evan, Michael, Tammy, Julie and John. We greatly appreciate the commitment and dedication you bring to the delivery of this important service.



Volunteer Support

We would still love a few more office volunteers! We lost two of our volunteers in March and are now in need of more help. Thank you Maria and Amber for your contributions! Volunteer's primary responsibility is to answer the phones in the office during working hours. Office volunteers can also perform other tasks based on their abilities and willingness. Other tasks are helping with inventory counts, stocking shelves, and ringing up sales, etc. And as always, we wanted to extend a huge thank you to this February's office volunteers: Ted W, Tim C, Ken T, Ulf W, Sarah, and Robin.

As a reminder, we still have several committee chair openings: Treatment, PI/CPC, Grapevine/Literature and Young People, as well as one open Board member position. Please help spread the word - If you know of anyone willing to serve a three year term on the board, or fill a vacant chair position, contact Ray (chair@eastsideaa.org) or the office at esig@eastsideaa.org.

Pancake Breakfast Reminder

Things are moving along with the ESIG Pancake Breakfast on April 18th, from 10am-2pm at St Thomas Episcopal Church. Tickets are on sale now, we currently have 46 remaining. They are \$15 each and are available via QR code, or by phone/in person in our office. We would love volunteers for this event- please reach out to the office at 425-454-9192 or via email at esig@eastsideaa.org or events@eastsideaa.org if you are willing to help! In addition, we are collecting Raffle Baskets for the event (or funds to be put towards raffle baskets). If your group would like to contribute a basket, please let us know, and drop your basket to the office by April 15th.

In Love and Service

Ali V. and Doug H.

Office Information

Address: 13401 NE Bel-Red Rd., Suite B6
Bellevue, WA, 98005

Phone: 425-454-9192
24-Hours a Day

Email: esig@eastsideaa.org
Website: eastsideaa.org

Office Hours:
Mon - Fri: 9:30AM-5:00PM

Office Manager: Doug H.
Email: doug_h@eastsideaa.org

Intergroup Representative Meeting
First Thursday of each month
7:30 pm-8:30 pm via Zoom
[https://zoom.us/j/181768191?](https://zoom.us/j/181768191?pwd=MG02L21hZXk1Y3N0UG1pZnNLSVFKQT09)
[pwd=MG02L21hZXk1Y3N0UG1pZnNLSVFKQT09](https://zoom.us/j/181768191?pwd=MG02L21hZXk1Y3N0UG1pZnNLSVFKQT09)
All members welcome!

Newsletter Contributors

Interested in sharing your experience, strength, and hope in this newsletter? Send your story to us!

Newsletter Editor and Publisher	Emily G.
---------------------------------	----------

newsletter@eastsideaa.org

Contribute to Eastside Intergroup



Scan the QR code to contribute



Eastside Intergroup, Districts, General Service Office & Area 72 Information

Eastside Intergroup
13401 NE Bel Red Rd. #B6
Bellevue, WA, 98005

Western Washington Area 72
1901 Cornwall Ave #745
Bellingham, WA, 98225

General Service Office (GSO)
P.O. Box 459
Grand Central Station
New York, NY, 10163

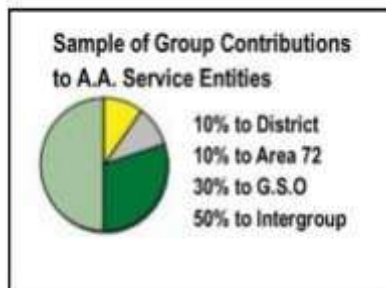
District 34
Bellevue, Redmond, East Lake
Sammamish, & Mercer Island
PO Box 50081
Bellevue, WA, 98015

District 35
Issaquah
P.O. Box 442
Issaquah, WA, 98027

District 36
Snoqualmie Valley, Duval, North Bend
P.O. Box 1963
North Bend, WA, 98045

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Bothell, Kenmore, Woodinville
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